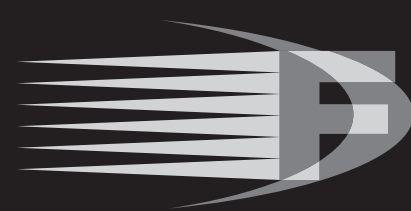


Ferndown Try a Tri

for adults and children



www.resultstriathlon.co.uk

26th September, 2010 Adults and Children 8+

British Triathlon Sanctioned Event and fully inclusive for disabled triathletes

Ferndown Leisure Centre, Cherry Grove, Ferndown

Adults from 7:00 am, Children from 11:00 am

Adult Race: 400m swim 11.5 mile bike 5 km run

Tri Stars & Youths (The Children's Race):

Tri Star Start	(8 year olds)	50m swim	800m bike	600m run
Tri Star 1	(9 - 10 year olds)	150m swim	1500m bike	1000m run
Tri Star 2	(11 - 12 year olds)	200m swim	2800m bike	1200m run
Tri Star 3	(13 - 14 year olds)	300m swim	4200m bike	1 mile run

BTF MEMBERS

ADULT £25.50 CHILD £12.50

Places are limited. Closing date for entries: Friday, 24th September, 2009

NON-MEMBERS

ADULT £28.50 CHILD £15.50

Enter online at www.resultstriathlon.co.uk or send completed entries with large SAE

& cheque made payable to: **Results Triathlon Ltd.**

Michelle Noble, 10 Pennington Close, West Moors BH22 0JU

Tel: **07791 736 420** | email: michelle@resultstriathlon.co.uk

Ferndown Try a Tri

ADULT CHILD MALE FEMALE

Surname First Name

Address

Postcode Tel (Evening)

Email D.O.B.

Age on 31 December 2010* Est. Swim Time

**children will race in this age group*

BTF Number School Attending/Club

RACE DECLARATION:

I understand and agree that I participate in the event entirely at my own risk and that no responsibility whatsoever shall attach to any event sponsors, race organisers or any person involved in the event for any accidents, loss or damage suffered by me in, or by reason of the event, however such may be caused. I am healthy and have NO KNOWN MEDICAL CONDITION.

I have read and understood the above.

SIGNED.....

PARENT/GUARDIAN (IF UNDER 18 YEARS)

DATE.....

RESULTS TRIATHLON



2010 Races:



January 17th
Rempstone Roast
MTB Duathlon



February 21st
Rempstone Roast
MTB Duathlon



March 7th
Mad March
Triathlon



May 9th
Dorset Try a Tri



June 13th
Summer Sizzler



July 11th
The Velociraptor
Purbeck Triathlon



September 26th
Ferndown Tri a Tri



October 24th
Outside-In
Triathlon



November 14th
Rempstone Roast
MTB Duathlon



December 12th
Rempstone Roast
MTB Duathlon