



Kett Fit!

A new way to get fit

KETT FIT!

 kinetika
fitness

The benefits of a 6 week Kett Fit! Course are:

- Reduced body fat
- Increased strength and power
- Improved flexibility
- Helps to give you a lean body



Contact the Gym Team today for more details.

Castle Place Leisure Centre

Level 5a Multi Storey Car Park, Trowbridge

01225 762711

enquiries@castleplaceleisurecentre.co.uk

Leighton Recreation Centre

Wellhead Lane, Westbury, BA13 3PT

01373 824448

enquiries@leightonrecreationcentre.co.uk

Christie Miller Sports Centre

Lancaster Road, Bowerhill, Melksham,

SN12 6QU

01225 702826

enquiries@christiemillersportscentre.co.uk

DC LEISURE 
Fitness Industry Association
Operator of the Year 2008 & 2009

Wiltshire Council
 Where everybody matters

DC Leisure Management Ltd working in partnership with Wiltshire Council