

Get active for FREE  
at one of our Open  
Days!

# get active family fun day



all activities completely free of charge

Felixstowe Leisure Centre  
Undercliffe Road West, Felixstowe  
01394 670411  
25th June 8.30am-6.15pm

Leiston Leisure Centre  
Red House Lane, Leiston  
01729 830364  
26th June 10am-4.30pm

Crackenburg Sports Centre  
High Road East, Felixstowe  
01394 270278  
26th & 27th June 10am-4pm

Deben Pool  
Station Road, Woodbridge  
01394 384763  
26th June 1.30pm-6pm

change  
4 life

Eat well Move more Live longer

DC LEISURE  
Fitness Industry Association  
Operator of the Year 2008 & 2009



Suffolk Coastal Leisure Community Association Ltd working in partnership with Suffolk Coastal District Council

Fantastic  
Membership offer  
available!

# free activities for all the family

- Free Public Swimming\*
- Free Workout Classes\*
- Free Racquet Sports\*
- Trampoline Tasters\*
- Cheeky Monkeys Sessions\*
- Junior Karate Sessions\*
- Junior Gym Sessions\*
- Adult Gym Inductions\*
- Free Disabled Swimming\*
- \*Terms & Conditions Apply



amazing kinetika membership offers

For specific days, times of activities and sessions please contact the respective centre..