



Dryside Courses

For further information on courses or to book your place, please telephone 01276 417111

Arena Leisure Centre
Grand Avenue, Camberley
Surrey, GU15 3QH
www.arenaleisurecentre.co.uk
Tel: 01276 417111



DC LEISURE 

Fitness Industry Association
Operator of the Year 2008/9



Operated by DC Leisure on behalf of Surrey Heath Borough Council.

Dryside Courses

ALL COURSES TAKE PLACE DURING TERM TIME ONLY

(ACC) = Where parents are required to accompany their child during the session.

Tots Ballet

3-4yrs

A fun introduction into the world of Ballet.

Children will have the opportunity to progress to further levels once attending school.

Monday 1.15 – 2.00pm

Monday 2.00 – 2.45pm

Ballet

Ballet classes for children in full time school upwards. Children do not have to have taken part in the pre school course to do this course. Beginners welcome.

Wednesdays 3.45pm until 7.00pm.

Class time will be dependant on ability level.

Trampolineing

3yrs to adults.

Working towards B.A.G.A National Trampolineing Proficiency Awards. All Trampolineing classes are split according to age not ability, and has their own instructor.

3-6yrs classes take place Monday to

Thurs after 3.45pm.

6yrs + classes take place Monday to

Thurs after 4.30pm

Teen sessions take place Monday, Wed &

Thursday at 6.30 – 7.30pm

Adult session take place Thursday evening

7.30 – 9.00pm all abilities welcome.

Funfit Gym

3yrs to full time school.

Pre school Gymnastics working with a qualified instructor. Children have the opportunity to progress to further levels.

Monday 1.00 – 1.45pm

Monday 1.45 – 2.30pm

Gymnastics

Full time school upwards. Working with qualified coaches towards the British Gymnastics Proficiency awards scheme. Children are also given the opportunity to take part in additional competitions and displays throughout the year.

Friday 3.45 – 4.30pm Beginners

Friday 4.30 – 5.30pm Intermediate

Friday 5.30 – 6.30pm Advanced.

Chelsea Football Club Coaching

All of our Football courses are coached by qualified Chelsea Football coaches. Certificates are awarded to all children at the end of each term.

The age groups and times are as follows:

Mini Dribblers 3-4yrs

Tuesday 3.45 – 4.30pm

Wednesday 3.45 – 4.30pm

Mini Soccer 4-5yrs

Tuesday 4.30 – 5.15pm

Wednesday 4.30 – 5.15pm

Sharp Shooters 5-6yrs

Wednesday 3.45 – 4.35pm

The Skills Squad 6-7 years

Wednesday 4.40 – 5.30pm

Chelsea All Stars 7 years +

Wednesday 5.35 – 6.25pm

Street Dance

Street Dance is great fun for boys and girls and combines fun, funky dance moves to the latest hip-hop, R&B and chart tunes.

6-9 yrs Monday 4.00pm – 5.00pm

10-12 yrs Thursday 4.00pm – 5.00pm

13-16 yrs Thursday 5.00pm – 6.00pm

NEW Adult Beginners Badminton

Friday 10.30am – 11.30am

Learn the skills with a qualified instructor, Jonathan Escott, who can teach you all the aspects of this wonderful game.

NEW Junior Beginners

Badminton Course

8-12 yrs Monday 4.00pm – 5.00pm

13 yrs + Monday 5.00pm – 6.00pm

Learn all the aspects of the game with our qualified coach Jonathan Escott, from the correct way to hold the racket for each shot, to positioning, scoring and enjoying this year round sport.

All Equipment supplied