

# Sport & Leisure Programme

March 2011



Rotherham Leisure Complex  
Maltby Leisure Centre  
Aston-cum-Aughton Leisure Centre  
Wath upon Dearne Leisure Centre

# Welcome...

Welcome to Rotherham Leisure Complex, Maltby Leisure Centre, Aston-cum-Aughton Leisure Centre and Wath upon Dearne Leisure Centre.

We offer a diverse range of activities for you, your family and friends. Whether your interest is fitness, football, badminton or swimming, we can offer something to suit your needs.

DC Leisure Management Ltd manage the leisure facilities in partnership with Rotherham Metropolitan Borough Council. We aim to offer you an enjoyable, high quality service at all times.

We hope you enjoy your visit with us and should you wish to make a suggestion or pass comment on any of our services, please make use of our customer feedback forms situated in reception. Alternatively you may ask to speak to any member of our team who will be pleased to help.

Thank you for choosing to use our facilities and we hope that your time with us is both rewarding and enjoyable.

## Carol Pearce

Contract Manager – DC Leisure



Brochure correct at time of going to print. Photos used may not be of our centres.

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## Customer Promise

### WE WILL STRIVE TO:

- Serve every customer with courtesy, effectiveness and efficiency.
- Provide customers with a welcoming, clean and safe building, car park and grounds.
- Provide an extensive programme of activities and events.
- Provide a Duty Manager at all public opening times to deal with all matters of concern to users.
- Regularly monitor our customers' satisfaction with our service.

Never forget that it is the customers who are the focus of our business.

### WE ASK OUR CUSTOMERS TO:

- Enjoy their visit, tell their friends if they did, and the Duty Manager if they did not.
- Abide by Centre rules and regulations, which are there for the safety and benefit of everyone.
- Respect our property and buildings and the property of other customers.

# Opening Times

## Rotherham Leisure Complex

Monday – Friday 7.00am – 10.00pm

Saturday – Sunday 7.30am – 8.00pm

## Maltby Leisure Centre

Monday – Friday 7.00am – 10.00pm

Saturday – Sunday 7.30am – 8.00pm

## Aston-cum-Aughton Leisure Centre

Monday – Friday 7.30am – 9.00pm

Saturday 7.30am – 7.00pm

Sunday 7.30pm – 6.00pm

## Wath upon Dearne Leisure Centre

Monday – Friday 7.30am – 9.00pm

Saturday – Sunday 7.30pm – 6.00pm

Last admission for kinetika gym is 30 minutes prior to facility closing times.

In order to encourage disabled usage of our facility we operate a carer's register from reception. All registered carers are permitted to enter the facility free of charge when accompanying a disabled client to one of the many activities on offer. Please note that proof is required at the time of entry.

## IFI GYM EQUIPMENT

The Inclusive Fitness Initiative (IFI) is a Sport England Lottery Funded project that supports not for profit fitness facilities to become Inclusive, catering for the needs of disabled and non-disabled people alike.

We have provided easy access specialist fitness equipment and implemented staff training to ensure fitness is accessible for all.



# Accessibility

For those customers with additional accessibility requirements the Centre has been equipped with hearing loops at reception, Braille directional signage. The following facilities are also available:

## FAMILY / BABY CHANGING

Family size cubicles can be found within the village pool changing room.

## HOIST

For access to pools. Please ask at reception upon arrival.

## TOILETS

These are located within the various changing areas.

## PARKING

Provision has been made at the front of the car park, close to the building, to allow easy access to the Centre for Registered Disabled badge holders.

If you would like to receive this publication in an alternative format please contact Reception or the Marketing Manager on 01709 722561.

Induction loops have been installed at all four centres. If you wear a hearing aid please switch it to the T position to benefit from the loop.



# Facilities...

Rotherham  
Leisure Complex



## Rotherham Leisure Complex

Effingham Street, Rotherham, S65 1BL  
01709 722555  
enquiries@rotherhamleisurecomplex.co.uk  
www.rotherhamleisurecomplex.co.uk

- 6 Lane 25m Swimming Pool
- Teaching Pool
- Leisure Water and Flume
- Accessible changing village
- 6 court sports hall
- 4 squash courts
- 90 station kinetika gym
- Dry changing rooms
- Group workout studio
- Fitness changing rooms
- Climbing wall
- Meeting room
- Café

Maltby  
Leisure & Services Centre



## Maltby Leisure Centre

High Street, Maltby, Rotherham, S66 8JE  
01709 797100  
enquiries@maltbyleisurecentre.co.uk  
www.maltbyleisurecentre.co.uk

- 6 Lane 25m Competition Swimming Pool
- Activities Pool with moveable floor
- 5 metre, 3 metre and 1 metre diving boards
- Accessible changing facilities
- 250 seat viewing gallery
- Dry changing rooms
- 4 court sports hall
- 40 station kinetika gym
- Group workout studio
- Fitness changing rooms
- Café

Aston-cum-Aughton  
Leisure Centre



## Aston-cum-Aughton Leisure Centre

Aughton Road, Swallownest  
Sheffield, S26 4TF  
0114 294 2580  
enquiries@aston-cum-aughtonleisurecentre.co.uk  
www.aston-cum-aughtonleisurecentre.co.uk

- 5 Lane 25m Swimming Pool
- Teaching Pool
- Accessible changing village
- 4 court sports hall
- Dry changing rooms
- 32 station kinetika gym
- Group workout studio
- Fitness changing rooms
- Meeting room

Wath upon Dearne  
Leisure Centre



## Wath upon Dearne Leisure Centre

Festival Road, Wath upon Dearne  
Rotherham, S63 7NW  
01709 870120  
enquiries@wathupondearneleisurecentre.co.uk  
www.wathupondearneleisurecentre.co.uk

- 5 Lane 25m Swimming Pool
- Teaching Pool
- Accessible changing village
- 30 station kinetika gym
- Group workout studio



# Membership Options



Our memberships aim to help you to enjoy life, feel great and support you to achieve a healthier lifestyle. We offer a friendly fitness environment for real people and a range of our membership types to suit your lifestyle and interests. The benefits of membership are shown below.

## Membership types available:

Single Adult, Joint, Family, Junior, Swimming Only & Rothercard.

### Single 16yrs +

- kinetika Journey
- Gym
- Swimming
- Workout Classes

### Joint

A discounted membership rate offering the same benefits as a Single membership for two adults

### Family

- kinetika Journey
- Gym
- Swimming
- Workout Classes
- Children enjoy swimming and selected activity classes

### Students

Any student that can provide a valid NUS card can benefit from all single membership activities at greatly reduced rates.

### Over 60s

A discounted membership rate offering the same benefits as a Single membership.

### Junior Ages 11-15 yrs

- Swimming
- Drop in sessions
- Supervised gym sessions

### Corporate

Memberships are available for local companies to offer to their staff or for a group of colleagues to join together from the same company. For further details contact us now.

### Swimming

Enjoy all public swimming sessions as part of your membership. Swimming offers an all round workout for all ages and abilities. For further details contact us.

## Multi site packages include:

- Unlimited use of the kinetika Gyms\* at Rotherham Leisure Complex, Maltby Leisure Centre, Aston-cum-Aughton Leisure Centre and Wath upon Dearne Leisure Centre.
- Use of all swimming pools\* (during public sessions) at Rotherham Leisure Complex, Maltby Leisure Centre, Aston-cum-Aughton Leisure Centre and Wath upon Dearne Leisure Centre.
- Use of sauna and steam room at Rotherham Leisure Complex (during public sessions only).
- A personalised programme
- Workout classes at Rotherham Leisure Complex, Maltby Leisure Centre, Aston-cum-Aughton Leisure Centre and Wath upon Dearne Leisure Centre.

\*Dependant on membership package

## National Access

We are now able to offer the option to use any of gyms nationwide. You will register with a home site but be able to use any of our gyms subject to a short induction.

For a list of our current gyms visit [www.kinetikagyms.co.uk](http://www.kinetikagyms.co.uk)

Contact a Customer Advisor for more details.

## Guaranteed Results\*

or your money back – ask us for more details.

\*Conditions apply.

**Let us help to find the right membership for you. Call a Customer Advisor at the centre of your choice today!**

# kinetika Gym

Our friendly gym offers an ideal environment to tone, tighten, lose weight, build strength or increase stamina at a very reasonable price. Our professional staff are on hand to organise your personal fitness assessment and develop a training programme tailored to help you reach your personal targets. All you need to do is book an induction session at reception and you are on your way to a fitter, healthier lifestyle. Don't worry if you've never used a gym before, our staff will help you every step of the way.

## Pay per Visit Gym Use

You can enjoy using our kinetika gym on a pay per visit basis. Join us as an Authorised Gym User and you can use the gym without making a long term financial commitment. All you need to do is to pay an initial fee when you register which in your first year will include a basic gym programme and an induction to the gym. Then you just pay a small fee each time you visit the gym. If this way of using the gym suits you then contact reception for more information.

You can also enjoy workout classes and swimming on a pay per visit basis. Refer to pages 9 and 10 for more information.



## Personal Training



Achieve your personal best with our Personal Training service, available to both kinetika members and casual users. Whether you want to train for the marathon or just run for the bus and not be out of breath, this could be the service for you. Our experienced Personal Trainers are available seven days a week for those who need extra motivation, require nutrition or lifestyle guidance or if you simply are not getting the desired results. They will motivate you and plan your exercise programme to achieve your goals, whatever they may be. We take it personally so let us help you to achieve your fitness goals!

**Contact main reception or the gym for more details.**



# kinetika Journey kinetika Journey

All new kinetika customers will begin their journey with a 5 step programme. At the end of the kinetika journey you will have a personalised fitness programme and a thorough understanding of an effective workout.

## STEP 1 CHECK IN (30-45 MINS)

This 1st session with your instructor is used to discuss your personal goals and health needs. Benchmarks will be set in order to assess your progress throughout the journey. With the remaining 20 minutes you will be given an introduction to our cardiovascular fitness equipment.

## STEP 2 PERSONAL PROGRAMME (30 MINS)

Your instructor will start by re-confirming the cardiovascular equipment and introduce you to resistance training. After this step has been completed you will be able to use our kinetika fitness suite.

## STEP 3 MOTIVATION SESSION 1 (30 MINS)

Monitoring your performance and understanding the equipment is key to your progress. Your instructor will ensure that these aspects are monitored along with providing feedback on your technique and development throughout the programme.

## STEP 4 MOTIVATION SESSION 2 (30 MINS)

Aiming to increase your fitness knowledge by taking you through alternative exercises to ensure that your progress and workout are continuous.

## STEP 5 REVIEW

The review session is to identify your achievement by comparing current results to your previous benchmarks and to also ensure that you are happy with your programme. Your instructor will then help you decide the best way to continue to achieving your goals.

**RESULTS  
GUARANTEED  
OR YOUR MONEY BACK\***



## Fitness courses

We run a range of fitness courses to help you achieve your goals.

Contact a member of the Fitness Team for more details.

### Aerobics

A combination high/low calorie burning workout for all abilities.

### Zumba

Combines various type of dance and helps to make exercise fun.

### Aqua Fit

A low impact water workout which improves cardiovascular fitness at the same time as toning and shaping the whole body. Suitable for all abilities,

### Body Combat

This is a non contact, high energy, fun, motivating martial arts based fitness class with moves taken from a wide range of martial art disciplines from karate to kick boxing.

### Body Pump

A non impact and conditioning, high repetition weight training class suitable for everybody.

### Kett Fit

Uses kettle bell weights to increase strength and helps to give you a lean body.

# Swimming Academy

All of our lessons are taught by qualified instructors who will help to develop confidence both in and around the water. Please ask at reception for enrolment details.

## Parent & Baby

**4 – 18 mths**

Designed to introduce you and your baby to the water including toys and games.

## Parent & Toddler

**18mths – 5yrs**

Designed to introduce you and your toddler to the water including fun games and activities.

## Aqua Tots

**3 – 5yrs**

As your child is more able to understand simple instructions they will be taught the basics of becoming a confident swimmer.

## Junior Lessons

**5 yrs and over**

Swimming lessons are taught by using the nationally recognised ASA National Plan for Teaching Swimming helping your child develop into a confident swimmer.

## Adult Lessons

Learn to swim or develop your stroke technique.



Please contact reception to find the right lesson for you and/or your child.

# Other Aquatic Activities

We also offer water polo, synchronised swimming, and diving through associated clubs. See page 12 for club details.

# Swimming

Swimming is probably the best form of all round exercise available. It is also a great way to relax and refresh yourself after a stressful day. For the more serious swimmer we have an extensive programme of swimming lessons and courses available.

**FOR LATEST SWIMMING PRICES,  
PLEASE CONTACT THE RECEPTION  
AT THE CENTRE OF YOUR CHOICE.**

## Swimming Memberships

Save money by taking out a swimming membership. For details on swimming memberships and multi visit savings tickets please see page 5. Swimming is free to kinetika members. See page 4 for details.

**FOR A FUNCTION WITH A DIFFERENCE  
WHY NOT HIRE THE MAIN POOL?**

Ideal for galas and parties. Contact the centre of your choice for details.

Children under 8 years old must be accompanied by a parent/adult 18 years or over in the pool and changing areas. A ratio of no more than 2 children per adult is allowed in the water. At all pools a Band System operates during busy times.

Pick up our Swimming Timetable from reception for opening times and water based activities available.

## Sauna & Steam Room

(Rotherham Leisure Complex only)

Soothe away everyday stress and indulge yourself.

Treat yourself to a deep cleansing, whole body experience in our sauna and steam rooms at Rotherham Leisure Complex.

Better yet, why not combine it with an invigorating workout or refreshing swim and relax further.

Sauna & Steam room only available during public sessions, check out the swimming timetable for details.



# Group Exercise Classes

We have a range of Group Exercise Classes available for you to choose from many of which are included within a kinetika membership. Our classes are suitable for all levels and ages.

Pick up the latest Group Exercise Timetable from reception for a list of classes available.

Classes included as part of a kinetika membership.

Contact a Customer Advisor or refer to page 5.



We've got the answer to all your swimming needs!

Visit our shop in reception where we have a wide range of Zoggs swimming products, including new **ULTEX** chlorine proof swimwear.



[www.zoggs.com](http://www.zoggs.com)

At Zoggs we have a passion for swimming, we want to share that passion with you!



# Sports Activity Hire

Our Sports Halls at Rotherham Leisure Complex, Maltby Leisure Centre and Aston-cum-Aughton Leisure Centre can be used for a wide range of sports and activities. Casual use and block bookings are available.

## Badminton

We have 14 badminton courts available to book across the 3 sports halls.

## Indoor five-a-side Football

Pitches are available for booking in all the sports halls. Please contact our bookings advisor if you would like to book regular block bookings.

## Netball/Basketball/Volleyball

Courts are lined and nets are provided at Rotherham Leisure Complex, Maltby Leisure Centre and Aston-cum-Aughton Leisure Centre.

## Squash

At Rotherham Leisure Complex we have some of the finest squash facilities in the region with 4 glass backed courts and moveable side walls to create 2 double sized areas.

## Indoor Cricket

Nets are provided at Aston-cum-Aughton Leisure Centre, Rotherham Leisure Complex and Maltby Leisure Centre.

## Sports Equipment

View our wide range of sports equipment to hire or purchase, please contact reception for the charges and deposit required.

**To book any of the sports hall activities please contact the facility of your choice:**

**Rotherham Leisure Complex**                      **01709 722555**

**Maltby Leisure Centre**                        **01709 797100**

**Aston-cum-Aughton Leisure Centre**      **0114 294 2580**



# Club Call

Our centres are home to a host of independent clubs, many of which are listed below. For details and contacts for the clubs please contact any of the centres.

<b>Aquatic Sports</b>	<b>RLC</b>	<b>MLC</b>	<b>ALC</b>	<b>WLC</b>
Rotherham Metro Swimming Club	✓	✓	✓	✓
Rotherham Water Polo Club	✓	✓		
South Yorkshire Swans Synchronised Swimming Club	✓			
Rawmarsh Lifesaving Club			✓	
Maltby Diving Club		✓		
Team Manvers Triathlon Club				✓
<b>Martial Arts</b>				
Nishimon Gojryu Karate	✓			
Akhtars Premier Martial Arts	✓			
Shotokan Karate	✓			
Rotherham Tigers Judo	✓			
Gymnastics – lessons for all ages and abilities are available at RLC and MLC. See page 13 for details.				
Fusion Gymnastics			✓	
<b>Archery</b>				
Chantry Bowmen			✓	

RLC = Rotherham Leisure Complex

MLC = Maltby Leisure Centre

ALC = Aston-cum-Aughton Leisure Centre

WLC = Wath upon Dearne Leisure Centre

# Junior Activities

We offer a wide selection of activities for children on all ages and abilities.

## Pre-school activities (under 5's)

A range of games, inflatable play and soft shapes suitable for all children under the age of 5 years. These sessions help to develop social as well as physical skills. Please contact reception for further information.

## Gymnastics (4 years +)

A fully associated British Gymnastics recreational programme is available at Rotherham Leisure Complex and Maltby Leisure Centre, lead by our qualified and experienced coaches. Classes start from beginner to advanced and include all the gymnastic disciplines. For more information about the gymnastic programmes available please contact reception.

## 5 – 17yr Courses

A range of junior fitness classes and sessions are available for young people aged 5 – 17. Classes include:

- Teen Thai
- Circuit Out
- Teen Gym (11-15yrs)
- Fun House kids club
- Rockets indoor athletics
- Energise
- FUNdamentals

For more junior activities please contact reception.



## Holiday Activities

Every holiday a wide range of holiday activities are available at all our sites-activities include Football, Basketball, Street Dance, Multi-sports, Squash & Racketball, AquaSplash, Arts and Crafts and much, much more.

**Pick up a flyer for more information.**



## Children's Parties

Turn your children's party into an exciting day to remember. There's no mess, no fuss and we do all the work whilst you, your children and their friends have all the fun!

We have an extensive range of parties for children of all ages available at Rotherham Leisure Complex, Aston-cum-Aughton Leisure Centre, Wath upon Dearne Leisure Centre and Maltby Leisure Centre.

**Some of our most popular parties include...**

- Mega Pool Parties
- Bouncy Castle Party
- Football Parties
- Water Sport Parties
- Multi Sport Parties

**.... but we can offer many more**

If you would like an activity not mentioned above, or any type of themed party, please contact our Party Coordinator who would be happy to create a party perfect for your requirements.

**Contact the centre to book your perfect party or pick up our latest party brochure from reception.**



# Active Always

Our Active Always sessions provide an excellent opportunity to meet new friends and enjoy a range of activities.

We offer a wide range of exercise classes to help you improve your health and well-being including:

- Yoga
- Pilates
- Beginners Aqua Pilates
- Aqua Fit
- Keep Moving Classes
- Activity Mornings

Please contact reception for further details about our Active Always sessions.



# Family Support

## Carnegie Clubs

DC Leisure is working in partnership with NHS Rotherham and Carnegie Weight Management (CWM) to deliver Carnegie Clubs. These FREE community based weight management programmes are for overweight young people aged 8-17. The Carnegie Clubs are run from Rotherham Leisure Complex, Maltby Leisure Centre and Aston-cum-Aughton Leisure Centre with children and their parent / guardian attending weekly sessions for 12 weeks to support their weight management. The Carnegie Clubs programme has been created by leading experts at Leeds Metropolitan University as a way to help overweight children and their families become fitter, healthier and happier.

At Carnegie Clubs you will:

- Take part in fun, exciting activities and games
- Make lots of new friends & boost your confidence
- Learn how to make healthy food choices
- Make simple small changes for lifelong success

For further information about Carnegie Clubs or to register your interest, please contact:

### Healthy Living Programme Manager

Rotherham Leisure Complex:

07525 702784

01709 722555

or visit:

[www.carnegieweightmanagement.com/rotherham](http://www.carnegieweightmanagement.com/rotherham)



## Case study

Joseph Newton (12) from Clifton, Rotherham started coming to Carnegie Club in September 2009.

"I look forward to coming to Carnegie Club each week. We get to do lots of different activities and learn new ideas about food – I thought the fruit smoothie session was really interesting! My favourite activity at Club is Dodgeball, we play in teams and it is so exciting! The staff are very helpful and I have made loads of friends at Club. I have lost weight and feel more confident than I did at the start. I have told my friends about Carnegie Clubs and would say to anyone who is thinking about applying 'give it a go'

– I'm glad I did"

# High Sports Climbing\*

High Sports have worked in the climbing industry for well over 14 years, helping to push the boundaries of the sport in the UK. We feel that anyone can climb at any age, for any reason. Climbing is a great way to improve on general fitness and muscle tone whilst meeting some fantastic people. No matter what your reason for climbing, our team are confident that there's something here for everyone, whether its fitness improvement, conquering a fear or trying something new.

## Getting Started

For those just starting out the best option is to book a short taster style session with an instructor. The aim of these introductory sessions is to give the novice a sample of various different levels of climbing on different terrain.

We recommend the following starter sessions:

Juniors aged 4 to 15	Multi Climb = 30 min - £7.50
	Junior Taster = 60 min - £11.25
Adults aged 16+	Multi Climb = 30 min - £7.50
	ROCK start = 90 min - £18.50

## Climbing Parties

Our parties are a fantastic way to celebrate, birthdays for those big and small, or even a special treat or event! These fun filled sessions are crammed with climbing games, challenges, team work and of course loads of climbing

We run two types of parties for ages 4 and above starting at £82.00 for up to 6 climbers, inclusive of all instruction and equipment for 90 mins climbing fun. Call us on 0845 363 1177 for more details or to make a booking.

## Junior sessions

We run regular junior club sessions, aimed at coaching and supporting juniors through their early climbing steps. These sessions encourage good safety knowledge, and eventually encourage educated independence, as junior's progress through our climbing syllabus. To ensure best learning conditions we split juniors in to the following categories:-

Pebbles (ages 4 – 7)	60 min
Junior ROCK Club (ages 7 – 12)	120 min
1215 ROCK Club (ages 12 – 15)	120 min
Non Member single visit	£11.35
Member single visit	£10.30
Member term blocks	5 wk
£46.00 / 6 wk	£44.40 / 7 wk
	£64.60



## Adult sessions

Looking to meet new people, and improve on confidence and technique too? Why not come along to one of our regular adult climbing nights?

Competent mixed climbers	Meet a Mate
Member	£6.50
Non Member	£8.50

Please contact our team at Rotherham for more details.

Email us on [Rotherham@high-sports.co.uk](mailto:Rotherham@high-sports.co.uk), or call us on 0845 363 1177

\* Only available at Rotherham Leisure Complex

# Courses

## Lifeguard Courses

Why not train to be a Lifeguard?

We run pool lifeguard courses throughout the year.

### Course Requirements

- Must be 16 years of age on the first day of the course
- Must be a strong swimmer
- Must be able to swim 50 meters in 60 seconds or less
- Must be able to retrieve a brick from the deepest part of the pool (2 metres)
- Swim continuously for 100 metres
- Make 100% attendance

To book your place on the next course, please contact reception.

## First Aid at Work Courses

We offer First Aid at Work and refresher courses throughout the year.

This will enable the candidate to acquire the knowledge, skills and understanding of first aid, and thus become competent first aiders in the workplace.

All candidates must be 16 years of age on the first day of the course

Book your place at Reception and learn new skills that may one day save a life!

# Coffee Bar

Relax and unwind in our Caféology coffee bars at Rotherham Leisure Complex and Maltby Leisure Centre.

We are open everyday selling a quality selection of hot and cold beverages and snacks.

- Hot and Cold snacks
- Assorted Panini
- Coffee, Tea and Hot Chocolate
- Soft Drinks

CAFE<sup>®</sup>  
OLOGY<sub>.COM</sub>

*Great Coffee. Great Cause.*



# General Information

## Bookings & Payment

All major credit and debit cards can be accepted in payment. Badminton and squash court hire can be booked 14 days in advance by kinetika Gym members or seven days in advance without a membership. For non members courts must be paid for at the time of booking. Cancellations can be made up to 24 hours in advance by phone or email and a rebooking or refund will be made available. For any cancellation made within 24 hours notice full payment will stand.

Please ask for further details if you wish to make a block booking.

## Fitness Class Booking

In order to ensure our classes can be enjoyed by all, we have introduced a pre-booking and payment system for all fitness classes. kinetika Gym members can book 14 days in advance, whilst casual users can now book 7 days in advance.

This is to maintain an effective system for all our customers, so that places can be made available to everyone in the event of someone cancelling.

Any members or casual user failing to attend a fitness class which they have booked onto will be charged, unless they give 12 hours notification prior to the class commencing.

## Car Parking

All four sites have car parking facilities adjacent to the centre. There are dedicated parking bays for people with disabilities. Rotherham Leisure Complex operates a Pay & Display system which allows customers participating in leisure centre activities to obtain a refund from Reception when they hand in one part of their ticket. Failure to display or purchase a ticket may result in a fine from Rotherham Metropolitan Borough Council over which DC Leisure have no authority or control.

## Lockers

A £1.00 coin is required for the lockers, this is returned after use.

## Accessibility

All four leisure centres are accessible to people with disabilities and aim to ensure that all customers enjoy their leisure experience as fully as possible. Sites have dedicated car parking spaces and toilet facilities and lifts for people with disabilities, they all, also have swimming pool access, pool hoists, dedicated changing and lockers for customer use.

## Lost Property

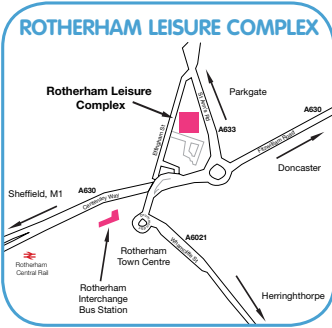
All our centres operate a lost/found property service. If you lose anything at the centres, please report this to reception, where the receptionist will make a note of the loss, along with a description of the item and your contact details. If the item is found, you will be contacted by a member of staff. Similarly if you find something, please hand it in to the receptionist who will record the item in the lost/found property system.

## Parent & Baby

Our centres are parent and baby friendly with baby changing facilities at each site. You are welcome to feed your baby at our centres, but for safety reasons this should be done away from vigorous activity areas. Baby Changing facilities offer areas of greater privacy, if these are required for breast feeding.



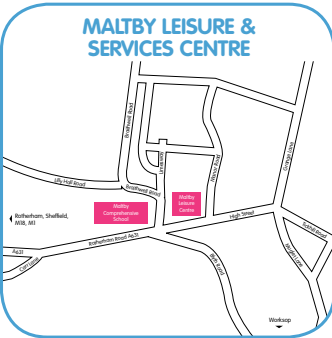
# How to find us....



## Rotherham Leisure Complex

Effingham Street  
Rotherham, S65 1BL  
01709 722555

[enquiries@rotherhamleisurecomplex.co.uk](mailto:enquiries@rotherhamleisurecomplex.co.uk)  
[www.rotherhamleisurecomplex.co.uk](http://www.rotherhamleisurecomplex.co.uk)



## Maltby Leisure & Services Centre

High Street, Maltby, S66 8JE  
01709 797100

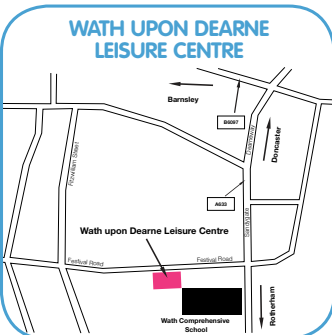
[enquiries@maltbyleisurecentre.co.uk](mailto:enquiries@maltbyleisurecentre.co.uk)  
[www.maltbyleisurecentre.co.uk](http://www.maltbyleisurecentre.co.uk)



## Aston-cum-Aughton Leisure Centre

Aughton Road, Swallownest  
Sheffield, S26 4TF  
0114 294 2580

[enquiries@aston-cum-aughtonleisurecentre.co.uk](mailto:enquiries@aston-cum-aughtonleisurecentre.co.uk)  
[www.aston-cum-aughtonleisurecentre.co.uk](http://www.aston-cum-aughtonleisurecentre.co.uk)



## Wath upon Dearne Leisure Centre

Festival Road, Wath upon Dearne  
Rotherham, S63 7NW  
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