



# Boogie Woogie Dance

Whether you have danced before or are a complete beginner Boogie Woogie Dance welcomes you. Classes consist of freestyle disco, street and slow dance and are aimed at building confidence, improving balance, co-ordination, posture and most of all are about having **great fun!**

**Mondays**                      2.00pm – 2.45pm  
3-4 year olds  
£3.00 per session  
£5.50 per session to include 1 adult and 1 child  
swim after the session

**Thursdays**                      5.00pm – 5.45pm  
5-10 year olds  
£3.50 per session

**Booking is essential, please call reception on 01903 879666.**

**Steining Leisure Centre**  
Horsham Road, Steining  
01903 879666

**DC LEISURE**   
Fitness Industry Association  
Operator of the Year 2008 & 2009

STEINING  
**Leisure**  
CENTRE

Another Leisure  
Service from...

 **Horsham  
District  
Council**

DC Leisure Management working in partnership with Horsham District Council

# Junior Activities

## Table Tennis

Enjoy learning about this fun game with structured sessions to improve your serve, returns and rallies.

Fridays 6.30pm – 7.30pm      7 – 15 years

## Trampolining

Reach for the skies with our trampolining courses. Tuck, Straddle and Pike your way to badges and certificates from the British Gymnastics Awards Scheme. Please contact us for more information on times and prices.

## Aqua Disco

Enjoy a splashing time in our pool with music swimming and your favourite songs played by our disco DJ.

Fridays 6.00pm – 7.00pm      8 – 12 years

## Aqua Splash

A fun session for all kids to enjoy with our inflatable and floats.

Saturdays 3.00pm – 5.00pm

## Family Floats

A fun filled family pool session with floats, toys, balls and games.

Sundays 10.00am – 12noon

## Toddler Splash

A fun session for parents and under 5's with floats, balls and toys.

Thursdays 10.00am – 11.00am

Term time only.

## Basketball

Slam dunk, dribble and learn the core skills in this exciting session.

Saturdays 2.00pm – 3.30pm      5 – 14 years

