



Children's Holiday Activities

Summer 2010



Broadbridge Heath Leisure Centre
The Pavilions In The Park
Steyning Leisure Centre
Billingshurst Leisure Centre

Time Out!

– at Broadbridge Heath Leisure Centre

Time Out is an all day holiday club for 4 – 12 year olds running from 8.30am – 6.00pm. Fully registered with Ofsted, we offer a variety of activities which include theme days, sports, trampolining, arts and crafts, games and much more (children aged 4 years must be in full time education to attend).

Monday 26th July Summer Siesta

Make the most of the sun as we play cricket and rounders. Bring a towel for the picnic, sun cream and sunglasses and chill out with an afternoon of fun games.

Tuesday 27th July School's Out!

Start the summer with a bang at our action packed day! We've got football, cricket, basketball and bouncy castle, as well as, go karts, musical games and a quiz.

Wednesday 28th July Splash*

Splash around in the pool if you're over 9. If not, bounce the day away on our trampolines and learn some new moves. Hockey and tennis for all.

Thursday 29th July Time Out World Cup

Pick your country and play in the Time Out World Cup. There's a football tournament with a prize for the winning team and loads of other ball games too. Create your country's flag and fly it high as you score the winning GOAL!

Friday 30th July DRENCH!

Just as it sounds! Water games for everyone, including a water fight, time bomb and apple bobbing. Dry out in the sun playing football and cricket.**

Monday 2nd August Pirate Party

Ahoy mates! Climb aboard the Time Out galleon and get ready to set sail. Make your own treasure map to take home and follow our clues to find the pirate booty hidden around the centre!

Tuesday 3rd August Bella Italia!

Take an exciting trip to Italy in this fun packed day. Create your own pizza to take home and try some Italian food in the blind taste testing. Make a mini Leaning Tower of Pisa out of clay and score the winning goal in the Italian football league.

Wednesday 4th August Splash*

Splash around in the pool if you're over 9. If not, bounce the day away on our trampolines and learn some new moves. Hockey and tennis for all.

Thursday 5th August Musical Madness

Beat out a tune on the African drums in our fantastic workshop. Have a go at making some musical instruments and throw shapes on that dance floor in musical games.

Friday 6th August DRENCH!

Just as it sounds! Water games for everyone, including a water fight, time bomb and apple bobbing. Dry out in the sun playing football and cricket.**

Monday 9th August Comic Chaos

Split into groups and create your own comic strip, then bring it to life as you act it out! Play some parachute games outside and burn off some energy with relay races.

Tuesday 10th August Activ8

Get active with 8 different sports to try... handball, bucket ball, hockey, cricket, long jump, javelin, races and trampolining.

Wednesday 11th August Splash*

Splash around in the pool if you're over 9. If not, bounce the day away on our trampolines and learn some new moves. Hockey and tennis for all.

Thursday 12th August Roman Remains

Step back into Ancient Rome and take up the challenges of the Emperor! Will you be victorious in the Gladiator game, Pilo Trigonalis and Pilae? Build your own mini chariot to take home and make some tasty Roman treats.

Friday 13th August Freaky Friday!

13...unlucky for some! See if you are lucky enough to win the sporting challenges today including football and tennis. Play time bomb and make your own board game to take home.

Monday 16th August At the Movies

Lights, camera...ACTION! Take a seat at the Time Out cinema and chill out with some popcorn whilst watching a film. Then split into groups and see if you can direct your own scene, there will be a prize for the best one.

Tuesday 17th August Time Out Summer Olympics

Get your running shoes and pick your team for the Time Out Olympics. Win points in football, go karts, basketball and bench ball. See if you can top the table and go home with the gold medals.

Wednesday 18th August Splash*

Splash around in the pool if you're over 9. If not, bounce the day away on our trampolines and learn some new moves. Hockey and tennis for all.

Thursday 19th August Messy Mayhem

Grab a paintbrush and start adding to the Time Out themed wall. Create some splatter pictures and sketch a life drawing. Collect materials for a summer collage and enjoy the sun whilst doing chalk drawings.

Friday 20th August DRENCH!

Just as it sounds! Water games for everyone, including a water fight, time bomb and apple bobbing. Dry out in the sun playing football and cricket.**

Monday 23rd August READY, STEADY, COOK!

Prepare to be a chef as you make jam tarts and fairy cakes to take home. Try some different foods in the blindfold food tasting and burn off your energy on the go-karts.

Tuesday 24th August Aquarium Adventure

Take a journey underwater by designing and painting your own aquarium to take home. Have a go at magnetic fishing and play at being the Captain in our nautical themed games!

Wednesday 25th August Splash*

Splash around in the pool if you're over 9. If not, bounce the day away on our trampolines and learn some new moves. Hockey and tennis for all.

Thursday 26th August Lunar Madness

Take a trip into space...visit our planetarium and learn about the night sky and our Solar System. Have a go at creating your own planet or spaceship to take home.

Friday 27th August DRENCH!

Just as it sounds! Water games for everyone, including a water fight, time bomb and apple bobbing. Dry out in the sun playing football and cricket.**

Tuesday 31st August Grand Prix

Start your engines and zoom round the track on our pedal powered go-karts and see if your team can win the grand prix, make your own driving licence, team logo and flag.

Wednesday 1st September Boogie Wonderland

Pull on your dancing shoes and strut down to our DISCO! Throw shapes in musical games and bust a move in the freestyle competition. We can spray your hair and paint your nails in true pop star fashion so get ready to rock!

Prices

		LAC
8.30am – 6.00pm	£16.50	£12.50
Half Days		
8.30am – 1.00pm or		
1.00pm – 6.00pm	£10.25	£7.50

We accept a range of childcare vouchers for Time Out please ask at reception for details.

We can provide lunch for your child for just £3.00 per child which includes their morning snack and unlimited squash all day too! Please see reception for more details.

*Please note swimming will take place at The Pavilions In The Park where the children will be transported to and from. There will be an additional £2.00 charge per child payable at the time of booking at Broadbridge Heath Leisure Centre. Children will also need £1.00 for a locker which will be returned to them after swimming. Swimming is for those children aged 9 years and over.

**Please ensure children attending DRENCH! days bring a full change of clothes, including shoes as well as a towel and a bag for their wet clothes. Water guns may be bought but Time Out staff cannot accept responsibility for any loss or damage that may occur.



Courses

- at Broadbridge Heath Leisure Centre

Course	Description	Day and Date	Time	Age	Price
Trampoline and Bounce	Learn some moves on the trampoline and then play on the Bouncy Castle. Bring your friends!	Monday 26th July, Monday 9th and 23rd August	9.30 –10.00am 10.00 –10.30am 10.30 – 11.00am 11.00 – 12.00pm	3-5yrs 3-5yrs 3-5yrs 6-14yrs	£4.25
Go Kart	Start your engines and zoom around the track on our pedal powered go-karts. See if your team can win the prize!	Monday 2nd and 16th August	2.15pm-3.00pm 3.00pm-3.45pm	5-10yrs 5-10yrs	£4.25
Cricket	An hour of cricket skills and fun games with our top coach.	Monday 9th& 23rd August	4.00-5.00pm	5-11yrs	£4.25
Family Fun	Parents, want your kids to be creative but without the mess? Then bring them to us! Create some fancy art-work together and relax in the café.	Tuesday 27th July, 10th and 24th August	10.30-12.00noon	1-12yrs	£2.25
Judo	Come along and try out this exciting sport.	Tuesdays 27th July,3rd, 10th, 17th,24th and 31st August	5.30-6.30pm 6.30-7.30pm	5-9yrs 10+	£4.25
Cheerleading	Learn the basics of cheerleading make your own pom poms and learn a new routine to support your winning team	Tuesdays 27th July, 10th and 24th August	1.00pm-3.00pm	6-10yrs	£8.00
Skate workshop	Have a go in our skate park and learn some new moves	Tuesday 31st August	1.00pm-2.00pm	5-10yrs	£4.25
Art Attack	Come and get messy with our staff. Make some fantastic art to take home.	Wednesdays 4th and 18th August	2.00-4.00pm	5-11yrs	£5.50

Course	Description	Day and Date	Time	Age	Price
Summer Tennis camp	Learn how to play the game and new skills. Must attend all week	Monday 26th –	10.00-10.45am	5-8yrs	£20
		Friday 30th July	11.00-11.45am	9-12yrs	£20
		Monday 9th –Friday	10.00-10.45am	5-8yrs	£20
		13th August	11.00-11.45am	9-12yrs	£20
Trampoline workshop	Tighten up your moves and learn some new ones in this specialized workshop.	Wednesday 11th August	9.00-11.00am	8 – 16 yrs (for children on lessons and who are badge 6 and above)	£8.00
Kidstuff	Make some arts and crafts, play on the bouncy castle and try some crazy games.	Friday 30th July, 13th August and 27th August	2.00-4.00pm	4-7 yrs	£5.50

Make a splash this summer at The Pavilions In The Park. Ride the flume in our leisure waters, swim in our heated outdoor pool area or enjoy one of our many fun sessions.

Splash Sessions

Monday, Tuesday, Thursday and Friday
10.00am – 12.00 noon

Wednesday
10.30am – 12.00 noon

Inflatable Sessions

Crocodile Inflatable

Suitable for all ages, children must be able to swim 25 metres.

Monday – Friday 2.00pm – 3.00pm

Olympic Obstacle Inflatable

Children must be over 8 years of age and able to swim 25 metres.

Monday – Friday 3.00pm – 4.00pm

Please note there will be a 5 – 10 minute changeover period in between inflatable sessions.

Leisure Waters

Monday – Thursday
9.00am – 9.00pm

Friday
9.00am – 7.00pm
7.00pm – 8.00pm Aqua Disco 8-11 years
8.00pm – 9.00pm Aqua Disco 12-15 years

Saturday & Sunday
9.00am – 6.00pm



Courses

- at The Pavilions In The Park

Course	Description	Day and Date	Time	Age	Price
Dance and Drama	Learn some top moves with our instructor in this energetic workshop.	Monday 26th July	12.00 – 1.00pm 1.00 – 2.00pm	4 – 6 yrs 7 – 12 yrs	£4.25
		Wednesday 11th August	2.00 – 3.00pm 3.00 – 4.00pm	4 – 6 yrs 7 – 12 yrs	
		Thursday 26th August	1.30 – 2.30pm 2.30 – 3.30pm	4 – 6 yrs 7 – 12 yrs	
Trampoline and Bouncy Castle	Bounce away in our fun sessions, bring your friends!	Tuesday 27th July	1.00-1.30pm 1.30-2.00pm 2.00-2.30pm 2.30-3.30pm	3-5 yrs 3-5 yrs 3-5 yrs 6-8 yrs	£4.25
		Tuesday 3rd August	1.00-1.30pm 1.30-2.00pm 2.00-2.30pm 2.30-3.30pm	3-5 yrs 3-5 yrs 3-5 yrs 6-8 yrs	
		Tuesday 10th August	2.00-3.00pm 3.00-4.00pm	6-8 yrs 9-12 yrs	
		Friday 20th August	1.00-1.30pm 1.30-2.00pm 2.00-2.30pm 2.30-3.30pm	3-5 yrs 3-5 yrs 3-5 yrs 6-8 yrs	
		Friday 27th August	2.00-3.00pm 3.00-4.00pm	6-8 yrs 9-12 yrs	
Messy Mayhem	Create some fantastic artwork to take home!	Wednesday 28th July	10.00-11.00am	5-11 yrs	£4.25
		Wednesday 4th August	10.00-11.00am	5-11 yrs	
		Wednesday 18th August	10.00-11.00am	5-11 yrs	
Musical Madness	Strut your moves and throw shapes in our musical games session.	Thursday 29th July	2.30-3.30pm	5-10 yrs	£4.25
		Thursday 5th August	2.30-3.30pm	5-10 yrs	
		Thursday 19th August	2.30-3.30pm	5-10 yrs	
Mish Mash!	A variety of activities including arts and crafts, musical games and bouncy castle.	Friday 13th August	3.00-4.30pm	5-10 yrs	£5.00

Course	Description	Day and Date	Time	Age	Price
Tots and Play	Bouncy castle and soft play fun for under 5's.	Wednesday 11th and Wednesday 25th August	1.30-3.00pm	Walking to 4 yrs	£3.50
Pom Dance	An introduction to the basics of cheerleading	Tuesday 17th August	3.15-4.00pm	5-7 yrs	£4.00
			4.00-4.45pm	8-11 yrs	
Mini Tennis workshop	A fun session for youngsters to learn the basic skills.	Wednesday 4th August	2.00-4.00pm	5-8 yrs	£8.00
Pirate Party	Come dressed as a pirate, make an eye patch, a treasure chest and play some fun games.	Friday 6th August	3.00 – 3.50pm	5-8 yrs	£5.00
Circuit Training	Burn off some energy in this energetic fun session.	Wednesday 18th August	2.00 – 3.00pm	7-10 yrs	£4.25



Jungle
Adventure



The ultimate adventure
for children aged 2-11
years old!

Monday - Friday 9.30am - 6.00pm

Saturday - Sunday 10.00am - 1.15pm & 5.15pm - 6.00pm*

£2.75 per child

£1.75 per child LAC

LAC – Horsham District Council Leisure Access Card
– contact 01403 215263 for further information.

* Between 1.15pm and 5.15pm Jungle Adventure is closed for parties.
If there are no bookings we will open to the public, please call 01403
219200 to check before you visit.

Steyning Leisure Centre

Dream Days



Our Dream Days holiday day camps are for children aged 4 – 12 years. We are fully registered with OFSTED and it's a great place for children to be looked after in a safe environment whilst having fun. Many activities are on offer and there is also the option to go swimming every day (children aged 4 must be in full time education to attend).

Dream Days run Monday
26th July – Tuesday 31st August
excluding bank holidays. This
summers themes include:

- Mess it up
- Fancy Dress Frenzy
- Solar Spectacular
- Scavenger Hunt
- And many more

Prices LAC
8.30am – 6.00pm
£16.50 £12.50

Half Days
8.30am – 1.00pm or
1.00pm – 6.00pm £10.25 £7.50

We accept a range of childcare vouchers for Dream Days please ask at reception for details.

Courses

Trampoline and Bounce

Monday 9th August
10.00am – 10.30am 3 – 5 years
10.30am – 11.00am 3 – 5 years
11.00am – 12.00noon 6 – 11 years
Monday 23rd August
10.00am – 10.30am 3 – 5 years
10.30am – 11.00am 3 – 5 years
11.00am – 12.00noon 6 – 11 years
£4.25 per session

Dance Workshop

Friday 27th August
10.00am – 11.00am 5 – 7 years
11.00am – 12.00noon 8 – 10 years
£4.25 per session

Football Frenzy

Monday 2nd & Tuesday 3rd August
10.00am – 10.45am
7 – 11 years
£6.50

Go Kart Grand Prix

Tuesday 10th August
2.00pm – 3.00pm
6 – 10 years
£4.25

Swimming Crash Courses

We have a number of crash courses available this summer for beginners aged 4+.

For more information or to book any of our courses please call us on 01903 879666.

Billingshurst Leisure Centre

Scamps Holiday Club

Enjoy an action packed day at Scamps this holiday. We are running from 8.30am-6.00pm for 4-12 year olds and are fully registered with Ofsted. Many activities are on offer and each day there is also an option to go swimming so don't forget your costume! (children aged 4 must be in full time education to attend).

Monday 26th July – Craft Crazy

It's time to get creative. Make your own scamps holiday t-shirt. Design a picture for our wall of fame and get your face painted. Then finish the day learning some cool roller skating moves.

Tuesday 27th July – Choc-o-lot champs

Will you be the choc-o-lot champ? Compete in fun games to win yummy chocolate treats. Decorate biscuits and join us for a fun game of sweetie bingo.

Wednesday 28th July – Jumping for joy

A bouncy day ahead for all. Have fun on our bouncy castle, join in some team ball games, play with our giant parachute and compete in the rabbit colouring competition.

Thursday 29th July – Wet 'n' Wild

In teams you will design and create a raft that has to survive the hurricane. Then we will all go for a splash in the pool and finish the day playing elephant football.

Friday 30th July – Film fanatics

Come along dressed as your favourite film character. Take part in our film quiz. Create a junk model monster or alien and play some crazy musical games.

Monday 2nd August – Pirate party

Come along dressed as a pirate. Create your own pet parrot and sword too! In teams we will hunt for treasure and finish the day playing parachute games.

Tuesday 3rd August – Football fun

Are you the next Wayne Rooney? Come show us your football skills. Play for the scamps cup and take part in our sports quiz. Finish the day playing team games.

Wednesday 4th August – Scamps Got Talent

Are you a fab singer? Expert magician? Or talented in any other way? Today you can show everyone just what you can do and try to win a cool prize in Scamps Got Talent!

Thursday 5th August – Tricky treats

Ice some yummy fairy cakes, splash around in the pool, challenge the obstacle and beat the top record time! Take part in the kids trivia quiz and play some cricket.



Friday 6th August – Bounce and bump

Bounce around on the bouncy castle and get active with some energetic and crazy games. Have your face painted and to finish the day, we shall be skating away.

Monday 9th August – Jungle madness

Turn yourself into a tribal person and get your face painted. Create a giant jungle poster. Compete in a really wild adventure to win the jungle cup. Play animal charades.

Tuesday 10th August – Team treats

Join us to make some tasty peppermint creams and design a funky pot to take them home in. Join in some fun team games and challenges, finishing the day on the bouncy castle.

Wednesday 11th August – Scamps sports day

Its time to compete individually and try to beat your friends if you want to be the winner of scamps sports day. Challenges include basket ball shoot out, running and relay races, obstacle courses and much, much more!!

Thursday 12th August – Fantastic friends

Missing your friends over the hols or want to treat your new ones? Well today we will be creating friendship bands and shields for our pals. Play friendly games and have fun in the pool with all.

Friday 13th August – Skating scamps

Join us for a fast paced day filled with traditional indoor and outdoor sports, swimming and splashing in the pool and some brilliant skating challenges.

Monday 16th August – Scamps choice

Come along today and have free run of the club. Choose from a variety of activities we have available that you would like to play and do. Even paint our faces for a change!



Tuesday 17th August – Space odyssey

Join in with your friends to make a giant space poster. Create 3D aliens and make your very own alien mask as well as making a junk model space rocket with the team. Finish the day playing space games.

Wednesday 18th August – Famous fancy dress

Dress up as a famous person of your choice and enjoy the Hollywood lifestyle. Girls will be making bags for their miniature dogs and boys flash 3D cars. Make some fancy cocktails and have a tasting session.

Thursday 19th August – Football crazy

Today we will be trying out different games of football and learning new skills. Design your very own football boots and compete in the drawing competition of best footballer.

Friday 20th August – Girls v boys

Lets go head to head and see who comes out on top, the boys or the girls! There is a prize for everybody that wins by competing in lots of challenges, games and quizzes.

Monday 23rd August – Running riot

Lets get messy! Design and create a junk model car. Play fun traditional games including tag and man hunt. Get your face painted and run riot outside playing games of your choice.

Tuesday 24th August – Bubbling fun

Come along and make your very own bubble mixture. Then we will go outside to test them and see who can get them the biggest! Make paint bubble pictures and have fun in the pool.

Wednesday 25th August – Wild wild west

Come dressed as a cowboy or cowgirl. Knock down the cans and compete in a lasso challenge. Create a 3D horse and play pin the tail on the pony.

Thursday 26th August – Celebrations

Its almost time to go back to school so lets have lots of fun and celebrate the times we have shared together this holiday! Make banners and party hats play musical games and go wild!

Friday 27th August – A taste of France

Oooh la la! Help us build a junk model Eiffel tower. Taste French toast and spreads. Design French flags and wave them out side. Finish the day with a game of French cricket.

Tuesday 31st August - Fun Fun Fun

Join us for a fun filled day full of sports, crafts, games and face painting. A final splash in the pool with all your friends and a loud and happy farewell playing musical games!

Prices

8.30am – 6.00pm	LAC £16.50	£12.50
Half Days 8.30am – 1.00pm or 1.00pm – 6.00pm	£10.25	£7.50

We accept a range of childcare vouchers for Scamps Holiday Camps please ask at reception for details.



Special Sessions

Football Frenzy

Learn some essential ball skills and put them to the test in a game.
Mondays 2nd, 9th, 16th and 23rd August
10.00am – 11.00am
4 – 8 years
£4.00 per session

Roller Disco

Test your skating skills and play some cool games too.
Tuesdays 3rd, 10th, 17th and 24th August
3.00pm – 4.00pm
5 – 16 years
£4.00 per session.

Little Rascals

Soft Play and Bouncy Castle for the under 5's
Wednesdays 3rd and 17th August
10.00am – 11.00am
Walking – 4 years
£4.25 per session

How to contact us...



The Pavilions IN THE PARK

The Pavilions In The Park

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Broadbridge Heath Leisure Centre

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Steyning Leisure Centre

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Billingshurst Leisure Centre

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