



Children's Holiday Activities

July/August 2010



Ken Marriott Leisure Centre
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www.kenmarriottleisurecentre.co.uk

DC LEISURE
Fitness Industry Association
Operator of the Year 2008 & 2009

**THE KEN MARRIOTT
LEISURE
CENTRE**



DC Leisure Management working in partnership with Rugby Borough Council

Summer Holiday Programme

Monday 26th July to Friday 3rd September

Main Pool

Monday

6.45am to 8.30am Early Bird
8.30am to 9.55am Ladies Only (RS)
12.00pm to 1.00pm Family Swimming (LR)
1.00pm to 3.50pm All Welcome
5.35pm to 6.45pm All Welcome (LR)

Tuesday

6.45am to 8.30am Early Bird
8.30am to 9.30am Adult Lane Swimming (RS)
11.15am to 12.00pm Aquafit
12.00pm to 1.00pm Family Swimming (LR)
1.00pm to 3.50pm All Welcome
5.35pm to 6.35pm All Welcome (LR)
6.40pm to 7.25pm Aquafit
8.30pm to 9.55pm Adult Lane Swimming

Wednesday

6.45am to 8.30am Early Bird
8.30am to 9.30am Adult Lane Swimming (RS)
12.00pm to 1.00pm Family Swimming (LR)
1.00pm to 3.50pm All Welcome
5.35pm to 6.55pm All Welcome (LR)
7.00pm to 8.30pm Lane Swimming
8.30pm to 9.55pm Adult Lane Swimming

Thursday

6.45am to 8.30am Early Bird
8.30am to 9.30am Adult Lane Swimming (RS)
11.15am to 12.00pm Aquafit
12.00pm to 1.00pm Family Swimming (LR)
1.00pm to 3.50pm All Welcome
5.35pm to 6.25pm All Welcome (LR)
8.30pm to 9.55pm Adult Lane Swimming

Friday

6.45am to 8.30am Early Bird
8.30am to 9.55am Ladies Only
12.00pm to 2.00pm Polar Challenge (over 1.2m)
2.30pm to 3.50pm All Welcome
5.35pm to 8.00pm All Welcome (LR)
8.15pm to 9.55pm Lane Swimming

Saturday

9.00am to 12.00pm Deep End Only (RS)
12.00pm to 1.00pm Family Swimming
1.00pm to 2.45pm All Welcome
3.15 pm to 5.00pm Polar Challenge (over 1.2m)

Sunday

9.00am to 10.30am Adults Lane Swimming (25m)
10.30am to 12.30pm Family Swimming (LR & RS)
12.45pm to 7.00pm All Welcome
7.00pm to 8.45pm Lane Swimming
8.45pm to 9.55pm Adult Lane Swimming

Monday 30th (August Bank Holiday)

6.45am to 8.30am Early Bird
8.30am to 9.55am Ladies Only
10.00am to 12.00pm Family Swimming (LR)
12.00pm to 3.50pm All Welcome
5.45pm to 8.30pm All Welcome
8.30pm to 9.55pm Lane Swimming

Leisure Pool

Monday to Friday

11.00am to 12.00pm Parents and Under 8s
12.00pm to 3.50pm Family Swimming
5.45pm to 8.00pm Family Swimming

Saturday

9.00am to 5.30pm Family Swimming

Sunday

9.00am to 8.00pm Family Swimming

Monday 30th (August Bank Holiday)

10.00am to 3.50pm Family Swimming
5.45pm to 8.00pm Family Swimming

- Children under 8 must be supervised in and out of the water by an adult 18 years or over throughout the use of the facilities.
- Family Swimming – children must be accompanied by an adult 18 years or over during these sessions.

KEY

RS = Restricted Space LR = Lane Ropes



Swim Courses

Flip n Fun

Flip n Fun, is the ASA's new and exciting introduction to Diving FUNdamentals.

27th, 28th, 29th July
24th, 25th, 26th August
10.15am to 11.15am

Bronze Survival Challenge

10th, 11th, 12th, 13th August
10.15am to 11.15am

Silver/Gold Survival Challenge

17th, 18th, and 19th August
10.15am to 11.15am

Crash Swimming Courses

A 10 day swimming course designed to give your little one a head start in the water. Suitable for children from 4 years who are new to lessons and children who can swim breast stroke in aids.

26th July to 6th August
9th August to 20th August
23rd August to 3rd September
10 x 30 minute lessons 9.00am to 9.30am

Distance Awards

Please arrive early if you wish to swim the longer distances.

Monday 26th July and 23rd August
10.15am to 12.00pm



Mini Tennis

Mini Tennis (aged 4 years plus)

A great introduction to the game led by an LTA level 2 coach.

Dates to be confirmed

4 years+ 2pm to 2.45pm

6 years+ 2.45pm to 3.30pm £9.00



Operation Mayhem

Suitable for children from 5 years to their 12th birthday. Operation Mayhem runs Monday to Friday throughout the school holiday. Our new breakfast club means that children can be looked after between the hours of 8.00am and 5.30pm. Each day children will take part in a range of age appropriate activities from the list below:

Energy burning fun

Mini tournaments, team games, tree house soft play and bouncy frogger.

Swim and Splash Sessions

Children over the age of 8 will now be able to swim everyday on Mayhem. The under 8s will enjoy swimming on Mondays and Fridays which will include a Polar Challenge inflatable session.

Arts, crafts and drama activities

A range of craft activities along with drama games, karaoke and mini talent shows.

Times and Prices

8.00am Breakfast Club	£2.00
8.30am to 12.00pm	£7.90
8.30am to 4.00pm	£16.50
8.30am to 5.30pm	£18.50
Discounts for kinetika members	

Bookings for all courses are essential and can be done at Reception or by telephoning 01788 535851

- Over 8s swim everyday!
- Polar Challenge Fridays
- Now until 5.30pm
- Lunch box now available £2.50
- Breakfast club from 8.00am

For Operation Mayhem a registration form must be filled out for each child. This can be downloaded from our website and must be completed and returned prior to your child attending.

Tree House Soft Play

A fantastic three storey soft play centre with ball pits, slides, tunnels and zip lines.

Opening Times*

Monday to Friday 9.00am to 7.00pm

Saturday and Sunday 9.00am to 2.00pm

Summer Offer - pay full price for one child and second child is half price. Offer applies 26th July to 3rd September. To claim quote SUMMER BOUNCE at reception.

* On occasion the Tree House may be closed for a private party please check with Reception for a full list of closures.



The Ken Marriott Leisure Centre

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