

# Fleming Park Leisure Centre

02380 684800

[www.flemingparkleisurecentre.co.uk](http://www.flemingparkleisurecentre.co.uk)

From January 2010 the following prices will come into effect

Activity and Facility Charges	Non member	kinetika member	Activity and Facility Charges	Non member	kinetika member
<b>KINETIKA GYM PRICES</b>			<b>SWIMMING POOL</b>		
Casual user induction	£27.05	n/a	Adult	£3.75	Free
Junior induction	£11.95	n/a	Junior	£1.65	Free
Gym session	£6.95	n/a	Under 5's	Free	Free
GP referral gym	£2.55	n/a	Family	£8.00	Free
GP graduate gym	£3.05	n/a	(up to 5, max 2 adults)		
Health suite	£6.65	Free	Bonus swim	£1.95	Free
Gym & Health suite	£9.95	Free	(swim as second activity)		
Gym Programmes	£15.30	n/a	Adult Passport to Leisure	£1.95	n/a
Fitness user card renewal	£3.05	n/a	Adult drop in lessons	£4.35	£4.10
Personal training	£38.25	£33.65	Parents swim	£2.45	Free
Indoor cycling	£7.05	Free	(while children are in lessons)		
Body stat	£9.10	£6.05	Adult weekly ticket	£9.10	n/a
Teen workout	£2.90	Free	(Monday - Friday 07.00-17.00, 5 swims only and expires weekly)		
			Junior weekly ticket	£3.00	n/a
			(Monday - Friday 07.00-17.00, 5 swims only and expires weekly)		
<b>GROUP EXERCISE ACTIVITIES</b>			Adult Passport to Leisure weekly ticket (Monday - Friday 07.00-17.00, 5 swims only and expires weekly)	£4.70	n/a
Fitness mornings - Tuesday	£4.65	Free	Monthly adult swimming ticket	£35.20	
Fitness mornings - Thursday	£4.50	Free	Monthly junior swimming ticket	£11.50	
5-0 activity mornings	£3.45	Free	Annual adult swimming ticket	£250.00	
5-0 additional kinetika gym	£1.05	Free			
Aerobics peak	£5.10	Free			
Aerobics off peak	£4.50	Free			
Aerobics full time student off peak	£3.10	n/a			
Aerobics Passport to Leisure off peak	£3.10	n/a			
Aerobics block ticket	£45.65	n/a			
Aquacise peak	£4.70	n/a			
Speedo Deepwater Aqua	£2.95				
Body Training Systems (Body Jam, Body Combat, Body Pump, Body Attack, Body Balance) peak	£5.35	Free			
Body Training Systems (Body Jam, Body Combat, Body Pump, Body Attack, Body Balance) off peak	£4.85	Free			
Boxercise	£5.65	Free			



Discounts are available during the day time for PPL holders. Please see reception for more information.

The centre reserves the right to change prices. Contact reception for details.

Activity and Facility Charges	Peak	Off Peak	Activity and Facility Charges	Non member	kinetika member
<b>ACTIVITY BOOKINGS</b>			<b>CHILDREN'S ACTIVITIES</b>		
Badminton (55 minutes)			Crèche (per 30 minute session)	£1.05	£1.05
Adult	£9.70	£6.05	Bounce about	£2.55	Free
Junior	£9.70	£2.35	Bounce about additional child	£0.75	£0.75
Squash (40 minutes)			Special needs activity hour	£2.20	Free
Adult	£6.15	£4.35	Special needs activity hour extra child	£0.60	£0.60
Junior	£6.15	£1.75	<b>BIRTHDAY PARTIES COST FROM</b>	<b>£7.75</b>	<b>Free place for birthday child</b>
5 a side Soccer, Basketball, Volleyball (Main hall, 55 minutes)			<b>TANNING SESSIONS</b>		
Adult	£48.50	£48.50	Tanning cab - 3 mins	£3.15	£3.00
Junior	£48.50	£19.40	Tanning cab - 6 mins	£6.30	£6.00
5 a side (New hall, 55 minutes)			Tanning cab - 9 mins	£9.45	£9.00
Adult	£48.50	£36.85			
Junior	£48.50	£18.90			
ATP full pitch (hockey & soccer, 55 minutes)					
Adult	£65.00	£31.50			
Junior	£40.00	£19.50			
ATP half pitch (hockey & soccer, 55 minutes)					
Adult	£35.00	£22.75			
Junior	£24.75	£10.20			
AWP 5 a side (55 minutes)					
Adult	£33.50	£21.50			
Junior	£18.00	£9.90			
Indoor Tennis (55 minutes)					
Adult	£19.50	£13.50			
Junior	£19.50	£9.20			
Table tennis (55 minutes)					
Adult	£2.55	£2.55			
Junior	£1.05	£1.05			
Outdoor tennis (55 minutes)					
Adult	£6.20	£4.50			
Junior	£3.20	£1.75			
Outdoor netball (55 minutes)					
Adult	£13.10	£5.40			
Junior	£3.65	£2.15			
<b>Booking cards</b>					
Individual 16+	£16.85				
Joint	£22.20				
Junior	£11.10				
<b>Hire charges</b>					
Adult (deposit £10.00)	£2.00	£2.00			
Junior (deposit £5.00)	£0.00	£0.00			

### Our kinetika membership provides you with:

- Unlimited use of the Gym
- Unlimited use of Swimming
- Unlimited use of Workout Classes
- Health Suite
- Discounts on other activities

Contact a Customer Advisor today to start reaping the benefits!

# 02380 684800

### Bring your Party to our Party!

We have 5 Function Rooms available for hire.

We cater for Conferences, Training, Birthday Parties, Weddings and other Special Events.

Please contact 02380 684800 for further information.



DC LEISURE  
Fitness Industry Association  
Operator of the Year 2008 & 2009

**EASTLEIGH**  
BOROUGH COUNCIL

Operated by DC Leisure Management on behalf of Eastleigh Borough Council

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