

Summer Holiday Swimming Timetable

Main Pool

Monday

7.00am - 9.55am	16+ Lanes
10.00am - 12.25pm	General Use
12.30pm - 1.25pm	Lanes
1.30pm - 3.55pm	General Use
4.00pm - 5.55pm	Lanes
6.00pm - 6.55pm	16+ Lanes

Tuesday

7.00am - 9.55am	16+ Lanes
10.00am - 11.10am	General Use
11.15am - 12.25pm	Splashtime
12.30pm - 1.25pm	Lanes
1.30pm - 5.25pm	General Use
5.30pm - 6.55pm	Lanes
7.00pm - 7.55pm	General Use

Wednesday

7.00am - 9.55am	16+ Lanes
10.00am - 12.25pm	General Use
12.30pm - 1.25pm	Lanes
1.30pm - 3.55pm	General Use
4.00pm - 6.30pm	Lanes
6.35pm - 7.55pm	General Use
8.00pm - 10.30pm	16+ Lanes

Thursday

7.00am - 9.55am	16+ Lanes
10.00am - 11.10am	General Use
11.15am - 12.25pm	Splashtime
12.30pm - 1.25pm	Lanes
1.30pm - 3.55pm	General Use
4.00pm - 5.30pm	Lanes
5.30pm - 6.45pm	16+ Lanes
6.50pm - 8.25pm	General Use
8.30pm - 10.30pm	16+ Lanes

Friday

7.00am - 9.55am	16+ Lanes
10.00am - 12.25pm	General Use
12.30pm - 1.25pm	Lanes
1.30pm - 6.55pm	General Use

Saturday

7.30am - 10.30am	Lanes
10.35am - 12.25pm	General Use
12.30pm - 1.25pm	Lanes
1.30pm - 2.55pm	Splashtime
3.00pm - 5.55pm	General Use

Sunday

7.30am - 9.25am	Lanes
9.30am - 10.55am	Family Swim
11.00am - 12.25pm	Family Splashtime
12.30pm - 1.25pm	Lanes
1.30pm - 6.55pm	General Use

Please Note:

- Splash time sessions are not part of the Free Swimming Scheme
- Children under 8 must be accompanied in the water and changing rooms by a parent / guardian (18 years+). A maximum of 3 children is permitted per parent / adult.
- Pushchairs, buggies, car seats etc are not allowed on poolside.
- Last entry is half an hour before the end of a session.
- No refunds available on weekly, monthly or annual swim tickets.
- Half the pool may be used by an alternative activity.
- Sessions are subject to change.

Teaching Pool

Monday

10.05am - 3.55pm	General Use
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Tuesday

10.05am - 11.10am	General Use
11.15am - 12.25pm	Splashtime
12.30pm - 3.55pm	General Use

Wednesday

10.05am - 3.55pm	General Use
6.30pm - 8.00pm	General Use

Thursday

10.05am - 11.10am	General Use
11.15am - 12.25pm	Splashtime
12.30pm - 3.55pm	General Use
6.00pm - 7.00pm	General Use

Friday

10.05am - 3.55pm	General Use
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Saturday

10.30am - 1.25pm	General Use
1.30pm - 2.55pm	Splashtime
3.00pm - 5.00pm	General Use

Sunday

8.00am - 10.55am	Family Swim
11.00am - 12.25pm	Family Splashtime
12.30pm - 4.00pm	General Use

Session Description

16+ Lanes - For people aged 16 and over to swim in this lane session.

Lanes - A session for lane swimmers of all ages and abilities.

General Use - An open session for all ages and abilities.

Splashtime - A fun session with floats and toys in both pools. This session is not included with the Free Swimming Scheme.

Family Splashtime and Family Swim - These sessions are for families and groups. All adults must be accompanied by a parent and vice versa

Please Note: Swimmers that do not swim as stipulated in the session title will be asked to leave without a refund.

SWIMMING MEMBERSHIP

JOIN IN AUGUST 2010 FOR ONLY £20.10* & PAY NOTHING UNTIL 1ST OCTOBER 2010

**Contact reception for details
Available for a limited time only.**

* Terms and conditions apply