



The leisure pass can be used for the council's young peoples' sports and arts holiday activity scheme (prices vary). For more details visit the council's website.

Rugby Borough Council SMART Holiday Activity Scheme
 Tel: (01788) 533777
 Web: www.rugby.gov.uk/smart

smart
 sport, music, art + recreational trips

A nine hole golf course and purpose built floodlit driving range, set in the countryside near Draycote Reservoir, five miles south of Rugby. There is a cafe at the centre.
 Concessions apply to green fees only, and do not include the driving range.
 Monday to Friday 10am till 4pm.
 Nine hole round costs £4.

Leam Valley Golf Centre
 Kyles Hardwick,
 Rugby CV23 8AA
 Tel: (01788) 522765
 Web: www.leamvalleygolfcentre.co.uk

Warwick Arts Centre
 University of Warwick,
 Coventry CV4 7AL
 Tel: (024) 7652 4524
 Web: www.warwickartscentre.co.uk

Warwick Arts Centre is the largest arts centre in the Midlands, with events embracing music, drama, dance, comedy, literature, films and visual art.
 Prices vary according to the event chosen. Leisure pass holders pay applicable concessionary rates.



A leisure pass is the only valid pass that can be used for concessionary rates.
 Please contact reception for further details of the activities available to leisure pass cardholders and for prices. All activities are valid during off-peak times only and are subject to availability. Most activities are available without a centre membership.

The Ken Marriott Leisure Centre
 Bruce Williams Way, Rugby CV22 5LJ
 Tel: (01788) 535851
 Web: www.kenmarriottleisurecentre.co.uk

The Ken Marriott Leisure Centre offers a wide range of leisure activities including swimming, badminton, squash, gym, sauna and steam room and an athletics track.

The Big Apple
 Junction 1 Retail Park,
 Leicester Road, Rugby CV21 1RW
 Tel: (01788) 550202
 Web: www.thebigapple.co.uk

The Big Apple is the UK's premier group of family entertainment centres, with activities including ten pin bowling and pool.
 Leisure pass holders who buy one game of bowling are entitled to a second game free.



Where can the Leisure Pass be used?

- All prices are subject to the production of a valid leisure pass
- Discounts apply to leisure pass holders only
- All activities are subject to availability
- Prices are subject to change without notice
- Leisure passes must be renewed annually by the concessionary

About the Leisure Pass
 The leisure pass scheme allows holders of a pass discount prices for use at the council's leisure facilities at the Ken Marriott Leisure Centre and many other privately-run facilities in the Rugby area, including some outside the borough.

Leisure Pass

Concessionary Use Scheme

From September 2009

If you require assistance in completing the form or would like to check your eligibility, tel: (01788) 533777

www.rugby.gov.uk/leisurepass

Leisure Pass

Concessionary Use Scheme

An open door to Leisure

From September 2009



Section D

Equal Opportunities Monitoring Form

Are you: (please tick)

<input type="checkbox"/> Male	<input type="checkbox"/> Female
<input type="checkbox"/> 16-18 years	<input type="checkbox"/> 19-40 years
<input type="checkbox"/> 41-59 years	<input type="checkbox"/> 60+

<input type="checkbox"/> White British	<input type="checkbox"/> White Irish
<input type="checkbox"/> Any other White background	
<input type="checkbox"/> White and Black Caribbean	
<input type="checkbox"/> White and Black African	
<input type="checkbox"/> White and Asian	
<input type="checkbox"/> Any other mixed background	

<input type="checkbox"/> Indian	<input type="checkbox"/> Pakistani	<input type="checkbox"/> Bangladeshi
<input type="checkbox"/> Any other Asian background		

<input type="checkbox"/> Caribbean	<input type="checkbox"/> African
<input type="checkbox"/> Any other Black background within this group	
<input type="checkbox"/> Chinese	
<input type="checkbox"/> Other (please specify)	

Do you consider yourself to have a disability?
 Yes No

If yes, what is the nature of the impairment?
 Physical Impairment Learning Difficulty
 Visual Impairment Hearing Impairment
 Other (please specify)

Section E

Feedback
 How did you hear about the leisure pass scheme? (please tick)

<input type="checkbox"/> Council Reception	<input type="checkbox"/> Word of mouth
<input type="checkbox"/> Ken Marriott Leisure Centre	
<input type="checkbox"/> Rugby Borough Council website	
<input type="checkbox"/> Other (please specify)	

Have you been a member of the leisure pass scheme before?
 Yes No

FOR OFFICIAL USE ONLY

Pass Number:

Date Issued:

Expiry Date:

Paid:

ID Check:

Receptionist's Signature:

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For further information on the leisure pass concessionary use scheme please contact Rugby Borough Council
Tel: (01788) 533777

If this information is difficult to understand, we may be able to provide it in another format, for example in large print, in audio, or in another language.
 Please contact the Communications Team on: (01788) 533864, or email: communications@rugby.gov.uk



Ansty Golf Centre

Brinklow Road, Ansty,
Coventry CV7 9JL
Tel: (024) 7662 1341
or (024) 7660 2568



Set in the countryside between the villages of Ansty and Shilton, Ansty Golf Centre has an 18 hole course with excellent natural drainage, ensuring that the course is always open regardless of weather. Food and drink are available in the course clubhouse.

Concessions apply to green fees only, during off-peak periods (Monday to Friday, excluding Bank Holidays). Please telephone the centre for charges and to check availability.

Rugby Thornfield Indoor Bowling Club

Bruce Williams Way,
Rugby CV22 5LL
Tel: (01788) 571598
Email: info@rtibc.co.uk
Web: www.rtibc.co.uk



Rugby Thornfield Indoor Bowling Club is working in partnership with Rugby Borough Council to offer people of all abilities who have never played bowls before an insight into a new and exciting sport.

The club is offering users of the leisure pass scheme a discounted price to take part in their activities giving them the opportunity to meet new people and also to help keep fit, which contributes to leading a healthy lifestyle.

Two hour session costs £3.



Rugby Town Junior Football Club

Kilsby Lane, Rugby CV21 4PN
Email: info@rugbytownfc.co.uk
Web: www.rugbytownfc.co.uk



As part of the club's ongoing development and to involve anyone who wants to take part in football, they have joined with Rugby Borough Council to introduce holders of a leisure pass to the club at these discounted rates:

- One parent on income disability or carer allowance will receive 10% discount
- Two parents on income disability or carer allowance will receive 20% discount
- Aged 16 to 18 will receive 10% discount
- Adult in part-time or full time education will receive 10% discount
- Parents aged 60+ will receive 20% discount

To apply for this discount for season 2009/10 please write to:

The Treasurer, Jayne Crinigan,
13 Percival Road, Rugby, Warwickshire CV22 5JS

FREE Swimming

Rugby Borough Council has been successful in securing government funding in order to be able to offer free swimming to people aged 16 and under and older people aged 60+ at the Ken Marriott Leisure Centre for a period of two years ending 31st March 2011

If you fall into either of these categories, a leisure pass is not required to take part in this activity.

To register for free swimming, please visit the Rugby Borough Council customer service desk at the Town Hall or the Ken Marriott Leisure Centre.

The benefits of an active lifestyle

Exercising regularly can bring huge benefits.

It can make you:

- feel good
- give you more energy
- keep your heart strong
- reduce blood pressure
- help avoid depression
- give you confidence
- help you sleep better
- help reduce stress
- help to manage weight

It can reduce the risk of:

- heart disease
- diabetes
- anxiety
- high blood pressure
- alzheimer's disease
- strokes
- arthritis
- stress
- bowel cancer
- osteoporosis

How do I know I am doing enough?

The current minimum level of activity recommended for adults is 30 minutes of moderate level activity on five different days of the week (Department of Health 1996).

The physical signs of moderate level activity are:

- you get slightly warmer
- your heart is beating faster than usual, but not racing
- your breathing is deeper and more rapid than usual, but you can still talk



Activity diary

Rugby Borough Council has provided a downloadable activity diary to help you record and monitor your current activity levels. Visit the link below to access the diary.

www.rugby.gov.uk/activitydiary

Who can apply?

The pass is available to both residents and non-residents of the borough of Rugby. If one of the following statements applies to you, then you can qualify for the leisure pass. (please tick the relevant box)

- I receive job seekers allowance (Application form stamped by the employment office/proof of address)
- I am in receipt of severe disablement allowance (Allowance book/Blue badge/eligibility letter/proof of address)
- I receive incapacity benefit (Notification of your award and council tax rebate notification/proof of address)
- I receive working tax credit (Entitlement letter/proof of address)
- I am in receipt of disability living allowance (Allowance book or notification/proof of address)
- I receive income support (Notification of entitlement/proof of address)
- I am a dependant of the applicant who receives benefits as categorised above (Child benefit allowance book)
- I am in work based learning for adults (Employer's letter/proof of address/proof of receipt for work based learning for adults)
- I am over 18 and in full time education (Complete student application form/prospect card/NUS card/form stamped by college/proof of address)
- I am aged 16-18 (Proof of date of birth/proof of address)
- I am aged 60+ (Proof of date of birth/bus pass/birth certificate/proof of address)
- I receive carer's allowance in receipt of income support (Allowance book or entitlement letter/proof of address)
- Children in Care & Young People eligible for leaving care services (Foster Care ID)

How do I apply?

- Complete the application form
- Provide one passport sized photograph
- Provide the sum of £1 to cover the cost of registration (this sum will cover all members of a family applying at the same time and needs to be paid on an annual basis).
- Proof of identification and residence
- A school/college signature and stamp (student applications only)
- Relevant proof of concessionary eligibility
- Take all the documents to:

Town Hall Reception
Town Hall,
Evreux Way,
Rugby CV21 2RR

Between the hours of 9am and 5pm,
Monday to Friday (excluding Bank Holidays
and Christmas breaks).

Application form

Section A

All applicants must complete this section.

Name:
Address:
.....
..... Postcode:
Telephone:
Date of Birth:

Concession Category
(eg Student, Senior Citizen, Disabled etc)
If eligible for registration:

agree to abide by the conditions of usage
applying to the Rugby Borough Council
leisure facilities for concessionary users.

Signed:

Printed:

Date:

(If under 18 years of age, this section must be signed by the parent/guardian/carer).

Section B

For further education applicants over the age of 18 years, this section needs to be completed by your college.

Name of College:

Official Stamp:

I certify that the above named is attending this college/a training scheme on a full time basis.

Signed:

Printed:

Date:

Position:

Section C

For applicants receiving job seekers allowance, this section needs to be completed by the employment office.

Signed:

Printed:

Date:

Position: