

Children's Half Term Holiday Activities

Ages 8-16



13th-17th February 2012
8am-4pm Daily



Activities may include...

Swimming, Basketball, Football, Badminton
& much more! [See activity timetable for more information or contact your local leisure centre.](#)

Cost:

Full day £10.00
Rothercard & Members £7.00
Drop in sessions £2.70

Aston-cum-Aughton Leisure Centre
01142 942580
Rotherham Leisure Complex
01709 722555

Maltby Leisure Centre
01709 797100
Wath upon Dearne Leisure Centre
01709 870120

Children's Classes & Weekly Activities

Does your Child struggle with their weight?

If so leisure centres in Rotherham are here to help! We run 2 successful award winning child weight management programmes, More Life and MEND. The programmes are completely FREE of charge and are available to children aged 5-7 (MEND) and 8-17 (More Life) above a healthy weight.

These family based interventions are focused on creating a fun, relaxed and educational environment where children and families can become more active, make new friends and learn how to live a healthy lifestyle.

Both programmes are funded by NHS Rotherham until September and have limited space available- so register your interest to avoid disappointment.

Contact your local centre or call 01709 722567 for more information.

Birthday Parties

Make your child's party a day to remember at a leisure centre near you. There will be no mess or fuss as our trained staff are on hand to entertain the children during their activity, so you, your friends, and family can sit back, relax and enjoy the party! We offer a great variety of parties from a mega pool party to a tailor made party to suit any child.

Contact 01709 722567 for more information.

Weekly Activities and Fitness classes

Across each of our sites we have a great range of weekly activities and classes available for children of all ages. Spaces are limited so book to avoid disappointment and classes are free of charge with family memberships. Weekly classes may include:

- Fun, Family, Fitness
- Adult and Child Yoga
- Adult and Child Zumba
- Teen Zumba
- Football
- Kids Dancersize
- Multi Sport Class

Teen Gym

Come along to a supervised, fun and relaxed gym class for 11 to 15 year olds with fitness programmes designed especially for individual requirements to improve fitness, strength and help with confidence. Teen gym membership also includes junior classes and all welcome swimming sessions- so check out our latest timetables.

For more information on Teen gym and family memberships contact a customer advisor at your local leisure centre.

Mini Madness - Tuesday 14th February, 11am-12pm

Bring your child down to a fun physical activity session aimed at 5-7 year olds.