

The Activity Zone, Malmesbury

Time

Monday

7.00am-9.00am
11.00am-12.00pm
12.00pm-1.30pm
6.05pm-7.00pm
7.00pm-8.00pm
8.00pm-10.00pm

Tuesday

7.00am-9.00am
11.00am-12.30pm
12.30pm-1.30pm
6.05pm -7.00pm
9.00pm-10.00pm

Wednesday

7.00am-9.00am
10.00am-10.45am
12.30pm-1.30pm
1.30pm-2.30pm
2.30pm-3.30pm
6.05pm-7.15pm
7.15pm-9.00pm
9.00pm -10.00pm

Thursday

7.00am-9.00am
9.30am-10.30am
12.00pm-1.30pm
2.00pm-3.30pm
4.00pm-5.00pm
5.00pm-6.00pm
6.00pm-7.15pm
7.30pm-8.15pm
8.15pm-10.00pm

Friday

7.00am-9.00am
11.00am-12.00pm
12.00pm-1.30pm
1.30pm-2.30pm
5.00pm-6.00pm
6.00pm-8.00pm
8.00pm-9.00pm

Session

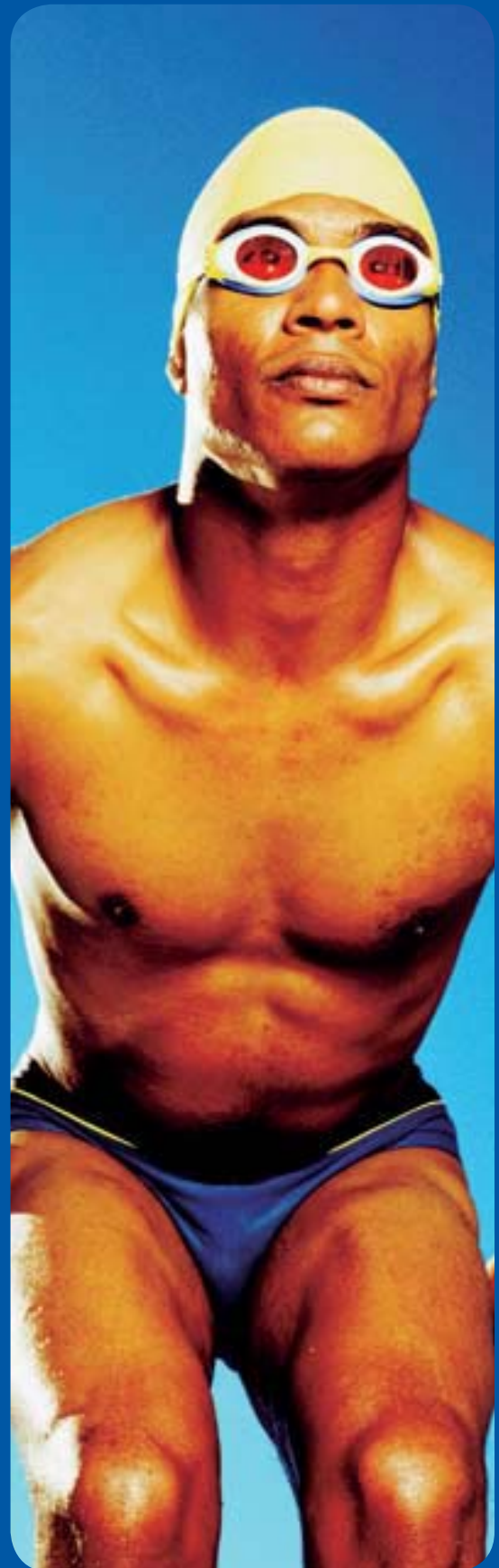
Early morning swim with Lanes
Toddler Splash
Lunch Time Swim
Lanes Session
Public Swim
Adults only

Early morning swim with Lanes
Duckling swimming lessons
50+ swim * only half the pool
Lanes Session
Public Swim

Early morning swim with Lanes
Aqua Aerobics
Lunch time Swim
50+ swim
Public swim
Public Swim
Adult Swimming Lessons
Masters Swimming

Early morning swim with Lanes
50+ swim
Lunch time swim
Adult only with Lanes
Floats and fun
Public Swim
Lanes
Aqua Aerobics
Triathlon training**

Early morning swim with Lanes
Toddler Splash
Lunch time Swim
Public Swim
Public Swim
Disco Swim
Lanes



** This session runs 2 out of every 3 weeks, please contact the centre for dates.