

Corporate kinetika



Membership

Why invest in corporate wellness?

Absence costs every company each year, so a healthier workforce should be seen as good for business.

Designed for both small and large companies, our group membership scheme is intended to stimulate and cultivate healthier more productive employees.

We pride ourselves on a non-intimidating atmosphere, with friendly and supportive staff that want you to have fun!

Why you fit in:

- You don't have to be fit!
- You don't have to be wealthy!
- You don't have to wear the latest gear!

We also have kinetika gyms nationwide that will welcome you if you happen to be away on business.

Enjoy unlimited use of:

- Fully equipped kinetika gym
- Swimming
- Health Suite
- Group Exercise Classes
- Badminton
- Squash
- Outdoor Football Pitches

Other Benefits Include:

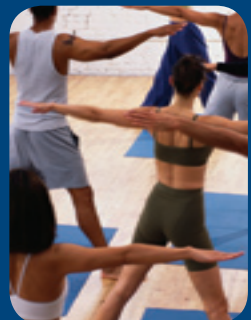
- 5 free 1 to 1 training sessions with an instructor
- Superb value for money
- Friendly helpful staff
- 10 day money back guarantee

Wandsworth Leisure Centres

www.dcleisurecentres.co.uk



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Payment Options

Why invest in corporate wellness?

Improved health and fitness provides people with greater self-esteem and reduces stress.

We offer a variety of different payment options for you, your staff and their families to join our group membership scheme:

Full Company Payment

Some companies have realised buying memberships for their employees improves loyalty and dramatically reduces absenteeism. You can pay for these memberships up front or by Direct Debit, all at a special reduced rate

Part Company Payment

Another option is where the company contributes an amount towards their employee's membership, the remainder is paid by the employee, all at a special reduced rate.

Endorsements

Why not provide your staff with the opportunity to become a member at one of our premier fitness facilities at a special reduced rate. All you need to do is to approve the discount and your employees can then join individually.

Interest Free Loan

This is when a company pays the membership and then reclaim the amount through PAYE. The benefits to the employees are they do not have to pay any initial investment and that all monies are deducted through payroll on a monthly basis.

Taxation Benefits

Generally if the company is paying for the whole membership then it becomes a taxable benefit for the employees and should be included on their P11D.



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kinetika journey




All corporate members receive 5 FREE appointments with a qualified fitness instructor. These sessions will determine members' aims and goals, and achieve results!

5 Steps to a new you!


APPOINTMENT 1
Getting started

We'll identify your exercise goals and objectives and get you started




APPOINTMENT 2
Personal Programme

We'll set your programme and take you through it




APPOINTMENT 3
Motivation Session 1

We'll check your progress and refine your programme




APPOINTMENT 4
Motivation Session 2

We'll ensure that you are getting the most from your programme



APPOINTMENT 5
Review

We'll measure your progress and plan your exercise future



Whether new to exercise or a regular exerciser the kinetika journey will get results in 30 days!

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