

New Derby County  
Football Coaching



# Children's Half Term Holiday Activities

15-21 February 2010

Alfreton Leisure Centre  
01773 523325  
[www.alfretonleisurecentre.co.uk](http://www.alfretonleisurecentre.co.uk)

Ripley Leisure Centre  
01773 514727  
[www.ripleyleisurecentre.co.uk](http://www.ripleyleisurecentre.co.uk)

William Gregg VC Leisure Centre  
01773 537940  
[www.williamgreggvcleisurecentre.co.uk](http://www.williamgreggvcleisurecentre.co.uk)

# Alfreton Leisure Centre

## Monday

Multi Sports	10.00 – 12noon	5yrs +
Sea Scooters	10.00 – 11.00am	8yrs +
Splash Out!	11.00 – 12noon	All ages
Play for £1.75	12noon – 1.30pm	5yrs +
Street Surfing	2.00 – 3.00pm	8yrs +
Street Surfing	3.00 – 4.00pm	8yrs +

## Tuesday

Derby County Coaching Sessions**	8.30am – 1.00pm	5-11 yrs
Sea Scooters	10.00 – 11.00am	8yrs +
Splash Out!	11.00 – 12noon	All ages
Roller Disco	2.00 – 3.00pm	8yrs +
Roller Disco	3.00 – 4.00pm	8yrs +

## Wednesday

Multi Sports	10.00 – 12noon	5yrs +
Sea Scooters	10.00 – 11.00am	8yrs +
Splash Out!	11.00 – 12noon	All ages
Play for £1.75	12noon – 1.30pm	5yrs +
Street Surfing	2.00 – 3.00pm	8yrs +
Street Surfing	3.00 – 4.00pm	8yrs +

## Thursday

Derby County Coaching Sessions**	8.30am – 1.00pm	5-11 yrs
Sea Scooters	10.00 – 11.00am	8yrs +
Splash Out!	11.00 – 12noon	All ages
Roller Disco	2.00 – 3.00pm	8yrs +
Roller Disco	3.00 – 4.00pm	8yrs +

## Friday

Multi Sports	10.00 – 12noon	5yrs +
Sea Scooters	10.00 – 11.00am	8yrs +
Splash Out!	11.00 – 12noon	All ages
Play for £1.75	12noon – 1.30pm	5yrs +
Street Surfing	2.00 – 3.00pm	8yrs +
Street Surfing	3.00 – 4.00pm	8yrs +



# Ripley Leisure Centre

## Monday

Multi Sports	9.30 – 11.30am	5yrs +
Street Surfing	11.45 – 12.45pm	8yrs +
Roller Mania	1.00 – 3.00pm	All Ages
Sea Scooters	3.00 – 4.00pm	8yrs +

## Tuesday

Derby County Coaching Sessions**	8.30 – 1.00pm	5-11 yrs
Trampoline	1.45 – 2.45pm	5yrs +
Beach Party*	2.00 – 3.45pm	8yrs +
Trampoline	2.45 – 3.45pm	5yrs +

## Wednesday

Derby County Coaching Sessions**	8.30 – 1.00pm	5-11 yrs
Street Surfing	10.45 – 11.45am	8yrs +

Sea Scooters	3.00 – 4.00pm	8yrs +
Street Surfing	4.00 – 5.00pm	8yrs +

## Thursday

Multi Sports	9.30 – 11.30am	5yrs +
Play Zone*	9.30 – 11.30am	9mths-5yrs+
Active Zone*	4.00 – 5.30pm	8yrs +

## Friday

Street Surfing	9.30 – 10.30am	8yrs +
Street Surfing	10.45 – 11.45am	8yrs +
Roller Mania	1.00 – 3.00pm	All Ages
Sea Scooters	3.00 – 4.00pm	8yrs +

## Saturday

Splash Out!	12.15 – 1.15pm	All Ages
-------------	----------------	----------

# William Gregg VC Leisure Centre

## Monday

Playdays*	9.15 – 12.15pm	2½ - 5 years
Multi Sports	10.00 – 11.00am	5 - 16 years
Streetsurfing	11.00 – 12.00pm	8 yrs +

## Tuesday

Playdays*	9.15 – 12.15pm	2½ - 5 years
Play Zone	9.30 – 11.30am	9mths - 5yrs
Teen Aqua Jog	11.00 - 11.30am	11 - 16 yrs
Sea Scooters	10.00 – 11.00am	8 yrs +
Street Surfing	1.00 – 2.00pm	8+ yrs

## Wednesday

Playdays*	9.15 – 12.15pm	2½ - 5 years
Multi Sports	10.00 – 11.00am	5 - 16 years
Street Surfing	11.00 – 12.00pm	8 yrs +
Roller Disco	4.00 – 5.30pm	All ages

## Thursday

Playdays*	9.15 – 12.15pm	2½ - 5 years
Sea Scooters	10.00 – 11.00am	8 yrs +
Teen Aqua Jog	11.00 - 11.30am	11 - 16 yrs
Derby County	8.30 – 3.00pm	5-11 yrs
Coaching Sessions**		
Multi Sports	3.00 – 4.00pm	5 - 16yrs

## Friday

Playdays*	9.15 – 12.15pm	2½ - 5 years
Derby County	8.30 – 3.00pm	5-11 yrs
Coaching Sessions**		

Multi Sports	3.00 – 4.00pm	5 - 16 yrs
--------------	---------------	------------

## Saturday

Splash Session	2.30 – 3.30pm	All ages
----------------	---------------	----------

## Play for £1

Every weekend and at off peak (10.00am until 5.00pm) weekdays times in the holidays parents and children can play Squash, Basketball, Badminton and Table Tennis for £1 per person.

This offer is subject to facilities being available.

## \*\* New Derby County Football Training Sessions\*\*

Train with Derby County Coaches to develop your soccer skills. Classes for 5 - 11 yr olds.

Telephone 01332 667575 to book your place as numbers are limited.



## New session for teenagers at William Gregg VC Leisure Centre

Aimed at boys and girls - Aqua jog - Exercising in water is not a soft option! Burn calories, work you muscles hard and give your heart a good workout.

## Fancy a Leisure Centre Birthday Party?

We have a range of Parties for all ages such as Sea Scooters and Street surfing for the older kids through to Soft Play and small pool parties for the little ones. Ask at Reception for details.

## Swim membership - now available



Do you enjoy bringing your children swimming regularly? Do you swim more than twice a week? If so a swim membership could save you money. Ask at reception for details.



# Class descriptions

**Multi Sports** – take your pick from a range of games such as football, badminton, short tennis and table tennis.

**Street Surfing** – a new take on skateboarding using special boards that have 2 wheels turning 360 degrees. It takes practice but it's loads of fun.

**Roller Mania** – Get your skates on for these great roller disco sessions, bring your own roller skates or blades (must be in good condition) or hire a pair when you arrive.

**Trampolining** – a structured trampolining session with coaching tips from our qualified coaches.

**Play Zone** – Playzone aims to encourage all – round physical and social development in children of all abilities through a safe, challenging environment, and to stimulate children through directed play and group activities.

**Playdays** - fun, supervised activities for the little ones in our Pre-school Room.

**Splash Out!** – Come along to this great fun session. All the family welcome, but be prepared to join in the fun!

**Beach Party** - a fun packed session in the pool with floats a professional external DJ, participate in activities to win prizes and a refreshing cocktail to quench your thirst.

## Alfreton Leisure Centre

Tel: 01773 523325

enquiries@alfretonleisurecentre.co.uk

## Ripley Leisure Centre

Tel: 01773 514727

enquiries@ripleyleisurecentre.co.uk

## William Gregg VC Leisure Centre

Tel: 01773 537940

enquiries@williamgreggvclisurecentre.co.uk



**Sea Scooters** – Don't miss out on the fantastic Sea Scooter Sessions which are packed with games, races and loads of fun. The Sea Scooters pull you along in the water – they're even used by professional divers. Places must be booked and paid for in advance.

### Notes for Parents

Places for activities are limited so please book in advance to avoid disappointment. Please be aware that the content and range of activities may vary between sites.

Under 8's must be accompanied in the water by an adult at all times and parents of children under 8 yrs must remain in the centre for dryside sports activities must remain in the centre for dry side sports activities.

\*Activities denoted by an asterix are not ACE activities and may incur a higher charge. Please ask at Reception for specific prices for these activities.

Please note that spectators are not allowed in the Sports Hall during Roller Mania sessions. Roller Mania at Alfreton Leisure Centre can not be booked in advance. All details correct at time of going to print.



To access Type Talk please use the prefix 18001 before the area code and centre number.