



# Adult Education Courses and Junior Activities September 2011 – July 2012

Malden Centre  
Blagdon Road, New Malden  
020 8336 7770

Visit our website for more information  
[www.themaldencentre.co.uk](http://www.themaldencentre.co.uk)

# Welcome

to the Malden Centre



## Term Dates

### Autumn Term

Adult Education – Monday 19 Sept 2011 to Sun 11 Dec 2011

Junior Activities – Mon 5 Sept 2011 to Sun 18 Dec 2011

Half Term – Mon 24 Oct 2011 – Sun 30 Oct 2011

Early Booking Discount applies to full price Adult Education Autumn term courses booked and paid for by 31 July 2011. Not available with any other reduction.

### Spring Term

Adult Education – Monday 16 Jan 2012 to Sun 1 Apr 2012

Junior Activities – Mon 9 Jan 2012 to Sun 1 Apr 2012

Half Term – Mon 13 Feb 2012 – Sun 19 Feb 2012

Early Booking Discount applies to full price Adult Education Spring term courses booked and paid for by 18 Dec 2011. Not available with any other reduction.

### Summer Term

Adult Education – Monday 23 Apr 2012 to Mon 9 July 2012

Junior Activities – Mon 16 Apr 2012 to Sun 22 July 2012

Half Term – Mon 4 June 2012 – Sun 10 June 2012

Early Booking Discount applies to full price Adult Education Summer term courses booked and paid for by 8 April 2012. Not available with any other reduction.

## Enrolment Procedure

Please complete one application form per course, available from the Malden Centre. You can enrol by telephone (020 8336 7770) with Visa, Mastercard or Maestro. Please check your receipt at the time of booking as it is more difficult to correct errors later.

### Reception is open for course bookings:

Monday – Wednesday 9.00am – 9.00pm

Thursday and Friday 9.00am – 7.30pm

Saturday 9.30am – 5.00pm

Sunday 9.30am – 4.30pm

## Reduced Fees

(proof of eligibility required). There are two rates of reduced fees available on most adult education courses with the exception of badminton, swimming and set fee courses.

### 20% Discount if you are:

- Over 60
- Under 18
- A full time student in higher or further education

### 40% Discount if you are:

- Registered unemployed
- In receipt of income support
- A refugee
- In receipt of disability living allowance

## Kingston Active Card

This is available to certain residents of the Royal Borough of Kingston upon Thames. Kingston Active Card holders enjoy reduced rates at Kingston's recreation facilities. Details of the MALDEN CENTRE's scheme are available at Reception.

## Users with Disabilities

The Centre is actively promoting an improved access policy for all people with disabilities. Besides the parking, lifts, toilets, telephone and changing rooms, two hoists have been provided to ease access to the swimming pool. Please ask at Reception for details of use. We make every effort to meet the specific needs of students attending courses, so please inform us of your particular requirements when you enrol and we will do our best to accommodate you.

# Contents

Health, Fitness & Exercise	3
Music & Dance	6
Languages	9
English as a Foreign Language	10
Pottery	12
Horticulture, Craft & Textiles	14
General Courses	16
Art Courses	18
General Information	20
Opening Hours & Map, Creche	21

## Customer Care Guarantee

The MALDEN CENTRE's staff are committed to providing customer care of the highest standard. If you have any suggestions or comments to improve the service, you can either:

- Ask to speak to our Duty Manager, who will be pleased to help.
- Use our Suggestion Box Scheme (forms and post box in the foyer).

## Malden Centre Blagdon Road, New Malden, Surrey KT3 4TA

### Course bookings and enquiries:

Tel: 020 8336 7770

Fax: 020 8336 7771

[www.themaldencentre.co.uk](http://www.themaldencentre.co.uk)

Email: [enquiries@themaldencentre.co.uk](mailto:enquiries@themaldencentre.co.uk)

### Swimming Academy enquiries

Email: [swimmingacademy@maldencentre.co.uk](mailto:swimmingacademy@maldencentre.co.uk)

Centre Manager: Jon Holmes

Adult Education and Junior Activities Manager: Sue Wilson

Key to symbols and abbreviations used:

<> = Set Fee

eb = Early Bird Booking

PAYG = Pay As You Go

For details of other Adult Education courses in the Kingston Borough, please contact the North Kingston Centre on 020 8547 6700.

# Health, Fitness & Exercise

Our Health and Fitness section covers a range of courses for all abilities and ages. Try adult trampolining if you are looking for something different!

## Adult Trampolining

Suitable for both beginners and competitive bouncers, an ideal way to keep fit.

Limited to 4 adults per session.

## Over 50s Exercise

Our gentle exercise class is designed to improve flexibility and promote well-being.

## Over 50s Raquets

Raquets is a friendly session which offers a choice of Badminton, Short-Tennis and Table Tennis to those with a little experience.

## Adult Short Tennis

Played on the badminton courts using a foam ball and short-handled racquets. Enjoy the thrill and satisfaction of playing all the shots and employing the tactics of tennis. All equipment is provided.

## Adult Badminton Club

Open to adults who have reached a reasonable standard of play. Friendly sessions with expert tips available from our tutor.

## Adult Bowls Club

Suitable for beginners and those with some experience. An opportunity to practice your game and pick tips up from our tutor. Equipment provided.

## Keep Fit Over 60s Men & Women

Exercise to the pleasant sound of live piano music played by our Keep Fit Pianist – John Dascombe. \*Full fee includes over 60's discount.

## Yoga for the over 50s

This class will utilise specially selected yoga stretches and movements to help you develop and maintain flexibility, strength, balance and overall wellbeing. The class is suitable for all abilities regardless of age or fitness level.

## Yoga

The approach to yoga is gentle on the body, yet demanding, helps develop a better understanding of anatomy. It encourages gentle sustained changes in breathing, posture, strength and mobility, building a strong connection between mind and body.

## Yoga for Pregnancy

This course is suitable for women from early to late pregnancy, and no experience of yoga is necessary. Learn relaxation and breathing techniques, coping strategies for preparing for labour and parenting.

## Mother & Baby Yoga

A 10 week yoga class suitable for mothers and babies, from 8 weeks to crawling.

## Yoga – Body Sense

A combination of gentle, relaxing stretches & yoga postures performed to soothing background music which develops body awareness and releases tensions: exercises which strengthen & tone the whole body leaving you relaxed and energised.

## Tai Chi

This class teaches Tai Chi through the Lam short form and will include step-by-step instruction on specially selected exercises to build internal strength, suppleness and stamina. A programme of beneficial health care that is a powerful antidote to stress. All abilities welcome.

## Tai Chi

Combat the stress and strain of every day life with this gentle form of exercise. Tai Chi Yang Long form taught. All abilities welcome.

## Self Defence

A 5 week self-preservation course, based on common sense self defence, assertive communication, body language and realistic techniques against a variety of different attacks. Please wear loose, comfortable clothing as there will be a fair amount of moving about involved.

## Baby Massage

A recognised International Association of Infant Massage instructor will teach carers/parents to massage their babies. Building on moves each week that stimulate development, aid digestion, encourage sleep patterns and help with bonding. This course is suitable for babies between six weeks and crawling. Babies with special needs are particularly welcome – please contact tutor prior to start of course. Please could students bring a towel to lie their baby on. Sunflower oil for the massage can be purchased from the tutor if required, or bring your own!

## Alexander Technique

Develops conscious awareness and enables us to correct the harmful tendencies and postural habits through proper use of limbs, muscles and effective breathing.

## Pilates – Beginners, Improvers and Mixed Ability classes

Working your mind and body this is a safe and effective exercise for everyone resulting in a more efficient, healthy toned body and an improved quality of movement. Pilates exercises focus on strengthening the deep lying stability muscles and stretching tight areas. It aims to create balance throughout the body, improves posture and quality of movement. There is a maximum of 10 students per class.

## Tae Kwon Do

Tae Kwon Do is a scientific martial art using the body, utilising every available blocking and attacking tool to bring about the destruction of one's opponent. The class is open to students of all abilities – from beginners to advanced.

Course Title	Course	Day	Time	Start Date	End Date	Wks	Full Fee	Early Bird	Tutor
Adult Trampolining		Mon	1.00 - 1.30pm	5-Sep	10-Oct	6	£24.50	£22.05	L Ellis
		Mon	1.00 - 1.30pm	31-Oct	5-Dec	6	£24.50	£22.05	L Ellis
		Mon	1.00 - 1.30pm	20-Feb	26-Mar	6	£24.50	£22.05	L Ellis
		Mon	1.00 - 1.30pm	16-Apr	28-May	6	£24.50	£22.05	L Ellis
		Mon	1.00 - 1.30pm	11-Jun	16-Jul	6	£24.50	£22.05	L Ellis

Course Title	Course	Day	Time	Start Date	End Date	Wks	Full Fee	Early Bird	Tutor
Over 50s Exercise	PAYG	Tue	11.30 - 12.30pm	6-Sep	13-Dec	14	£3.60/week	n/a	S O'Callaghan
		Tue	11.30 - 12.30pm	3-Jan	27-Mar	12	£3.60/week	n/a	S O'Callaghan
		Tue	11.30 - 12.30pm	17-Apr	17-Jul	13	£3.60/week	n/a	S O'Callaghan
Over 50s Raquets	PAYG	Fri	10.45 - 12noon	9-Sep	16-Dec	14	£3.60/week	n/a	J Small
		Fri	10.45 - 12noon	6-Jan	30-Mar	12	£3.60/week	n/a	J Small
		Fri	10.45 - 12noon	20-Apr	20-Jul	13	£3.60/week	n/a	J Small
Adult Short Tennis		Tue	1.30 - 3.00pm	6-Sep	13-Dec	14	£15.00 + subs £3.00	n/a	J Nicholls
		Tue	1.30 - 3.00pm	3-Jan	27-Mar	12	£14.00 + subs £3.00	n/a	J Nicholls
		Tue	1.30 - 3.00pm	17-Apr	17-Jul	13	£14.50 + subs £3.00	n/a	J Nicholls
Adult Badminton Club		Thurs	1.30 - 3.00pm	8-Sep	15-Dec	14	£15.00 + subs £3.00	n/a	J Small
		Thurs	1.30 - 3.00pm	5-Jan	29-Mar	12	£14.00 + subs £3.00	n/a	J Small
		Thurs	1.30 - 3.00pm	19-Apr	19-Jul	13	£14.50 + subs £3.00	n/a	J Small
Adult Bowls Club		Fri	2.00 - 3.30pm	9-Sep	16-Dec	14	£15.00 + subs £3.00	n/a	J Nicholls
		Fri	2.00 - 3.30pm	6-Jan	30-Mar	12	£14.00 + subs £3.00	n/a	J Nicholls
		Fri	2.00 - 3.30pm	20-Apr	20-Jul	13	£14.50 + subs £3.00	n/a	J Nicholls
Keep Fit Over 60s Men & Women*	MH106	Tue	11.00 - 12.30pm	20-Sep	6-Dec	11	£50.00	n/a	D Charles
	MH206	Tue	11.00 - 12.30pm	17-Jan	27-Mar	10	£46.00	n/a	D Charles
	MH306	Tue	11.00 - 12.30pm	24-Apr	3-Jul	10	£46.00	n/a	D Charles
Keep Fit Over 60s Men & Women*	MH107	Thurs	2.00 - 3.30pm	22-Sep	8-Dec	11	£50.00	n/a	D McGinty
	MH207	Thurs	2.00 - 3.30pm	19-Jan	29-Mar	10	£46.00	n/a	D McGinty
	MH307	Thurs	2.00 - 3.30pm	26-Apr	5-Jul	10	£46.00	n/a	D McGinty
Yoga for the Over 50s	MH125	Wed	2.30 - 3.30pm	21-Sep	7-Dec	11	£67.50	£60.75	L Ford
	MH225	Wed	2.30 - 3.30pm	18-Jan	28-Mar	10	£61.50	£55.35	L Ford
	MH325	Wed	2.30 - 3.30pm	25-Apr	4-Jul	10	£61.50	£55.35	L Ford
Yoga	MH101	Mon	9.30 - 11.00am	19-Sep	5-Dec	11	£80.00	£72.00	B McDevitt
	MH201	Mon	9.30 - 11.00am	16-Jan	26-Mar	10	£72.00	£64.80	B McDevitt
	MH301	Mon	9.30 - 11.00am	23-Apr	9-Jul	10	£72.00	£64.80	B McDevitt
Yoga	MH103	Mon	11.00 - 12.30pm	19-Sep	5-Dec	11	£80.00	£72.00	B McDevitt
	MH203	Mon	11.00 - 12.30pm	16-Jan	26-Mar	10	£72.00	£64.80	B McDevitt
	MH303	Mon	11.00 - 12.30pm	23-Apr	9-Jul	10	£72.00	£64.80	B McDevitt
Yoga	MH114	Thurs	7.00 - 8.15pm	22-Sep	8-Dec	11	£67.50	£60.75	B McDevitt
	MH214	Thurs	7.00 - 8.15pm	19-Jan	29-Mar	10	£61.50	£55.35	B McDevitt
	MH314	Thurs	7.00 - 8.15pm	26-Apr	5-Jul	10	£61.50	£55.35	B McDevitt
Yoga	MH115	Thurs	8.15 - 9.45pm	22-Sep	8-Dec	11	£80.00	£72.00	B McDevitt
	MH215	Thurs	8.15 - 9.45pm	19-Jan	29-Mar	10	£72.00	£64.80	B McDevitt
	MH315	Thurs	8.15 - 9.45pm	26-Apr	5-Jul	10	£72.00	£64.80	B McDevitt
Yoga	MH118	Fri	7.00 - 8.30pm	23-Sep	9-Dec	11	£80.00	£72.00	B McDevitt
	MH218	Fri	7.00 - 8.30pm	20-Jan	30-Mar	10	£72.00	£64.80	B McDevitt
	MH318	Fri	7.00 - 8.30pm	27-Apr	6-Jul	10	£72.00	£64.80	B McDevitt
Yoga	MH120	Sun	11.00 - 12.30pm	25-Sep	11-Dec	11	£80.00	£72.00	L Ford
	MH220	Sun	11.00 - 12.30pm	22-Jan	1-Apr	10	£72.00	£64.80	L Ford
	MH320	Sun	11.00 - 12.30pm	29-Apr	8-Jul	10	£72.00	£64.80	L Ford
Yoga for Pregnancy	MH119	Sun	10.00 - 11.00am	25-Sep	23-Oct	5	£31.00	£27.90	L Ford
	MH126	Sun	10.00 - 11.00am	6-Nov	4-Dec	5	£31.00	£27.90	L Ford
	MH219	Sun	10.00 - 11.00am	15-Jan	12-Feb	5	£31.00	£27.90	L Ford
	MH226	Sun	10.00 - 11.00am	26-Feb	25-Mar	5	£31.00	£27.90	L Ford
	MH319	Sun	10.00 - 11.00am	29-Apr	27-May	5	£31.00	£27.90	L Ford
	MH326	Sun	10.00 - 11.00am	17-Jun	15-Jul	5	£31.00	£27.90	L Ford

Course Title	Course	Day	Time	Start Date	End Date	Wks	Full Fee	Early Bird	Tutor
<b>Mother &amp; Baby Yoga</b>	MH127	Wed	1.00 - 2.00pm	21-Sep	7-Dec	11	£67.50	£60.75	L Ford
	MH227	Wed	1.00 - 2.00pm	18-Jan	28-Mar	10	£61.50	£55.35	L Ford
	MH327	Wed	1.00 - 2.00pm	25-Apr	4-Jul	10	£61.50	£55.35	L Ford
<b>Yoga - Body Sense</b>	MH104	Mon	7.00 - 8.30pm	19-Sep	5-Dec	11	£80.00	£72.00	E Mowbray
	MH204	Mon	7.00 - 8.30pm	16-Jan	26-Mar	10	£72.00	£64.80	E Mowbray
	MH304	Mon	7.00 - 8.30pm	23-Apr	9-Jul	10	£72.00	£64.80	E Mowbray
<b>Tai Chi - Beginners &amp; Improvers</b>	MH110	Thurs	11.00 - 12.30pm	22-Sep	8-Dec	11	£80.00	£72.00	J Brown
	MH210	Thurs	11.00 - 12.30pm	19-Jan	29-Mar	10	£72.00	£64.80	J Brown
	MH310	Thurs	11.00 - 12.30pm	26-Apr	5-Jul	10	£72.00	£64.80	J Brown
<b>Tai Chi - Beginners &amp; Improvers</b>	MH109	Thurs	6.30 - 8.00pm	22-Sep	8-Dec	11	£80.00	£72.00	J Brown
	MH209	Thurs	6.30 - 8.00pm	19-Jan	29-Mar	10	£72.00	£64.80	J Brown
	MH309	Thurs	6.30 - 8.00pm	26-Apr	5-Jul	10	£72.00	£64.80	J Brown
<b>Tai Chi - Beginners &amp; Improvers</b>	MH121	Sun	1.30 - 2.30pm	25-Sep	11-Dec	11	£54.00	£48.60	S Lim
	MH221	Sun	1.30 - 2.30pm	22-Jan	1-Apr	10	£49.00	£44.10	S Lim
	MH321	Sun	1.30 - 2.30pm	29-Apr	8-Jul	10	£49.00	£44.10	S Lim
<b>5 Week Self Defence Course</b>	MH130	Mon	7.30 - 8.30pm	19-Sep	17-Oct	5	£31.00	£27.90	S Lim
	MH230	Mon	7.30 - 8.30pm	9-Jan	6-Feb	5	£31.00	£27.90	S Lim
	MH330	Mon	7.30 - 8.30pm	23-Apr	28-May	5	£31.00	£27.90	S Lim
<b>Baby Massage</b>	MH102	Mon	9.30 - 11.30am	19-Sep	17-Oct	5	£47.50	£42.75	K Hyland
	MH123	Mon	9.30 - 11.30am	31-Oct	28-Nov	5	£47.50	£42.75	K Hyland
	MH202	Mon	9.30 - 11.30am	9-Jan	6-Feb	5	£47.50	£42.75	K Hyland
	MH223	Mon	9.30 - 11.30am	20-Feb	19-Mar	5	£47.50	£42.75	K Hyland
	MH302	Mon	9.30 - 11.30am	23-Apr	28-May	5	£47.50	£42.75	K Hyland
	MH323	Mon	9.30 - 11.30am	11-Jun	9-Jul	5	£47.50	£42.75	K Hyland
<b>Alexander Technique</b>	MH108	Tue	7.30 - 9.30pm	20-Sep	18-Oct	5	£47.50	£42.75	Wilf Murray
	MH208	Tue	7.30 - 9.30pm	10-Jan	7-Feb	5	£47.50	£42.75	Wilf Murray
	MH308	Tue	7.30 - 9.30pm	24-Apr	22-May	5	£47.50	£42.75	Wilf Murray
<b>Pilates - beginners</b>	MH116	Tue	9.30 - 10.30am	20-Sep	6-Dec	11	£96.00	£86.40	P Wilkinson
	MH216	Tue	9.30 - 10.30am	17-Jan	27-Mar	10	£87.00	£78.30	P Wilkinson
	MH316	Tue	9.30 - 10.30am	24-Apr	3-Jul	10	£87.00	£78.30	P Wilkinson
<b>Pilates - beginners</b>	MH128	Tue	10.30 - 11.30am	20-Sep	6-Dec	11	£96.00	£86.40	P Wilkinson
	MH228	Tue	10.30 - 11.30am	17-Jan	27-Mar	10	£87.00	£78.30	P Wilkinson
	MH328	Tue	10.30 - 11.30am	24-Apr	3-Jul	10	£87.00	£78.30	P Wilkinson
<b>Pilates - beginners</b>	MH112	Thurs	7.00 - 8.00pm	22-Sep	8-Dec	11	£96.00	£86.40	P Wilkinson
	MH212	Thurs	7.00 - 8.00pm	19-Jan	29-Mar	10	£87.00	£78.30	P Wilkinson
	MH312	Thurs	7.00 - 8.00pm	26-Apr	5-Jul	10	£87.00	£78.30	P Wilkinson
<b>Pilates - mixed ability</b>	MH111	Thurs	6.00 - 7.00pm	22-Sep	8-Dec	11	£96.00	£86.40	P Wilkinson
	MH211	Thurs	6.00 - 7.00pm	19-Jan	29-Mar	10	£87.00	£78.30	P Wilkinson
	MH311	Thurs	6.00 - 7.00pm	26-Apr	5-Jul	10	£87.00	£78.30	P Wilkinson
<b>Pilates - improvers</b>	MH117	Tue	11.30 - 12.30pm	20-Sep	6-Dec	11	£96.00	£86.40	P Wilkinson
	MH217	Tue	11.30a - 12.30pm	17-Jan	27-Mar	10	£87.00	£78.30	P Wilkinson
	MH317	Tue	11.30 - 12.30pm	24-Apr	3-Jul	10	£87.00	£78.30	P Wilkinson
<b>Pilates - improvers</b>	MH113	Thurs	8.00 - 9.00pm	22-Sep	8-Dec	11	£96.00	£86.40	P Wilkinson
	MH213	Thurs	8.00 - 9.00pm	19-Jan	29-Mar	10	£87.00	£78.30	P Wilkinson
	MH313	Thurs	8.00 - 9.00pm	26-Apr	5-Jul	10	£87.00	£78.30	P Wilkinson
<b>Tae Kwon Do</b>	MH124	Sat	3.30 - 5.30pm	24-Sep	10-Dec	11	£96.00	£86.40	U Vijapura
	MH224	Sat	3.30 - 5.30pm	21-Jan	31-Mar	10	£87.00	£78.30	U Vijapura
	MH324	Sat	3.30 - 5.30pm	28-Apr	7-Jul	10	£87.00	£78.30	U Vijapura



# Music & Dance

**Come and learn to sing, play the guitar or even belly dance – it's all here! New for this year is Simply Ballroom which takes traditional ballroom dance and takes it to the floor with plenty of fun and fitness!**

## **I Wish I Could Sing**

Tone deafness is extremely rare, yet somehow not everyone can sing as they would like. If you sang as a child but never found your adult voice, if you sing in the bath, but never in public, if you find singing painful, if you already sing, but would like to improve – come and try some easy exercises and songs in the privacy of the class.

## **I Wish I Could Sing Better**

This is a follow-up class to 'I Wish I Could Sing'. It continues the development of the voice and ear with exercises and simple unison and part-songs, rounds and canons.

Some opportunity is given for solo work and addressing individual problems, but in the context of whole-class participation. There is an introduction to reading music notation.

The aim of the class is to build on the confidence achieved in the previous term, to extend the range of the voice, and to improve its quality.

The atmosphere is relaxed and friendly.

## **I Wish I Could Sing Even Better**

For those who have some experience of singing. This class will give further instruction in the use of the voice, incorporating both individual attention and ensemble group pieces.

## **Choral Workshop**

If you would like to sing in a group, sing in simple parts, sing several different styles of song, you can experience some of the enjoyment – and the difficulties – of this type of singing in this class. Training in vocal development, part-singing, blending and small solo spots will be given.

In the Spring term on Wednesday evenings, one work will be prepared. It will be a Gilbert and Sullivan Opera, to be performed in concert version at the end of term. Chorus parts will, again exceptionally, be given out in advance, so, if you are interested, please contact the tutor regarding this.

## **Music Skills\***

For those who want to read, write and understand music – from the beginner who needs to know how it works, to those who want to develop their existing skills. Classes include aural understanding, reading, composition and harmony. \*Maximum of 10 students.

## **Choral Ensemble**

A singing group for female singers of some experience, who would like to study something a little more challenging, in more depth. Usually three or four pieces are studied each term.

## **Autumn/Spring/Summer Sing 1 Day Workshop**

Whether you have sung in a group before or not, this workshop will give you experience and confidence to sing with others, and ways to improve your own singing, through breathing and vocal exercises, simple songs and rounds.

## **Popular Guitar Beginner**

For the complete beginner who has no knowledge of playing. The course will introduce the basic techniques and chords in the context of a few easy popular songs from the 60's to the present. Students must bring their own acoustic guitar.

## **Popular Guitar Intermediate**

For those who are familiar with playing open chords and simple melodies. The course will introduce basic picking techniques and a range of strumming patterns through the learning of popular songs from the 60's until the present day. Students must bring their own acoustic guitar.

## **Popular Guitar Advanced**

Suitable for competent guitarists who are keen to develop their playing skills and stylistic expression. The course focuses on broadening improvisation techniques as well as introducing advanced finger picking styles. Students must bring their own acoustic guitar.

## **£5 Belly Dancing Taster**

Ever wondered about trying belly dancing? Come along to this 1 hour taster and have a go at this ancient dance form. This class is all about having fun, enjoying yourselves and experiencing the strength and beauty of the female form.

## **Belly Dancing - Mixed Ability including Levels 1, 2 & 3**

Belly dance is both a celebration of the female spirit and a physical display of the strength and beauty of women. Come and enjoy this dance form, get fit and toned while you master the movements of this ancient dance form. Suitable for all ages and sizes.

## **Simply Ballroom**

Have you ever wondered how to do those dances you see on the television? Join tutor Annette and have a go at Tango, Waltz, Salsa and Jive, for starters. Get moving, keep fit and have a lot of fun along the way. Partners useful, but not essential – enrol yourself and your partner can come for only £10 for the entire term!

## **Adult Tap – Beginners**

Never tapped before? Come and learn the basic tap steps and surprise yourself with how quickly you learn.

## **Adult Tap - All Levels**

For those who have already mastered the basics. Short routines to improve speed and technique.

## **Malden Centre Orchestra**

This is an informal and friendly group of musicians of all standards and ages who enjoy exploring a wide repertoire of light to classical music. Each term at least five works are rehearsed usually including an overture, a major classical symphony and selection from a musical show. Anyone who plays or used to play an orchestral instrument is invited to contact the Conductor, David Benke, for more information. We are particularly keen to hear from players of the following instruments: Bassoon, French Horn, Trumpet, Violin, Viola and Double Bass. Orchestra Phone Number: 020 8786 8517

Course Title	Course	Day	Time	Start Date	End Date	Wks	Full Fee	Early Bird	Tutor
<b>I Wish I Could Sing</b>	MD300	Mon	1.00 - 2.30pm	23-Apr	9-Jul	10	£61.50	£55.35	C Cviic
<b>I Wish I Could Sing Better</b>	MD100	Mon	1.00 - 2.30pm	19-Sep	5-Dec	11	£67.50	£60.75	C Cviic
<b>I Wish I Could Sing Even Better</b>	MD200	Mon	1.00 - 2.30pm	16-Jan	26-Mar	10	£61.50	£55.35	C Cviic
<b>I Wish I Could Sing</b>	MD101	Mon	7.30 - 9.00pm	19-Sep	5-Dec	11	£67.50	£60.75	C Cviic
<b>I Wish I Could Sing Better</b>	MD201	Mon	7.30 - 9.00pm	16-Jan	26-Mar	10	£61.50	£55.35	C Cviic
<b>I Wish I Could Sing Even Better</b>	MD301	Mon	7.30 - 9.00pm	23-Apr	9-Jul	10	£61.50	£55.35	C Cviic
<b>I Wish I Could Sing Better</b>	MD115	Thurs	7.30 - 9.00pm	22-Sep	8-Dec	11	£67.50	£60.75	C Cviic
<b>I Wish I Could Sing Even Better</b>	MD215	Thurs	7.30 - 9.00pm	19-Jan	29-Mar	10	£61.50	£55.35	C Cviic
<b>I Wish I Could Sing</b>	MD315	Thurs	7.30 - 9.00pm	26-Apr	5-Jul	10	£61.50	£55.35	C Cviic
<b>Choral Workshop</b>	MD102	Tue	1.00 - 2.30pm	20-Sep	6-Dec	11	£52.00	£46.80	C Cviic
	MD202	Tue	1.00 - 2.30pm	17-Jan	27-Mar	10	£46.00	£41.40	C Cviic
	MD302	Tue	1.00 - 2.30pm	24-Apr	3-Jul	10	£46.00	£41.40	C Cviic
<b>Choral Workshop</b>	MD107	Wed	7.30 - 9.00pm	21-Sep	7-Dec	11	£52.00	£46.80	C Cviic
	MD207	Wed	7.30 - 9.00pm	18-Jan	28-Mar	10	£46.00	£41.40	C Cviic
	MD307	Wed	7.30 - 9.00pm	25-Apr	4-Jul	10	£46.00	£41.40	C Cviic
<b>Music Skills*</b>	MD106	Wed	10.45 - 12.45pm	21-Sep	7-Dec	11	£96.00	£86.40	C Cviic
	MD206	Wed	10.45 - 12.45pm	18-Jan	28-Mar	10	£87.00	£78.30	C Cviic
	MD306	Wed	10.45 - 12.45pm	25-Apr	4-Jul	10	£87.00	£78.30	C Cviic
<b>Choral Ensemble</b>	MD112	Thurs	11.15 - 12.45pm	22-Sep	8-Dec	11	£67.50	£60.75	C Cviic
	MD212	Thurs	11.15 - 12.45pm	19-Jan	29-Mar	10	£61.50	£55.35	C Cviic
	MD312	Thurs	11.15 - 12.45pm	26-Apr	5-Jul	10	£61.50	£55.35	C Cviic
<b>Autumn Sing</b>	MD118	Sat	9.30 - 3.30pm	12-Nov	n/a	1	£25.50	£22.95	C Cviic & A Cviic
<b>Spring Sing</b>	MD218	Sat	9.30 - 3.30pm	17-Mar	n/a	1	£25.50	£22.95	C Cviic & A Cviic
<b>Summer Sing</b>	MD318	Sat	9.30 - 3.30pm	19-May	n/a	1	£25.50	£22.95	C Cviic & A Cviic
<b>Popular Guitar Beginner</b>	MD103	Tue	6.30 - 7.30pm	20-Sep	6-Dec	11	£67.50	£60.75	G. Raggett
	MD203	Tue	6.30 - 7.30pm	17-Jan	27-Mar	10	£61.50	£55.35	G. Raggett
	MD303	Tue	6.30 - 7.30pm	24-Apr	3-Jul	10	£61.50	£55.35	G. Raggett
<b>Popular Guitar Intermediate</b>	MD108	Tue	7.30 - 8.30pm	20-Sep	6-Dec	11	£67.50	£60.75	G. Raggett
	MD208	Tue	7.30 - 8.30pm	17-Jan	27-Mar	10	£61.50	£55.35	G. Raggett
	MD308	Tue	7.30 - 8.30pm	24-Apr	3-Jul	10	£61.50	£55.35	G. Raggett
<b>Popular Guitar Advanced</b>	MD109	Tue	8.30 - 9.30pm	20-Sep	6-Dec	11	£67.50	£60.75	G. Raggett
	MD209	Tue	8.30 - 9.30pm	17-Jan	27-Mar	10	£61.50	£55.35	G. Raggett
	MD309	Tue	8.30 - 9.30pm	24-Apr	3-Jul	10	£61.50	£55.35	G. Raggett
<b>£5 Belly Dancing Taster</b>	MD122	Tue	7.00 - 8.00pm	13-Sep	n/a	1	£5.00	n/a	M Kelsall-Singleton
	MD222	Tue	7.00 - 8.00pm	10-Jan	n/a	1	£5.00	n/a	M Kelsall-Singleton
	MD322	Tue	7.00 - 8.00pm	17-Apr	n/a	1	£5.00	n/a	M Kelsall-Singleton
<b>Belly Dancing Level 1</b>	MD121	Tue	6.30 - 7.30pm	20-Sep	6-Dec	11	£58.00	£52.20	M Kelsall-Singleton
	MD221	Tue	6.30 - 7.30pm	17-Jan	27-Mar	10	£53.00	£47.70	M Kelsall-Singleton
	MD321	Tue	6.30 - 7.30pm	24-Apr	3-Jul	10	£53.00	£47.70	M Kelsall-Singleton

Course Title	Course	Day	Time	Start Date	End Date	Wks	Full Fee	Early Bird	Tutor
<b>Belly Dancing Level 2</b>	MD104	Tue	7.30 - 8.30pm	20-Sep	6-Dec	11	£58.00	£52.20	M Kelsall-Singleton
	MD204	Tue	7.30 - 8.30pm	17-Jan	27-Mar	10	£53.00	£47.70	M Kelsall-Singleton
	MD304	Tue	7.30 - 8.30pm	24-Apr	3-Jul	10	£53.00	£47.70	M Kelsall-Singleton
<b>Belly Dancing Level 3</b>	MD105	Tue	8.30 - 9.30pm	20-Sep	6-Dec	11	£58.00	£52.20	M Kelsall-Singleton
	MD205	Tue	8.30 - 9.30pm	17-Jan	27-Mar	10	£53.00	£47.70	M Kelsall-Singleton
	MD305	Tue	8.30 - 9.30pm	24-Apr	3-Jul	10	£53.00	£47.70	M Kelsall-Singleton
<b>Belly Dancing - Mixed Ability</b>	MD113	Wed	12.15 - 13.00pm	21-Sep	7-Dec	11	£44.00	£39.60	M Kelsall-Singleton
	MD213	Wed	12.15 - 13.00pm	18-Jan	28-Mar	10	£40.00	£36.00	M Kelsall-Singleton
	MD313	Wed	12.15 - 13.00pm	25-Apr	4-Jul	10	£40.00	£36.00	M Kelsall-Singleton
<b>Simply Ballroom</b>	MD110	Mon	7.30 - 9.00pm	19-Sep	5-Dec	11	£80.00	£72.00	A Bowers
	MD210	Mon	7.30 - 9.00pm	16-Jan	26-Mar	10	£72.00	£64.80	A Bowers
	MD310	Mon	7.30 - 9.00pm	23-Apr	9-Jul	10	£72.00	£64.80	A Bowers
<b>Beginners Adult Tap</b>	MD116	Thurs	8.30 - 9.30pm	22-Sep	8-Dec	11	£52.00	£46.80	A Bowers
	MD216	Thurs	8.30 - 9.30pm	19-Jan	29-Mar	10	£46.00	£41.40	A Bowers
	MD316	Thurs	8.30 - 9.30pm	26-Apr	5-Jul	10	£46.00	£41.40	A Bowers
<b>Adult Tap - All Levels</b>	MD114	Thurs	6.30 - 7.30pm	22-Sep	8-Dec	11	£52.00	£46.80	A Bowers
	MD214	Thurs	6.30 - 7.30pm	19-Jan	29-Mar	10	£46.00	£41.40	A Bowers
	MD314	Thurs	6.30 - 7.30pm	26-Apr	5-Jul	10	£46.00	£41.40	A Bowers
<b>Adult Tap - All Levels</b>	MD117	Thurs	7.30 - 8.30pm	22-Sep	8-Dec	11	£52.00	£46.80	A Bowers
	MD217	Thurs	7.30 - 8.30pm	19-Jan	29-Mar	10	£46.00	£41.40	A Bowers
	MD317	Thurs	7.30 - 8.30pm	26-Apr	5-Jul	10	£46.00	£41.40	A Bowers
<b>Malden Centre Orchestra</b>	No Code	Thurs	10.00 - 12noon	22-Sep	8-Dec	11	£80.00	£72.00	D Benke
	No Code	Thurs	10.00 - 12noon	19-Jan	29-Mar	10	£72.00	£64.80	D Benke
	No Code	Thurs	10.00 - 12noon	26-Apr	5-Jul	10	£72.00	£64.80	D Benke



## American Line Dancing with Screaming Eagles

• friendly class • great music • newcomers welcome

All comers: £3.70 PAYG  
Wednesdays 1.30 – 2.30pm

# Language Courses

A range of comprehensive 27 week courses to improve and refine your competence in a foreign language. Speak to one of our tutors if you are not sure which level to join.

## Level 1

This level is for complete beginners. The aim is to introduce the basic linguistic skills and the background knowledge necessary for the student to communicate simply but effectively. The emphasis is on listening and speaking. At the end of Level 1 you should have an elementary grasp of the language.

## Level 2

Level 2 assumes competence at Level 1. The aim is to consolidate the language skills already acquired in Level 1 and to extend them. Use of the past tense allows more scope in speaking. Students will be encouraged to develop writing skills. At the end of Level 2 students should have acquired a basic grammatical knowledge of the language and the confidence to cope in everyday situations.

## Level 3

Level 3 assumes competence at Level 2. Increased accuracy, a wider range of vocabulary, practice in using the past, present and future tenses and a greater understanding of idiomatic expressions combine to give more confidence in speaking. The student will also acquire a greater degree of proficiency in both listening and reading comprehension.

## Level 4

Level 4 assumes competence at Level 3. By the end of Level 4 the student should be able to express themselves in every day situations, in a comprehensible and appropriate form.

## Advanced level

The course is for students with a good knowledge of the language who want to improve on how to express themselves on a wide range of topics. Structures and grammar points will be revised according to need.

## French Conversation

Improve, refresh and practice your spoken French. This class will cover a wide variety of topics and subjects giving the perfect opportunity to try out your language skills!

## Italian Conversation Levels 1/2

For those who have a basic level of Italian. Brush up for your holidays, for revision or just for fun!

## Italian Conversation Levels 3/4

Improve or refresh your spoken Italian and gain insight into the culture and contemporary life of the country!

## Spanish Conversation Levels 1/2

This class will practice conversation on topics which utilise the main tenses (present, past, future, imperfect, conditional, etc). Students will have the opportunity to talk about past events, future plans and daily matters.

## Spanish Conversation Level 3/4

This class will focus on conversation about current affairs issues. Students will be encouraged to express their ideas and opinions on the matters, as well as giving an answer to some of the problems. A wide range of topics will be covered, using a large vocabulary and complex grammatical structures.

Course Title	Course	Day	Time	Start Date	End Date	Wks	Full Fee	Early Bird	Tutor
<b>French 1</b>	MM111	Tues	7.15 - 9.15pm	20-Sep	29-May	27	£210.00	£189.00	E Lemoyne-Gray
<b>French 2</b>	MM102	Wed	7.15 - 9.15pm	21-Sep	30-May	27	£210.00	£189.00	E Lemoyne-Gray
<b>French 4</b>	MM101	Mon	7.15 - 9.15pm	19-Sep	28-May	27	£210.00	£189.00	E Lemoyne-Gray
<b>French Conversation</b>	MM107	Fri	1.00 - 3.00pm	23-Sep	1-Jun	27	£210.00	£189.00	S Matthews
<b>German Advanced</b>	MM100	Mon	10.00 - 12noon	19-Sep	28-May	27	£210.00	£189.00	B Sanctuary
<b>Italian 1</b>	MM103	Mon	12.45 - 2.45pm	19-Sep	28-May	27	£210.00	£189.00	A Pookim
<b>Italian 2</b>	MM110	Thurs	12.30 - 14.30pm	22-Sep	31-May	27	£210.00	£189.00	A Pookim
<b>Italian 4</b>	MM104	Thurs	10.00 - 12noon	22-Sep	31-May	27	£210.00	£189.00	A Pookim
<b>Italian Advanced</b>	MM106	Fri	12.45-2.45pm	23-Sep	1-Jun	27	£210.00	£189.00	A Pookim
<b>Spanish 1</b>	MH111	Tues	12.45 - 2.45pm	20-Sep	29-May	27	£210.00	£189.00	M Garcia Tames
<b>Spanish 2</b>	MM109	Fri	12.45 - 2.45pm	23-Sep	1-Jun	27	£210.00	£189.00	M Garcia Tames
<b>Spanish 4</b>	MM108	Sat	10.00 - 12noon	24-Sep	2-Jun	27	£210.00	£189.00	M Garcia Tames
<b>Spanish Advanced</b>	MM105	Fri	10.00 - 12noon	23-Sep	1-Jun	27	£210.00	£189.00	M Garcia Tames

## SUMMER Term – Conversation Classes

Course Title	Course	Day	Time	Start Date	End Date	Wks	Full Fee	Early Bird	Tutor
<b>Italian Conversation Level 1/2</b>	MM301	Thurs	12.30 - 2.30pm	14-Jun	12-Jul	5	£41.00	£36.90	A Pookim
<b>Italian Conversation Level 3/4</b>	MM302	Fri	12.45 - 2.45pm	15-Jun	13-Jul	5	£41.00	£36.90	A Pookim
<b>Spanish Conversation Level 1/2</b>	MM306	Fri	12.45 - 2.45pm	15-Jun	13-Jul	5	£41.00	£36.90	M Garcia Tames
<b>Spanish Conversation Level 3/4</b>	MM304	Sat	10.00 - 12noon	16-Jun	14-Jul	5	£41.00	£36.90	M Garcia Tames
<b>French Conversation</b>	MM305	Fri	1.00 - 3.00pm	15-Jun	13-Jul	5	£41.00	£36.90	S Matthews



# English As A Foreign Language

## English Courses at the Malden Centre

Would you like to learn English? The Malden Centre has the right course for you!

The Malden Centre offers a range of English language courses for all levels of ability. The teachers are highly qualified and experienced. The classes are friendly and fun. Please come and join us. We look forward to welcoming you.

There are five levels of English language classes available:

Elementary; Intermediate; First Certificate; Advanced; Proficiency.

These classes start in September and finish at the end of May. Each class covers reading, writing, speaking and listening in English. Students have the opportunity to take an exam at the end of the course. The exam is optional. A Pronunciation class is available each term to correct and improve spoken English.

There are three Conversation classes available each term to help build your confidence in speaking everyday English. One class is for Beginners, one for those with some knowledge of English. There is a Conversation class on Saturday morning for those who are unable to come during the week.

Each Summer, from June to early July, we have a special English Summer School, an intensive four week course. There are three levels to choose from. The classes take place three times a week. Please see the brochure for details.

There is a lot to choose from! We look forward to seeing you.

## Pronunciation Class\*

Come and learn the key elements of English pronunciation. In a relaxed environment you will practice all those words that are so difficult to say. The aim of the course is to increase your confidence in using English naturally in a social or work setting, or just for your own enjoyment.

## English Conversation Practice\*

If you already have a basic knowledge of English, this course will help you build up your knowledge of and confidence in English conversation and in speaking English in everyday situations. It will also help you improve your pronunciation and learn a little about English life and culture. It is not necessary to be following another course in English.

## Get by in English Conversation Beginners\*

You speak very little English, but you want to practise and improve. If you also want to be confident that you can speak and understand English in everyday situations and improve your pronunciation, then this class is for you.

## Testing Sessions

To ensure our students are at the correct level, testing sessions will be held at the Malden Centre at 10.00am on the following dates. The crèche is available on weekdays but must be booked in advance. Anyone not able to attend can be tested at another time arranged in advance with the Centre.

### Test Dates:

Sat 16 July 2011

Wed 14 September 2011

Sat 17 September 2011

Wed 14 December 2011

Sat 17 December

Wed 11 January 2012

Sat 14 January 2012

Wed 4 April 2012

Wed 6 June 2012

Sat 9 June 2012

Please note that any of these dates may be subject to change.

Course Title	Course	Day	Time	Start Date	End Date	Wks	Full Fee	Early Bird	Tutor
<b>Elementary</b>	ME100	Mon & Wed	12.45 - 2.45pm	19-Sep	7-Dec	11	192.00	£172.80	J Stenhouse
	ME200	Mon & Wed	12.45 - 2.45pm	16-Jan	28-Mar	10	174.00	£156.60	J Stenhouse
	ME300	Mon & Wed	12.45 - 2.45pm	23-Apr	30-May	6	105.00	£94.50	J Stenhouse
<b>Intermediate</b>	ME102	Tues & Fri	10.00 - 12noon	20-Sep	9-Dec	11	192.00	£172.80	J Stenhouse
	ME202	Tues & Fri	10.00 - 12noon	17-Jan	30-Mar	10	174.00	£156.60	J Stenhouse
	ME302	Tues & Fri	10.00 - 12noon	24-Apr	1-Jun	6	105.00	£94.50	J Stenhouse
<b>First Certificate</b>	ME103	Tues & Fri	10.00 - 12noon	20-Sep	9-Dec	11	192.00	£172.80	Teresa Ewers
	ME203	Tues & Fri	10.00 - 12noon	17-Jan	30-Mar	10	174.00	£156.60	Teresa Ewers
	ME303	Tues & Fri	10.00 - 12noon	24-Apr	1-Jun	6	105.00	£94.50	Teresa Ewers
<b>Advanced</b>	ME104	Tues & Fri	12.45 - 2.45pm	20-Sep	9-Dec	11	192.00	£172.80	K Grant
	ME204	Tues & Fri	12.45 - 2.45pm	17-Jan	30-Mar	10	174.00	£156.60	K Grant
	ME304	Tues & Fri	12.45 - 2.45pm	24-Apr	1-Jun	6	105.00	£94.50	K Grant
<b>Proficiency</b>	ME105	Wed & Fri	10.00 - 12noon	21-Sep	9-Dec	11	192.00	£172.80	K Grant
	ME205	Wed & Fri	10.00 - 12noon	18-Jan	30-Mar	10	174.00	£156.60	K Grant
	ME305	Wed & Fri	10.00 - 12noon	25-Apr	1-Jun	6	105.00	£94.50	K Grant
<b>Pronunciation Class*</b>	ME101	Mon	11.00 - 12.30pm	19-Sep	5-Dec	11	£80.00	£72.00	T Ewers
	ME201	Mon	11.00 - 12.30pm	16-Jan	26-Mar	10	£72.00	£64.80	T Ewers
	ME301	Mon	11.00 - 12.30pm	23-Apr	9-Jul	10	£72.00	£64.80	T Ewers
<b>English Conversation Practice*</b>	ME106	Wed	10.00 - 12noon	21-Sep	7-Dec	11	£96.00	£86.40	J Stenhouse
	ME206	Wed	10.00 - 12noon	18-Jan	28-Mar	10	£87.00	£78.30	J Stenhouse
	ME306	Wed	10.00 - 12noon	25-Apr	4-Jul	10	£87.00	£78.30	J Stenhouse
<b>English Conversation Practice*</b>	ME108	Sat	11.00 - 12.30pm	24-Sep	10-Dec	11	£96.00	£86.40	J Stenhouse
	ME208	Sat	11.00 - 12.30pm	21-Jan	31-Mar	10	£87.00	£78.30	J Stenhouse
	ME308	Sat	11.00 - 12.30pm	28-Apr	7-Jul	10	£87.00	£78.30	J Stenhouse
<b>Get By in English Conversation (Beginners)*</b>	ME107	Tues	12.45 - 2.45pm	20-Sep	6-Dec	11	£96.00	£86.40	J Stenhouse
	ME207	Tues	12.45 - 2.45pm	17-Jan	27-Mar	10	£87.00	£78.30	J Stenhouse
	ME307	Tues	12.45 - 2.45pm	24-Apr	3-Jul	10	£87.00	£78.30	J Stenhouse

## SUMMER SCHOOLS

Course Title	Course	Day	Time	Start Date	End Date	Wks	Full Fee	Early Bird	Tutor
<b>Elementary</b>	ME309	Mon, Tues, Fri	10.00 - 12noon	11-Jun	6-Jul	4	130.00	£117.00	J Stenhouse
<b>Intermediate / First Certificate</b>	ME310	Tues, Thurs, Fri	10.00 - 12noon	12-Jun	6-Jul	4	130.00	£117.00	T Ewers
<b>Advanced / Proficiency</b>	ME311	Tues, Wed, Fri	10.00 - 12noon	12-Jun	6-Jul	4	130.00	£117.00	K Grant





# Pottery Courses

Our classes are for students of all abilities, including beginners, and take place in a well-equipped studio using earthenware and stoneware clays. A small charge is made to cover the cost of materials and firings. It is advisable to bring a PVC apron and wear old clothes!

## £5 Pottery Taster Class

Ever wondered what a pottery class is like? Well, now is your chance to find out! Join our Head of Pottery, Elena, for this one off evening and try getting your hands dirty! A nominal fee will be payable if you wish us to finish and glaze any items you make during the session.

## Beginners & Improvers

All methods covered from pinching, coiling, moulding and slabbing to throwing as you progress. Decoration with slips and glazes is introduced so all abilities welcome.

## Clay Modelling

Clay pottery techniques are used to make hollow models suitable for firing. The class concentrates on clay modelling techniques. Use of slips and glazes are covered. Beginners Welcome!

## Junior Beginners & Improvers

Learn and enjoy working with clay. Children will make pots by hand-building methods before learning to work on the wheel. Decorating with slips and glazes will also be covered. A small charge is made to cover the cost of materials and firings. Numbers are limited, so book early.

## Pottery for Adults with Children (6yrs+)

A chance for adults as well as those accompanying children to try working with clay. Beginners can make hand-built pots or models while the experienced potters can work on the wheel. All work can be glazed. An adult must accompany children, who must be over 6 years.

Course Title	Course	Day	Time	Start Date	End Date	Wks	Full Fee	Early Bird	Tutor
<b>£5 Pottery Taster Class</b>	MC164	Mon	7.00 - 9.00pm	12-Sep	n/a	1	£5.00	n/a	E Blunsum
	MC264	Mon	7.00 - 9.00pm	9-Jan	n/a	1	£5.00	n/a	E Blunsum
	MC364	Mon	7.00 - 9.00pm	16-Apr	n/a	1	£5.00	n/a	E Blunsum
<b>Beginners &amp; Improvers</b>	MC150	Mon	9.45 - 12.15pm	19-Sep	5-Dec	11	£96.00	£86.40	E Blunsum
	MC250	Mon	9.45 - 12.15pm	16-Jan	26-Mar	10	£87.00	£78.30	E Blunsum
	MC350	Mon	9.45 - 12.15pm	23-Apr	9-Jul	10	£87.00	£78.30	E Blunsum
<b>Beginners &amp; Improvers</b>	MC151	Mon	7.00 - 9.30pm	19-Sep	5-Dec	11	£96.00	£86.40	E Blunsum
	MC251	Mon	7.00 - 9.30pm	16-Jan	26-Mar	10	£87.00	£78.30	E Blunsum
	MC351	Mon	7.00 - 9.30pm	23-Apr	9-Jul	10	£87.00	£78.30	E Blunsum
<b>Beginners &amp; Improvers</b>	MC153	Tue	7.00 - 9.30pm	20-Sep	6-Dec	11	£96.00	£86.40	S Rosemeyer
	MC253	Tue	7.00 - 9.30pm	17-Jan	27-Mar	10	£87.00	£78.30	S Rosemeyer
	MC353	Tue	7.00 - 9.30pm	24-Apr	3-Jul	10	£87.00	£78.30	S Rosemeyer
<b>Beginners &amp; Improvers</b>	MC155	Thurs	7.00 - 9.30pm	22-Sep	8-Dec	11	£96.00	£86.40	S Rosemeyer
	MC255	Thurs	7.00 - 9.30pm	19-Jan	29-Mar	10	£87.00	£78.30	S Rosemeyer
	MC355	Thurs	7.00 - 9.30pm	26-Apr	5-Jul	10	£87.00	£78.30	S Rosemeyer
<b>Beginners &amp; Improvers</b>	MC156	Fri	9.45 - 12.15pm	23-Sep	9-Dec	11	£96.00	£86.40	E Blunsum
	MC256	Fri	9.45 - 12.15pm	20-Jan	30-Mar	10	£87.00	£78.30	E Blunsum
	MC356	Fri	9.45 - 12.15pm	27-Apr	6-Jul	10	£87.00	£78.30	E Blunsum

Course Title	Course	Day	Time	Start Date	End Date	Wks	Full Fee	Early Bird	Tutor
<b>Clay Modelling</b>	MC154	Thurs	9.45 - 12.15pm	22-Sep	8-Dec	11	£96.00	£86.40	E Bellenger
	MC254	Thurs	9.45 - 12.15pm	19-Jan	29-Mar	10	£87.00	£78.30	E Bellenger
	MC354	Thurs	9.45 - 12.15pm	26-Apr	5-Jul	10	£87.00	£78.30	E Bellenger
<b>Junior Beginners &amp; Improvers</b>	MC161	Mon	4.15 - 5.45pm	19-Sep	17-Oct	5	£45.00	£40.50	T Eastman
	MC162	Mon	4.15 - 5.45pm	31-Oct	28-Nov	5	£45.00	£40.50	T Eastman
	MC261	Mon	4.15 - 5.45pm	9-Jan	6-Feb	5	£45.00	£40.50	T Eastman
	MC262	Mon	4.15 - 5.45pm	20-Feb	19-Mar	5	£45.00	£40.50	T Eastman
	MC361	Mon	4.15 - 5.45pm	23-Apr	28-May	5	£45.00	£40.50	T Eastman
	MC362	Mon	4.15 - 5.45pm	11-Jun	9-Jul	5	£45.00	£40.50	T Eastman
<b>Junior Beginners &amp; Improvers</b>	MC152	Tue	4.15 - 5.45pm	20-Sep	18-Oct	5	£45.00	£40.50	S Rosemeyer
	MC159	Tue	4.15 - 5.45pm	1-Nov	29-Nov	5	£45.00	£40.50	S Rosemeyer
	MC252	Tue	4.15 - 5.45pm	10-Jan	7-Feb	5	£45.00	£40.50	S Rosemeyer
	MC259	Tue	4.15 - 5.45pm	21-Feb	20-Mar	5	£45.00	£40.50	S Rosemeyer
	MC352	Tue	4.15 - 5.45pm	24-Apr	22-May	5	£45.00	£40.50	S Rosemeyer
	MC359	Tue	4.15 - 5.45pm	12-Jun	10-Jul	5	£45.00	£40.50	S Rosemeyer
<b>Pottery for Adults with Children (6yrs+)</b>	MC157	Sat	10.00 - 12noon	24-Sep	22-Oct	5	£47.50 Adult/ £18.00 Child	£42.75 Adult/ £16.20 Child	S Rosemeyer
	MC163	Sat	10.00 - 12noon	5-Nov	3-Dec	5	£47.50 Adult/ £18.00 Child	£42.75 Adult/ £16.20 Child	S Rosemeyer
	MC257	Sat	10.00 - 12noon	14-Jan	11-Feb	5	£47.50 Adult/ £18.00 Child	£42.75 Adult/ £16.20 Child	S Rosemeyer
	MC263	Sat	10.00 - 12noon	25-Feb	24-Mar	5	£47.50 Adult/ £18.00 Child	£42.75 Adult/ £16.20 Child	S Rosemeyer
	MC357	Sat	10.00 - 12noon	28-Apr	26-May	5	£47.50 Adult/ £18.00 Child	£42.75 Adult/ £16.20 Child	S Rosemeyer
	MC363	Sat	10.00 - 12noon	16-Jun	14-Jul	5	£47.50 Adult/ £18.00 Child	£42.75 Adult/ £16.20 Child	S Rosemeyer
<b>Pottery for Adults with Children (6yrs+)</b>	MC158	Sat	1.00 - 3.00pm	24-Sep	22-Oct	5	£47.50 Adult/ £18.00 Child	£42.75 Adult/ £16.20 Child	S Rosemeyer
	MC160	Sat	1.00 - 3.00pm	5-Nov	3-Dec	5	£47.50 Adult/ £18.00 Child	£42.75 Adult/ £16.20 Child	S Rosemeyer
	MC258	Sat	1.00 - 3.00pm	14-Jan	11-Feb	5	£47.50 Adult/ £18.00 Child	£42.75 Adult/ £16.20 Child	S Rosemeyer
	MC260	Sat	1.00 - 3.00pm	25-Feb	24-Mar	5	£47.50 Adult/ £18.00 Child	£42.75 Adult/ £16.20 Child	S Rosemeyer
	MC358	Sat	1.00 - 3.00pm	28-Apr	26-May	5	£47.50 Adult/ £18.00 Child	£42.75 Adult/ £16.20 Child	S Rosemeyer
	MC360	Sat	1.00 - 3.00pm	16-Jun	14-Jul	5	£47.50 Adult/ £18.00 Child	£42.75 Adult/ £16.20 Child	S Rosemeyer





# Horticulture, Craft & Textiles

We offer a wide range of traditional courses covering a number of crafts. New for this year are our "Grow Your Own" classes, including Soft Fruits and even Veg on your Patio! Come along to our Mixed Bag of Crafts class and experience some crafts from years gone by such as decoupage and toll painting.

## A Mixed Bag of Crafts

During this course we will be taking our time to complete a thrilling number of crafts, which will include the art of decoupage, dough modelling, paint effects on furniture, toll painting and many, many more traditional skills. Joanna is well known for being "crafty" and in addition to publishing several books on crafts, has regularly appeared on television and contributed craft articles to magazines. She is very happy for each student to work at their own pace and in their own style and hopes, that while you are creating something beautiful for your home, you will also enjoy a relaxed and supportive atmosphere.

## Scrap Booking

Have you ever wondered what to do with all those lovely family pictures you have laying around? There's no better way to preserve your fondest memories than with scrapbooking! Scrapbooking 101 is an exciting two day course which gives you the opportunity to create beautiful memory books using techniques like: stamping, creative cutting, quilling and embellishing. You don't have to be artistic, just come with lots of enthusiasm, family photos and you will be surprised what you will leave with. Tools and materials will be provided.

## Calligraphy

For beginners and those with previous experience, offering a choice of calligraphic scripts to learn and use. All guides provided. Equipment available from tutor

## Patchwork & Quilting

Take a comprehensive look at the skills of patchwork, appliqué and hand quilting. Make a quilt and perhaps another and another – it's addictive! All levels welcome.

## Making Clothes

This course is designed for students to use commercial patterns and adapt them to fit. All the basic techniques of dressmaking are taught with students being given some individual attention. If you are a beginner then the first class should be used for consulting the tutor on choice of pattern, fabric and equipment needed.

## £5 Knitting Taster

Learn the basic knitting techniques including knit stitch & binding off. Find out how to choose needles & yarn and basic pattern abbreviations. A taster session for the Introduction to Knitting course.

## Knitting Workshop

Learn the basic knitting techniques including cast on, knit and pearl stitches, increase & decrease and binding off as well as learning how to read a pattern, creating your own designs and the importance of tension swatches!

## Grow Your Own – A £5 Taster

Have a go at growing your own salad bowl. Try something new and very much alive, get a glimpse of how to grow your own plants. In this taster session you will have a chance to learn a few basic horticultural practices, and you will take home a pot of potential salad! All levels welcome.

## Grow Your Own – A Workshop

Why buy plants when you can grow your own. Learn what is required for successfully growing your own flowers, vegetables and fruit from seed or cuttings. When do plants need your help and how can you help them? Enjoy your garden to its fullest. During these sessions there will be time to get your garden questions discussed. All levels welcome.

## How to Grow Soft Fruits

Strawberries, blueberries, raspberries, black, red and white currants all fresh and in their prime and best of all, home grown! You can do this and I will show you how to get started. All levels welcome.

## Vegetables on Your Patio!

Lots of pots of the freshest of vegetables. How you can achieve a steady flow of fresh vegetables by growing them in pots right outside your back door on your patio. All levels welcome.

## £5 Flower Arranging Taster

Have you ever wondered how to make those lovely flower arrangements? Well, here's your chance to do a quick taster session and get a practical insight. In this one evening session you will have the chance to learn some of the essential techniques and come away with your own floral arrangement to take home. A list of flowers and material required will be provided in advance of the session.

## Flower Arranging

Simple ideas for a variety of occasions, dinner parties, presents etc. Suitable for beginners to intermediates. Students will need to bring their own equipment, flowers etc. The first class will be a demonstration and will cover technique and advice on choice of materials. A list of requirements for future sessions will be handed out at the first class

## Flower Arranging Workshop

Come along to our morning Workshop and learn how to make some beautiful seasonal floral arrangements. A list of flowers and materials required will be provided in advance of each session.

## Flower Arranging – Christmas Wreaths

Come and learn how to make an eye-catching fresh festive door wreath and Christmase table centre, using seasonal foliage, flowers, cones, baubles... A list of flowers and materials required will be provided in advance of each session.

## Flower Arranging – Celebrate Spring

Come along and learn how to make some seasonal floral arrangements incorporating many of the lovely spring plants and blooms.

## Flower Arranging – Contemporary Arrangements

Stunning floral arrangements with a modern contemporary twist! Tutor Janine will show how to create them for yourself. From a box arrangement to a deceptively easy pavé design – you'll be amazed at what you can do.

## Wedding Flowers

Do you have a wedding coming up or are you just interested in learning more about wedding flowers? In this 3 hour session you will get an insight into the design, creation and choice of seasonal floral wedding arrangements both for the table and hand tied. The language of flowers and their colours will also be explained. You will also go away with a wedding table arrangement of your own. All materials for this class will be provided.

Course Title	Course	Day	Time	Start Date	End Date	Wks	Full Fee	Early Bird	Tutor
A Mixed Bag of Crafts	MC111	Thurs	1.00 - 3.00pm	22-Sep	8-Dec	11	£80.00	£72.00	J Jones
	MC211	Thurs	1.00 - 3.00pm	19-Jan	29-Mar	10	£72.00	£64.80	J Jones
	MC311	Thurs	1.00 - 3.00pm	26-Apr	5-Jul	10	£72.00	£64.80	J Jones
Scrap Booking (2 mornings)	MC212	Sat	10.00 - 12.30pm	19-May	26-May	2	£32.00	£28.80	J Adedeji
Calligraphy	MC104	Wed	1.00 - 3.00pm	21-Sep	7-Dec	11	£80.00	£72.00	R Fuller
	MC204	Wed	1.00 - 3.00pm	18-Jan	28-Mar	10	£72.00	£64.80	R Fuller
	MC304	Wed	1.00 - 3.00pm	25-Apr	4-Jul	10	£72.00	£64.80	R Fuller
Patchwork & Quilting	MC100	Mon	10.00 - 12.30pm	19-Sep	5-Dec	11	£96.00	£86.40	C Hoskyn
	MC200	Mon	10.00 - 12.30pm	16-Jan	26-Mar	10	£87.00	£78.30	C Hoskyn
	MC300	Mon	10.00 - 12.30pm	23-Apr	9-Jul	10	£87.00	£78.30	C Hoskyn
Making Clothes	MC102	Wed	9.30 - 12noon	21-Sep	7-Dec	11	£96.00	£86.40	P Wardley
	MC202	Wed	9.30 - 12noon	18-Jan	28-Mar	10	£87.00	£78.30	P Wardley
	MC302	Wed	9.30 - 12noon	25-Apr	4-Jul	10	£87.00	£78.30	P Wardley
£5 Knitting Taster	MC109	Sat	10.00 - 12.00noon	17-Sep	n/a	1	5.00	£5.00	S Hearty
	MC209	Sat	10.00 - 12.00noon	14-Jan	n/a	1	5.00	£5.00	S Hearty
Knitting Workshop	MC101	Sat	10.00 - 12.00noon	24-Sep	10-Dec	11	£80.00	£72.00	S Hearty
	MC201	Sat	10.00 - 12.00noon	21-Jan	31-Mar	10	£72.00	£64.80	S Hearty
Grow Your Own - A £5 Taster	MC120	Mon	1.00 - 2.30pm	12-Sep	n/a	1	5.00	n/a	J Mortimer
Grow Your Own - A Workshop	MC121	Mon	1.00 - 2.30pm	19-Sep	5-Dec	11	66.00	£59.40	J Mortimer
How to grow Soft Fruits	MC222	Sat	10.00 - 1.00pm	21-Jan	n/a	1	18.00	£16.20	J Mortimer
Vegetables on your Patio!	MC223	Sat	10.00 - 1.00pm	3-Mar	n/a	1	18.00	£16.20	J Mortimer
£5 Flower Arranging Taster	MC106	Tues	7.00 - 9.00pm	13-Sep	n/a	1	£5.00	n/a	J Goddard
	MC206	Tues	7.00 - 9.00pm	10-Jan	n/a	1	£5.00	n/a	J Goddard
	MC306	Tues	7.00 - 9.00pm	17-Apr	n/a	1	£5.00	n/a	J Goddard
Flower Arranging	MC105	Fri	10.00 - 12noon	23-Sep	9-Dec	11	£80.00	£72.00	J Goddard
	MC205	Fri	10.00 - 12noon	20-Jan	30-Mar	10	£72.00	£64.80	J Goddard
	MC305	Fri	10.00 - 12noon	27-Apr	6-Jul	10	£72.00	£64.80	J Goddard
Flower Arranging Workshop	MC108	Sat	10.00 - 1.00pm	15-Oct	n/a	1	£18.00	£16.20	J Goddard
	MC208	Sat	10.00 - 1.00pm	4-Feb	n/a	1	£18.00	£16.20	J Goddard
	MC308	Sat	10.00 - 1.00pm	5-May	n/a	1	£18.00	£16.20	J Goddard
Flower Arranging - Christmas Wreaths	MC107	Sat	10.00 - 1.00pm	17-Dec	n/a	1	£18.00	£16.20	J Goddard
Flower Arranging - Celebrate Spring	MC207	Sat	10.00 - 1.00pm	31-Mar	n/a	1	£18.00	£16.20	J Goddard
Flower Arranging - Contemporary Arrangements	MC307	Sat	10.00 - 1.00pm	26-Jun	n/a	1	£18.00	£16.20	J Goddard
Wedding Flowers	MC210	Sat	10.00 - 1.00pm	21-Apr	n/a	1	£18.00	£16.20	J Goddard

# General Courses

Something for everyone including fascinating archaeological insights, local history, spiritual learning, first aid, writing and colour confidence! Our Drama Workshop is new and gives adults a chance to have a go at acting through working towards an end of term staged performance.

## Surrey History

A detailed course covering the history of the local Surrey area. Historical content is different each term and comprises both classroom based lectures with slides and notes, plus at least 2 fascinating local site visits per term.

In the Autumn the focus is on the life of Oliver Cromwell, covering the fate of the royal palaces of Hampton Court, Nonsuch and Oatlands

The Spring term covers such topics as the Wey Navigation and William Mullins, who sailed to the New World in the Mayflower.

The Summer term continues with the period of Charles II and includes visits to the village of Shamley Green and Woking Palace - which was restored by Henry VII and used by all the Tudor monarchs.

## Meditation & Spiritual Development

These classes will help you to connect more with yourself and your direction, ultimately leading to clearer thought and concentration. Psychological and physiological benefit: improved sleep, calmer state of being, more control over unwanted emotions and a greater connection to spirituality.

## Diploma in Crystal Healing

This is an exciting and very fulfilling class for people who love crystals and who want to be able to use them in a healing capacity. It stands alone as a therapy in its' own right, but it is also a very useful addition to those who are already working in the healing field. This is one of the beautifully, spiritual Hedgerow Healers' Courses, all of which are accredited by The

Holistic Healers Association. It is a 3 term diploma course and it does qualify you to work as a crystal healer in the community. There will be a one off, additional fee of approximately £70. This is payable to your tutor, at any time during the first term and covers your probationary insurance, manual and registration fee to the association.

## Certificate in Spiritual Healing

This is a life enhancing course which also qualifies you to become a healer in the community. It is accredited by the Holistic Healers Association who are one of the most respected bodies in the spiritual healing world. It is a three term certificated course. There will be a one off, additional fee of approximately £70. This is payable to your tutor, at any time during the first term and covers your probationary insurance, manual and registration fee to the association.

## Art & Crafts in the Ancient World

An introduction to a selection of forms, techniques and masterpieces of ancient art and craft as revealed by archaeology. Topics will include the human and animal forms, pattern and decoration, metalworking, ceramics, textiles, bone and wood working. The course will also briefly look at the cultures and places that produced these masterpieces of ancient beauty and skill.

## Ancient Boats & Ships

Most people in our island nation are fascinated by the sea and ships! In this course, the origin of

boats will be investigated, and the development of different types of craft traced in Britain and Europe, from the Dover Boat to HMS Victory. We will also look at boat building traditions from other parts of the world, including ancient Egypt, Greece, China and the New World.

## Ancient Childhoods

What was life like for children in the past? How were they nurtured, educated and raised? What toys did they have? The course will also look at the role of children in ancient religious beliefs, children as workers in ancient societies, and the way societies coped with the loss of children.

## Bottoms Up! The History and Archaeology of Alcohol

Who first invented booze? In this course, we shall try to trace the origins of wine, beer, mead and other alcoholic drinks, and visit a number of pubs and bars in ancient societies. We shall look at ancient drinking vessels, drinking customs, and official attitudes to drinking! Cheers!

## The Titanic - 100 years on

It is 100 years since that fateful night when the ocean swallowed up the Titanic, her passengers and crew. Come to this one day talk and get a greater insight into one of the biggest maritime disasters of all time.

## Creative Writing

A friendly, relaxed class, for those who have always wondered whether they had a book or a few poems in them. You may be a complete beginner, or you may have been too self-conscious to show anyone anything. Everyone's in the same boat in a writers' class - and everyone encourages everyone else. Some people from the previous year may continue to attend this class, as it's a supportive group. We have a go at whatever forms interest people - short stories, poetry, plays. Pointers will be given about construction, characterisation, atmosphere, etc., and criticism is positive but honest. Bring a pen, paper, and, if you want to, something you've written at home.

## Writing Children's Fiction Workshop

A class that deals with the basics of writing fiction for children - plot, characterisation, atmosphere etc., putting some of it into practice with a few writing exercises. We'll explore the elements that made certain books memorable when we were children ourselves. We'll discuss targeting age-groups, markets, the presentation of manuscripts and the relevance of illustrations. This is a class for anyone who has ever considered writing for children - both those who have tried, and those who have no experience whatsoever. Liz Newman, writes as Elizabeth Kay - have a look at her website: [www.elizabethkay.co.uk](http://www.elizabethkay.co.uk)

## Write your Autobiography

This is a one-day course for people who've always thought about putting their life story down on paper, but have never got round to it. It may be that your children or your grandchildren have asked you about your life before they came along. It may be that you've had some unusual experiences, that

you feel would interest a wider audience. This is how to get started, keep going, and draw it to a satisfying conclusion...

## Travel Writing Workshop

Whether you just want to keep a travel diary, try your hand at a travel article, or go the whole hog and write a book, this day-long course will give you some pointers. Bring a pen, paper, and, if you have any, some photographs you've taken on previous travels - even if it's no further than Dorking! The tutor has travelled extensively, most recently to Mongolia and Galapagos, and uses the material she's gathered on the way in her books.

## Drama Workshop

Drama workshops will include 'scene study' i.e. taking a scene from a play or film, developing the characters within the context of the whole play/film and working towards a staged performance, 'improvisation' which is great for developing the imagination, and 'audition technique' - choice of audition speeches and sight-reading.

## Interior Design Taster

A stimulating and practical taster that introduces the process of creating a design for an interior room. Learn how to source ideas and work with mind maps to explore how words can convey mood and ambiance. We will touch on colour theory and look at how colours affect our lives and shape the space we live in. Learn how to use different design elements then experiment with layouts of images, fabric and other textures and use to produce a mood board. There will be a nominal fee to cover basic materials.

## First Aid - Basic Life Support

Would you know what to do if someone stopped breathing? Basic life support saves lives, and we can all do it. This 3 hour course teaches you how to assess an unconscious casualty, and to perform CPR on an adult, child and baby, in accordance with the latest resuscitation guidelines. A small certificate fee is required following successful completion of the course.

## Children's First Aid for Parents and Carers

A 6 week practical paediatric first aid course which covers a number of topics, including casualty assessment and CPR, as well as the management of bleeding, burns, fractures and much more. This course meets the requirements for registration as a Child Worker, but is also suitable for parents or anyone with the responsibility of child safety. Following successful completion of the course, candidates receive an approved certificate which is valid for 3 years. There will be a small fee for the certificate following completion of the course.

## Colour Me Beautiful

Find out the kind of shades that suit you and enjoy Colour Confidence. Taught by our Colour Me Beautiful Consultant.

## Colour me Slimmer

Discover how the right colour combinations and clever dressing make for a fabulous figure. Taught by our Colour Me Beautiful Consultant.

Course Title	Course	Day	Time	Start Date	End Date	Wks	Full Fee	Early Bird	Tutor
<b>Surrey History</b>	ML100	Mon	1.30 - 3.30pm	19-Sep	5-Dec	11	£80.00	£72.00	J Malyon
	ML200	Mon	1.30 - 3.30pm	16-Jan	26-Mar	10	£72.00	£64.80	J Malyon
	ML300	Mon	1.30 - 3.30pm	23-Apr	9-Jul	5	£37.00	£33.30	J Malyon
<b>Diploma in Crystal Healing (3 term course)</b>	MP100	Mon	10.00 - 12noon	19-Sep	5-Dec	11	£80.00	£72.00	J Jones
	MP200	Mon	10.00 - 12noon	16-Jan	26-Mar	10	£72.00	£64.80	J Jones
	MP300	Mon	10.00 - 12noon	23-Apr	9-Jul	10	£72.00	£64.80	J Jones
<b>Certificate in Spiritual Healing (3 term course)</b>	MP101	Mon	12.45 - 2.45pm	19-Sep	5-Dec	11	£80.00	£72.00	J Jones
	MP201	Mon	12.45 - 2.45pm	16-Jan	26-Mar	10	£72.00	£64.80	J Jones
	MP301	Mon	12.45 - 2.45pm	23-Apr	9-Jul	10	£72.00	£64.80	J Jones
<b>Meditation and Spiritual Development</b>	MP107	Wed	7.00 - 9.00pm	21-Sep	7-Dec	11	£80.00	£72.00	J Jones
	MP207	Wed	7.00 - 9.00pm	18-Jan	28-Mar	10	£72.00	£64.80	J Jones
	MP307	Wed	7.00 - 9.00pm	25-Apr	4-Jul	10	£72.00	£64.80	J Jones
<b>Art &amp; Crafts in the Ancient World</b>	ML104	Wed	10.30 - 12.30pm	21-Sep	7-Dec	11	£80.00	£72.00	J Wileman
<b>Ancient Boats &amp; Ships</b>	ML204	Wed	10.30 - 12.30pm	18-Jan	28-Mar	10	£72.00	£64.80	J Wileman
<b>Ancient Childhoods</b>	ML304	Wed	10.30 - 12.30pm	25-Apr	23-May	5	£36.00	£32.40	J Wileman
<b>Bottoms Up! The History and Archaeology of Alcohol</b>	ML301	Wed	10.30 - 12.30pm	13-Jun	11-Jul	5	£36.00	£32.40	J Wileman
<b>The Titanic - 100 years on</b>	ML203	Sat	10.00 - 4.00pm	14-Apr	14-Apr	1	£30.00	£27.00	tbc
<b>Creative Writing</b>	ML102	Thurs	1.00 - 3.00pm	22-Sep	8-Dec	11	£80.00	£72.00	E Newman
	ML202	Thurs	1.00 - 3.00pm	19-Jan	29-Mar	10	£72.00	£64.80	E Newman
	ML302	Thurs	1.00 - 3.00pm	26-Apr	5-Jul	10	£72.00	£64.80	E Newman
<b>Writing Children's Fiction Workshop</b>	ML106	Sun	10.00 - 4.00pm	27-Nov	n/a	1	£25.50	£22.95	E Newman
<b>Write your Autobiography</b>	ML206	Sun	10.00 - 4.00pm	5-Feb	n/a	1	£25.50	£22.95	E Newman
<b>Travel Writing Workshop</b>	ML306	Sun	10.00 - 4.00pm	27-May	n/a	1	£25.50	£22.95	E Newman
<b>Drama Workshop</b>	MP108	Mon	7.00 - 9.00pm	19-Sep	5-Dec	11	£80.00	£72.00	M Zolinsky
	MP208	Mon	7.00 - 9.00pm	16-Jan	26-Mar	10	£72.00	£64.80	M Zolinsky
	MP308	Mon	7.00 - 9.00pm	23-Apr	9-Jul	10	£72.00	£64.80	M Zolinsky
<b>Interior Design Taster</b>	MP112	Sat	10.00 - 13.00pm	10-Dec	n/a	1	£18.00	£16.20	J Mabbutt
	MP212	Sat	10.00 - 13.00pm	31-Mar	n/a	1	£18.00	£16.20	J Mabbutt
	MP312	Sat	10.00 - 13.00pm	2-Jun	n/a	1	£18.00	£16.20	J Mabbutt
<b>First Aid - Basic Life Support Workshop</b>	MP110	Sat	10.00 - 1.00pm	1-Oct	n/a	1	£18.00	£16.20	S Rahman
	MP210	Sat	10.00 - 1.00pm	12-May	n/a	1	£18.00	£16.20	S Rahman
<b>Childrens First Aid for Parents and Carers</b>	MP111	Tues	7.30 - 9.30pm	01-Nov	06-Dec	6	£72.00	£64.80	S Rahman
	MP311	Tues	7.30 - 9.30pm	12-Jun	17-Jul	6	£72.00	£64.80	S Rahman
<b>Colour Me Beautiful</b>	MP102	Tues	7.30 - 9.30pm	11-Oct	n/a	1	£15.50	£13.95	M Watson
	MP202	Tues	7.30 - 9.30pm	31-Jan	n/a	1	£15.50	£13.95	M Watson
	MP302	Tues	7.30 - 9.30pm	22-May	n/a	1	£15.50	£13.95	M Watson
<b>Colour Me Slimmer</b>	MP105	Tues	7.30 - 9.30pm	22-Nov	n/a	1	£15.50	£13.95	M Watson
	MP205	Tues	7.30 - 9.30pm	20-Mar	n/a	1	£15.50	£13.95	M Watson
	MP305	Tues	7.30 - 9.30pm	19-Jun	n/a	1	£15.50	£13.95	M Watson



# Art Courses

**General classes cater for everyone. Please note, students are responsible for providing their own art materials. A sheet of white cartridge paper and a soft pencil should get you through the first lesson. In some cases a small additional fee will be charged for the model, payable to the tutor.\***

## Portrait Drawing & Painting\*

This course is for all levels, from beginner to experienced. The classes consist of building a portrait through keen observation, constructing the forms of the head, neck and shoulders within the disciplines of line, tone, shapes and colour.

## I Wish I Could Draw\*

Students will be taught observational drawing (how to draw what you see) and progress to using their imagination and experimenting with a variety of drawing materials.

## Drawing & Watercolour Beginners

A general class to give an introduction to the basic aspects of drawing and painting. Guidance on how to draw and where to start with watercolour painting.

## Watercolour Workshop

Using a variety of subjects (mainly landscapes and still life), learn drawing and watercolour techniques. How to apply colour washes, tone and colour. Suitable for all levels.

## Develop your Watercolours

A stage beyond beginners. Now you know the materials, you know the basics. Learn to refine and develop your techniques with emphasis on colour and atmosphere in landscape and still life subjects.

## General Drawing & Painting

Any medium – oil, watercolour, pastel, pencil, pen and wash. Any subject, instruction on perspective, colour theory and composition.

## Oil Painting

This course is structured to incorporate the different styles and techniques used by the masters. Subject matter includes still life and flowers or whatever the student brings with them. Individuality is encouraged and students can pursue their own work if they wish. All abilities are welcome, please bring a pencil and paper to the first class. The following programme matter will be covered across the 3 terms:

In the Autumn we will be concentrating on painting still life objects (i.e. fruit, vegetables, shells etc).

In the Spring term we will be exploring the techniques of painters; i.e. Constable / Monet / Seurat / Matisse / Picasso / Piper or an artist of your choice. The tutor will be showing examples of artists' work throughout the term.

Finally in the Summer the theme for the oil painting class will be flower and landscape painting. Please bring flowers/leaves and drawing materials to the first class.

## Painting with Acrylics

This is a new and exciting course suitable for beginners as well as the more advanced student, who wishes to learn how to use the relatively new medium of acrylic paint. In application acrylics always fell between watercolours and oils, but over the years, as paint manufacturers have developed new additives and innovations, it has now become a highly desirable medium to work in and ranks with the best in both fields. So come and give this very versatile medium a try and rejoice in the fact that your painting will always be dry enough to take home!!

## Life Drawing & Painting\*

Working from a model, try a variety of innovative approaches aimed at improving observational skills and extending knowledge of techniques. There will be a range of long & short poses. \*A small additional fee will be charged for the model, payable to the tutor.

## Open Art (Untutored)

Offering students the opportunity to pursue their own interests in this non tutored session.

\*A small additional fee will be charged for the model, payable to the tutor.

## Saturday Watercolour Workshop

This is a very stimulating, but also very friendly class that, invites all levels of expertise from beginners onwards. During the year we attempt to cover whole range of subjects from still life and portraiture in the studio, to landscape painting, which we try to arrange out of doors, (weather permitting).

It is an ideal class for those who want to enjoy this lovely medium, but who just don't have the time during the week.

## Nature Studies Art Class

Learn how to get the effects you want for plants, animals or natural objects such as shells or fossils in either watercolour or pastels. Liz Newman, AKA Elizabeth Kay, has illustrated natural history books in both pencil and watercolour. Have a look at her website to see some of her own work. [www.elizabethkay.co.uk](http://www.elizabethkay.co.uk)

## Spring Flowers Art Class

A chance to spend a relaxing Sunday afternoon doing some flower painting in watercolour. Bring in a few blooms or a pot plant, and your watercolour equipment. There will be advice and demonstrations where needed, and experimentation is encouraged.

## Beetles, Bugs & Butterflies Art Class

An afternoon spent drawing or painting insects. Liz Newman has illustrated natural history books in both pencil and watercolour. Bring in

photographs – or specimens, if you have them! A magnifying glass or hand lens may also be useful. Insects come in every colour and shape imaginable, and watercolourists will find themselves using a wide variety of techniques. It's not as difficult as you might imagine – insects are segmented, so they can be tackled a bit at a time.

Course Title	Course	Day	Time	Start Date	End Date	Wks	Full Fee	Early Bird	Tutor
<b>Portrait Drawing &amp; Painting*</b>	MA100	Mon	10.00 - 12.30pm	19-Sep	5-Dec	11	£96.00	£86.40	M Collins
	MA200	Mon	10.00 - 12.30pm	16-Jan	26-Mar	10	£87.00	£78.30	M Collins
	MA300	Mon	10.00 - 12.30pm	23-Apr	9-Jul	10	£87.00	£78.30	M Collins
<b>I Wish I Could Draw*</b>	MA102	Tue	9.45 - 12.15pm	20-Sep	6-Dec	11	£96.00	£86.40	K Coe
	MA202	Tue	9.45 - 12.15pm	17-Jan	27-Mar	10	£87.00	£78.30	K Coe
	MA302	Tue	9.45 - 12.15pm	24-Apr	3-Jul	10	£87.00	£78.30	K Coe
<b>Drawing &amp; Watercolour Beginners</b>	MA104	Wed	1.00 - 3.30pm	21-Sep	7-Dec	11	£96.00	£86.40	K Williams
	MA204	Wed	1.00 - 3.30pm	18-Jan	28-Mar	10	£87.00	£78.30	K Williams
	MA304	Wed	1.00 - 3.30pm	25-Apr	4-Jul	10	£87.00	£78.30	K Williams
<b>Watercolour Workshop</b>	MA107	Thurs	1.00 - 3.30pm	22-Sep	8-Dec	11	£96.00	£86.40	K Williams
	MA207	Thurs	1.00 - 3.30pm	19-Jan	29-Mar	10	£87.00	£78.30	K Williams
	MA307	Thurs	1.00 - 3.30pm	26-Apr	5-Jul	10	£87.00	£78.30	K Williams
<b>Develop your Watercolours</b>	MA103	Tue	1.00 - 3.30pm	20-Sep	6-Dec	11	£96.00	£86.40	K Williams
	MA203	Tue	1.00 - 3.30pm	17-Jan	27-Mar	10	£87.00	£78.30	K Williams
	MA303	Tue	1.00 - 3.30pm	24-Apr	3-Jul	10	£87.00	£78.30	K Williams
<b>Painting with Acrylics</b>	MA101	Tue	7.00 - 9.00pm	20-Sep	6-Dec	11	£77.00	£69.30	J Jones
	MA201	Tue	7.00 - 9.00pm	17-Jan	27-Mar	10	£70.00	£63.00	J Jones
	MA301	Tue	7.00 - 9.00pm	24-Apr	3-Jul	10	£70.00	£63.00	J Jones
<b>General Drawing &amp; Painting</b>	MA106	Thurs	9.45 - 12.15pm	22-Sep	8-Dec	11	£96.00	£86.40	E Newman
	MA206	Thurs	9.45 - 12.15pm	19-Jan	29-Mar	10	£87.00	£78.30	E Newman
	MA306	Thurs	9.45 - 12.15pm	26-Apr	5-Jul	10	£87.00	£78.30	E Newman
<b>Oil Painting</b>	MA109	Fri	10.00 - 12.30pm	23-Sep	9-Dec	11	£96.00	£86.40	J Urmenyi
	MA209	Fri	10.00 - 12.30pm	20-Jan	30-Mar	10	£87.00	£78.30	J Urmenyi
	MA309	Fri	10.00 - 12.30pm	27-Apr	6-Jul	10	£87.00	£78.30	J Urmenyi
<b>Life Drawing &amp; Painting*</b>	MA110	Fri	1.30 - 4.00pm	23-Sep	9-Dec	11	£96.00	£86.40	E Burton
	MA210	Fri	1.30 - 4.00pm	20-Jan	30-Mar	10	£87.00	£78.30	E Burton
	MA310	Fri	1.30 - 4.00pm	27-Apr	6-Jul	10	£87.00	£78.30	E Burton
<b>Open Art (Untutored)</b>	MA111	Fri	7.00 - 9.30pm	23-Sep	9-Dec	11	£40.00	£36.00	Untutored
	MA211	Fri	7.00 - 9.30pm	20-Jan	30-Mar	10	£36.00	£32.40	Untutored
	MA311	Fri	7.00 - 9.30pm	27-Apr	6-Jul	10	£36.00	£32.40	Untutored

## One Day Courses

Course Title	Course	Day	Time	Start Date	End Date	Wks	Full Fee	Early Bird	Tutor
<b>Nature Studies Art Class</b>	MA114	Sun	1.00 - 4.00pm	13-Nov	n/a	1	£18.00	£16.20	E Newman
<b>Spring Flowers Art Class</b>	MA214	Sun	1.00 - 4.00pm	18-Mar	n/a	1	£18.00	£16.20	E Newman
<b>Beetles, Bugs &amp; Butterflies Art Class</b>	MA314	Sun	1.00 - 4.00pm	24-Jun	n/a	1	£18.00	£16.20	E Newman

### Watercolour Workshop (Alternate Saturdays)

Course Date	Course	Day	Time	Start Date	End Date	Wks	Full Fee	Early Bird	Tutor
24/9, 8/10, 22/10, 5/11, 19/11, 3/12	MA112	Sat	10.00 - 12.30pm	24-Sep	3-Dec	6	£61.50	£55.35	J Jones
14/1, 28/1, 11/2, 25/2, 10/3, 24/3	MA212	Sat	10.00 - 12.30pm	21-Jan	31-Mar	6	£61.50	£55.35	J Jones
28/4, 12/5, 26/5, 16/6, 30/6, 14/7	MA312	Sat	10.00 - 12.30pm	28-Apr	14-Jul	6	£61.50	£55.35	J Jones



# General Information

The Malden Centre is situated close to both the main line train and bus terminals. For motorists, the Centre is just 2 minutes from the A3 and there is ample car parking both on site and within a municipal car park opposite.

## Parking

Entry via Blagdon Road just off New Malden High Street (first right from Fountain roundabout). Surface car park Pay and Display Monday to Saturday, free before 8.00am, after 6.30pm and all day Sunday. Multistorey Pay & Display free from 6pm Monday to Saturday, closing at 10.00pm weekdays, 6.30pm Saturdays. Please note, both car parks are managed by Royal Borough of Kingston, not the Malden Centre.

## Change of Tutor or Student

- The Company reserves the right to change the tutor of any class to one other than published.
- Students may NOT be substituted when the original student cannot attend.

## Refund Policy

- Please note the Management reserves the right to cancel courses or shorten courses on the grounds of insufficient enrolment numbers or to change the Tutor for the course.
- Where a class is closed by the Company a transfer or refund will be given for the outstanding weeks.
- If a class is cancelled (for example due to a tutor's illness) wherever possible an alternative date will be offered. If this is not possible a credit note will be given.
- Where a student is unable to attend the whole or majority of a course because of a long term/serious illness a credit note will be given for the remainder of the course, from the time the Centre is notified onwards, providing a medical certificate is produced.
- If the tutor feels that a course is inappropriate in terms of content or level and a suitable alternative is not available, the full refund will be given. The request must be made within the first half term. If a student is given information/advice which is not followed and as a result decides that the course is inappropriate, neither a refund or a credit note will be given.
- Where a class is closed because a complaint is upheld, a full refund will be given.
- Course bookings are not transferable.
- The Manager may, in exceptional circumstances, award a refund. All applications must be made in writing and an administrative charge of £7.50 will be made on all discretionary refunds.

# Opening Hours & Map



For Swimming Pool opening hours please see separate leaflet.

## Crèche

The crèche welcomes children from the age of 6 months. Registered by OFSTED, our standards comply with those required for day care under the children's act 1989.

Crèche Opening Hours – Term Time  
Monday – Friday 9.20am – 12.30pm and 1.00pm – 3.00pm

The crèche may be able to take children whose parent/guardian is attending a lunch time course. Please ensure prior arrangements have been made with the Crèche Supervisor.

### Bookings & Enquiries

Places must be booked in advance. Telephone 020 8336 7787 and ask for the Crèche Supervisor during term time. At holiday periods messages and enrolment forms may be left at reception.

### Crèche Availability

Crèche places are limited. Please check availability before booking a course or activity. Parents/guardians attending courses at the Malden Centre should book and pay for a term in advance. The Crèche is also available for parents/guardians wishing to swim or use the gym or other facilities at the centre on an hourly basis.



# MOVES Fitness



**Tuesday 6.30pm-7.30pm  
in the Main Hall**

**Move your body and lift your spirits.  
Great music... Great atmosphere...**

- ☑ A fun filled aerobic dance work-out using old and new chart music.
- ☑ Easy to follow and fun to do.
- ☑ All shapes, sizes and fitness levels welcome.
- ☑ £6 per class, pay as you go, no need to book.
- ☑ For more information call Helen on 020 8390 5961.
- ☑ [www.movesfitness.com](http://www.movesfitness.com)

## ALSO AT

**Manor Park Hall, Malden Road, New Malden  
Wednesday 6.45pm**  
**Tolworth Girls School, Fullers Way North  
Sunday 10am**

**SENIOR MOVES - A gentler mobility class for the older  
or very unfit Mover.**

**Manor Park Hall, Malden Road, New Malden  
Monday 11.30am to 12.30pm. Includes coffee.**



# England Karate Kan



- Monday (Warren Mead Junior School)**  
5.30 to 6.45pm  
Juniors Any Grade
- Monday (Surbiton)**  
6.30 to 7.30pm  
Cadets & Adults Any Grade \*
- Monday (Malden Centre)**  
9.00 to 10.00pm  
Adult Any Grade
- Tuesday (Malden Centre)**  
4.15 to 5.00pm  
5.15 to 6.15pm  
7.30 to 8.30pm  
Youngsters 4-5 Years \*  
Juniors Any Grade  
Yoga Stretching
- Tuesday (Cavendish Church)**  
6.30 to 7.45pm  
Juniors Advanced
- Wednesday (Malden Centre)**  
5.00 to 6.00pm  
6.00 to 7.00pm  
7.00 to 8.00pm  
7.00 to 8.30pm  
Juniors Beginners  
Juniors Any Grade  
Adult Beginners  
Adult Any Grade
- Thursday (Coombe Girls School)**  
5.45 to 6.30pm  
6.30 to 7.30pm  
7.30 to 9.00pm  
Junior Beginners  
Juniors Any Grade  
Adult Any Grade
- Friday (Malden Centre)**  
4.00 to 4.40pm  
4.45 to 5.30pm  
5.30 to 6.15pm  
6.15 to 7.15pm  
7.00 to 8.00pm  
8.00 to 9.30pm  
Youngsters 4-5 Years \*  
Youngsters 4-5 Years \*  
Juniors Beginners  
Juniors Any Grade  
Adult Beginners & Graded  
Adult Advanced
- Saturday (Green Lane)**  
1.30 to 2.30pm  
Junior Beginners & Graded

\* Please enquire about availability in these classes  
Enzo Quirino 0780 122 6108 [www.karatekan.co.uk](http://www.karatekan.co.uk)



No need to book  
Just come along!



CLASSES & PERSONAL  
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"A DREAM TO SOME,  
A NIGHTMARE TO OTHERS"

We teach martial arts and the life skills  
your children need to excel in school &  
today's competitive world.

Our highly trained and friendly instructors each hold:

- Black Belt Teaching Qualification
- Enhanced CRB
- First Aid Certificates
- B.S.L.A. A.M.A. F.K.A. NAKMAS Certification

**NEW  
CHILDREN'S  
MARTIAL ARTS CLASSES**  
from 4yrs & up

## New Malden

**Saturdays 11.00am**  
The Malden Centre  
Blagdon Road, KT3 4TA

**Saturdays 12.00am**  
The Scouts Hall  
45 - 47 Green Lane  
New Malden, KT3 5BX  
(Swims from Homebase)

## At Fighting Fit your child will:

- Learn respect and good manners
- Improve their attention span
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- Gain self confidence
- Learn how to defeat bullies without fighting
- Learn effective self-defence & how to deal with unwanted advances
- Improve coordination, balance and flexibility

The results you will see are outstanding. Our step by step curriculum  
will guide your child to becoming confident and capable of achieving  
high grades, both at school and in the martial arts.

Fighting Fit martial arts is much more than just learning self  
defence. It is a great way for children to learn life saving skills  
whilst having lots of fun.



## Where?

We also run  
classes in:

- Kingston
- Putney
- Tooting
- S. Wimbledon
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☎ **WANT TO KNOW MORE? CALL US ON:** ☎

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[www.fighting-fit.com](http://www.fighting-fit.com) • [info@fighting-fit.com](mailto:info@fighting-fit.com)

# KUMON

**Kumon**  
Maths and English classes  
at the Malden Centre

Internationally proven,  
self-study method.

Not just study  
but confidence and self-esteem.

Every Monday and Thursday  
3.30 - 6.30pm

구몬 수학 · 영어 교실

시간 : 매주 월, 목

장소 : Room 5



## Malden Centre Breakfast and After School Club

Let us stretch your child's imagination and join in the fun.

We offer a wide choice of activities including:-

- Swimming (over 8's)
- Team Games
- Outdoor Area
- Arts/Crafts
- Role Play
- Board Games
- Group Projects
- Cookery

Walking bus to and from school

Pick up from local schools

Hot healthy snack

Family discount

Ofsted registered childcare

Times:- Breakfast club 7.30am to school drop off

After School Club 3.15pm – 6.00pm

Call reception on 020 8336 7770  
for more details.

## Birthday Parties at the Malden Centre

### Tots Parties

Enjoy an hour of fun in our studio using our soft play equipment, apparatus and mini bouncy castle, followed by your party tea. For children under 5 years.

### Package Parties

Turn your children's party into an exciting day to remember. There's no mess, no fuss and we do all the hard work whilst you, your children and their friends have all the fun.

Choose from:

#### **Bounceabout, Football Fun, Pool Splash**

For children aged 5 - 9 years

### Wobstacle Parties

For children over 8 years.

Our giant inflatable unleashed in the Main Pool.

Can you and your friends reach the end without falling in???



Call reception on 020 8336 7770  
for more details.

# A. C. S. Hards & Co. Solicitors

Barclays Bank Chambers, 2 High Street, New Malden, Surrey KT3 4DA  
(entrance in Dukes Avenue)



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