



# Children's Holiday Activities

## Summer 2010

Tolworth Recreation Centre  
Fullers Way North  
Tolworth, Surrey KT6 7LQ  
0208 391 7910

[enquiries@tolworthrecreationcentre.co.uk](mailto:enquiries@tolworthrecreationcentre.co.uk)

**TRC**

**DC LEISURE**  
Fitness Industry Association  
Operator of the Year 2008 & 2009



Facilities managed by DC Leisure in partnership with Kingston Council.

## How To Book

Telephone bookings are available on 0208 391 7910, all activities can be booked and paid for prior to arrival; (a £1 booking fee applies per call). Alternatively, you can come to the centre and book in person. Member rates are available on all activities; junior memberships available. Booking line is open 11am – 5pm daily, at any other time bookings will only be taken in person. All activities require a parental consent form to be completed and Proof of age may also be required before day of activity.

## Holiday Dates

Week 1 Thursday 22nd July and Friday 23rd July  
Week 2 Monday 26th July – Friday 30th July  
Week 3 Monday 2nd August – Friday 6th August  
Week 4 Monday 9th August – Friday 13th August  
Week 5 Monday 16th August – Friday 20th August  
Week 6 Monday 23rd August – Friday 27th August  
Week 7 Tuesday 31st August – Friday 3rd September

## Toddlerzone Age 0-4

**Weeks 1, 2, 3, 4, 5, 6 & 7**

**Tuesdays & Fridays, 10.00am to 12.00pm**

Come and join us at Toddlerzone where children and their parents/guardians can share in the fun of musical games, singing and dancing. These sessions help develop early co-ordination skills and confidence, as well as creating a fun atmosphere for you and your child to experience together (Parental Supervision is required). This session runs throughout the year.

**Non-members £3.20, Centre members £2.70, Full members £2.70**

## Mini Dribblers Age 3-5

**Weeks 2, 3, 4, 5, 6 & 7**

**Wednesdays 10am to 11am**

This great session is designed to introduce your youngsters to "The beautiful game". This session will also help with your child's development. Apart from new footy skills your child will learn to work within a team, improve their co-ordination and listening skills.

**Non-members £3.00, Centre member £2.50, Full Members £2.50**

## Kiddikarts

**July 27th and August 17th**

**9am to 10am and 10am to 11am**

Kiddikarts run a Go-Kart course for children aged 4 years to 12 years. Fun and educational for Boys and Girls alike. We are the original Go-Kart party company. (Kiddikarts may run a further session at end of the holiday).

**Non-members £4.90, Centre member £3.90, Full Members £2.90**

## Junior Workout Age 11-16

**Weeks 1, 2, 3, 4, 5, 6 & 7 (This session will not run Bank Holiday Monday 30th August) Monday to Friday 2.00 to 3.00pm**

This session is based in our Kinetika gym, with qualified gym staff on hand to help our junior members. Together we can introduce your children to a healthier lifestyle.

**Non-members: No entry, Centre members £3.00, Full Members: Free, Tolworth Girls School £2.00**

## K-Zone

**Weeks 1, 2 & 7**

**Saturday's 9.30am to 11.30am**

For ages 5 to 11 years

Bring your children to our NEW Saturday club

"K-ZONE" Each week there will be a variety of activities ensuring your children will have worked up an appetite by lunchtime. These may include: Bouncy Castle, Soft Play, Arts and Crafts, Football and Basketball.

**Non-members £5.00, Centre Members £4.00, Full members FREE.**

\*Save £££, pay for 8 consecutive sessions and get 10

**Non-members - £40.00 saving £10 Centre Members £32.00 saving £8 Full Members £32.00 saving £8.**

## FitKid

**Weeks 1,2,3,4,5 & 6**

**9.00am to 10.00am 3 - 5 years, 10.00am to 11.00am 5+**

This is a 1 hour taster session for FitKid. We will help develop co-ordination, confidence, self-esteem and ability. The children have lots of fun and sessions include a variety of equipment such as: Balls, Beanbags, Hoops, Skipping Ropes, Space Hoppers and a 'Parachute'.

**Non-Members £5.00 Centre Members £4.00 Full Members £4.00**

(Parents must stay with children under 5yrs.)

## Junior Basketball Sessions

**Weeks 2,3,4,5,6 and 7**

**Wednesdays 12.00pm to 1.00pm 4 - 10 yrs, 1.00pm to 2.00pm 11 - 17 yrs**

Have your kids tried Basketball? Come and try our Basketball drop in sessions. Sessions include fully qualified coaches, skills and drills, scrimmage games and help with your child's development. Apart from basketball skills your child will learn to work within a team and improve their co-ordination and listening skills.

**Non-Members £3.00, Centre Members £2.50, Full Members FREE**

# Trampolining

Weeks 3, 4 & 5 (Monday to Thursday)

## Beginners course Age 5+

10am – 11am

For complete beginners or for those children who may have been on a trampoline before. They will learn basic shapes and techniques.

**Non-members £24.00, Centre member £20.00, Full Members £20.00**

## Improver's course Age 5+

11am – 12noon

This course is perfect for children who have attended a beginner's course or have achieved a level 5 or higher on BAGA award scheme.

**Non-members £23.70, Centre member £19.60, Full Members £19.60**

## Advanced course Age 8+

1pm – 3pm

Award 8 or higher, this course is for the experienced trampolinist. The overhead rig will be used where appropriate to develop front and back somersaults.

**Non-members £32.00, Centre member £29.00, Full Members £29.00**

## Taster session Age 3+

Weeks 3, 4 & 5

(Mondays and Wednesdays) 12pm – 1pm

A great introductory session to basic trampolining for complete beginners.

**Non-members £6.80, Centre member £5.80, Full Members £5.80**

## Trampolining Information

Only children booked onto the course/session are permitted in the hall whilst the session is in progress. We recommend long sleeved tops and comfortable trousers with NO zips or buttons, watches, jewellery or denim jeans. Socks must be worn at all times during trampolining.

# Sportscene Age 5-11

Weeks 1, 2, 3, 4, 5, 6, & 7

Sportscene is an organised day camp with a jam packed programme dedicated to keep your children entertained. The programme can include activities such as Trampolining, Go-karting, Bouncy Castle, a variety of sports and Arts & Crafts.

### Half-day sessions:

8.30am to 12.30pm or 1.00pm to 5.00pm

Non-member £9.00, Centre member £8.00, Full member £8.00

### Full-day sessions:

8.30am to 5.30pm

Non-member £18.00, Centre member £16.00, Full member £16.00

If your child is attending a full day session they will need a packed lunch or alternatively for an additional £4.60 you can purchase a cooked meal from our centre café.

## Sportscene Drop In

Daily 8.30am - 5.30pm

(90 minute sessions only)

This is a drop in session where your child can join in the Sportscene programme. This can only be booked on the day (if there are spaces available).

**Non-member £5.00, Centre member £4.00, Full member £4.00**

We accept the following voucher as payment for Sportscene

- Computer Share
- Accor Services
- Care-4 Scheme
- Kids unlimited

Vouchers must be presented at the time of booking or e-voucher Ref number completed.





# KIDDi KARTS

*An ideal birthday treat.*



Age groups  
4-8 years  
9-12 years

*As seen on TV.  
Over 30 venues to choose from...  
or we can come to you.*

**Give your children a safe, fun, driving experience at a venue near you.**

With over 13 years experience, we can offer sensational birthday parties and exhilarating activities wherever children are present.

**BOOK NOW: 01932 770770  
[www.kiddikarts.co.uk](http://www.kiddikarts.co.uk)**

*The original Go-Kart party.*

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