

# Junior Activities

## Crèche

Our Crèche is available Monday to Friday for children aged 8 weeks to 4 years and 11 months. Fully registered with Ofsted, we provide a safe environment for your child to enjoy whilst you enjoy the other facilities which the Centre has to offer.

**Monday – Friday** 9.15am – 10.30am  
10.30am – 11.45am  
12.15pm – 1.30pm  
1.30pm – 2.45pm

**£2.30 per session**

**£1.15 for LAC holders**

## Tots and Play

An energetic drop in session that includes soft play fun and bouncy castle.

**Wednesday** 1.30pm – 3.00pm

**£3.50 per session**

## Pre-school Gymnastics

This course is a great introduction to gymnastics for 3 – 4 year olds. Learn essential development skills including balancing, rolling, tumbling and stretching. Booking is essential please call 01403 219200.

**Friday** 1.30pm – 2.00pm  
2.00pm – 2.30pm  
2.30pm – 3.00pm

## Trampolining

We offer a wide range of trampolining courses for children aged 3-14 years olds, offering a fun educational experience allowing children to work their way through our British Gymnastics badge scheme. Booking for these courses is essential on 01403 219200



## Aqua Disco

Ride the flume, race the rapids and have a splashing time in the leisure pool with floats and toys. Chill out with your mates to all the latest chart hits. Fridays 7.00pm - 8.00pm 8-11 years  
8.00pm - 9.00pm 12 - 15 years

## Toddler Splash

A fun session for parents and under 5's in our teaching pool with toys and floats.

**Mondays** 1.30pm - 2.30pm

**Thursdays** 11.30am - 12.30pm

1 adult and 1 under 5 £2.60  
Additional under 5 £1.10

**For further information on any of our junior activities please contact us on 01403 219200.**





# Teen Sessions

## Yoga

A great exercise class with all the traditional yoga moves

**Thursday 4.00pm – 4.45pm**

**£3.60 per session**

## Teen Gym

Our junior fitness sessions are ideal for children aged 14-16 years old and provide an introduction to fitness in a safe supervised environment. Booking for these sessions is essential on 01403 219213.

**Tuesday & Thursday 3.30pm – 4.30pm**  
4.30pm – 5.30pm

**Saturday 2.00pm – 4.00pm**  
**£2.70 per session**

**For further information on any of our teen activities please contact us on 01403 219200.**



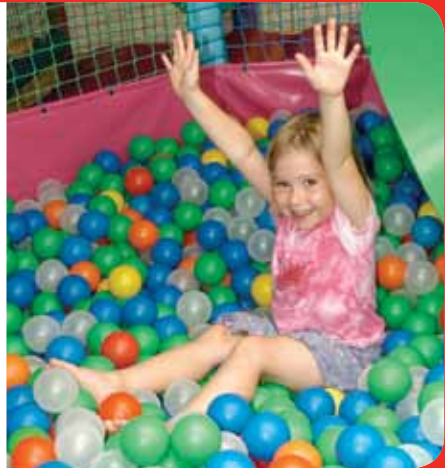
The ultimate adventure for children aged 2-11 years old.

Monday – Friday 10.00am – 6.00pm  
Saturdays and Sundays 10.00am – 1.15pm  
5.15pm – 6.00pm

£2.75 per child

£1.65 per child LAC

LAC – Horsham District Council Leisure Access Card – contact 01403 215263 for further information.



**The Pavilions**  
IN THE PARK

**DC LEISURE**  
Fitness Industry Association  
Operator of the Year 2008 & 2009

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