

**FREE SWIMMING**  
from 1st April 2009\*  
(please see reverse for details)



# Swimming Timetable

## Summer 2009

Bradford Swimming Pool  
01225 862970

Melksham Blue Pool  
01225 703525

Trowbridge Sports Centre  
01225 764342

Warminster Sports Centre  
01985 212946

Westbury Swimming Pool  
01373 822891

**DC LEISURE**   
Fitness Industry Association  
Operator of the Year 2008/9

**Wiltshire Council**  
 Where everybody matters

DC Leisure Management Ltd working in partnership with Wiltshire Council

## Main Pool

### Monday

10.00am – 12.00pm  
10.00am – 1.30pm  
1.30pm – 2.00pm  
3.30pm – 6.30pm  
9.00pm – 10.00pm

Ladies Recreation  
Public Swim  
Hydrofitness  
Public Swim  
Adults Only

### Tuesday

7.00am – 9.00am  
10.30am – 11.30am  
12.00pm – 1.30pm  
2.00pm – 3.00pm  
3.00pm – 4.00pm  
6.50pm – 7.15pm  
7.15pm – 8.30pm  
8.30pm – 9.30pm

Early Morning Swim  
Mature Bathers  
Public Swim  
Ladies Only  
Public Swim  
Hydromax  
Public Swim  
Adults Only

### Wednesday

7.00am – 9.00am  
12noon – 1.30pm  
2.30pm – 3.30pm  
3.30pm – 6.30pm

Early Morning Swim  
Public Swim  
Mature Bathers  
Public Swim

### Thursday

7.00am – 9.00am  
12.00pm – 1.30pm  
2.30pm – 3.30pm  
6.00pm – 6.30pm  
6.30pm – 8.00pm  
8.00pm – 9.00pm  
9.00pm – 10.00pm

Early Morning Swim  
Public Swim  
Ladies Only  
Hydromax  
Public Swim  
Adults Only  
BOA Water Polo Club

### Friday

7.00am – 9.00am  
9.00am – 10.00am  
11.30am – 12noon  
12noon – 1.30pm  
2.30pm – 3.30pm  
3.30pm – 5.00pm  
5.00pm – 6.00pm

Early Morning Swim  
Mature Bathers  
Hydrofitness  
Public Swim  
Ladies Only  
Public Swim  
Adults Only

### Saturday

11.00am – 12.30pm  
12.30pm – 1.30pm  
1.30pm – 5.00pm  
6.45pm – 7.45pm

Fun Swim  
Adults Only  
Public Swim  
Pool Available For Hire

### Sunday

8.30am – 12.30pm  
1.00pm – 4.00pm

Public Swim  
Public Swim

### Fun Swims:

Height restrictions apply for the use of the Inflatable.

## Small Pool

### Monday

10.00am – 11.00am  
11.00am – 11.30am  
11.30am – 12.00noon  
12.00noon – 1.30pm

Parent and Toddler (under 5's)  
Ladies Recreation Aquafit  
Hydrotherapy  
Public Swim

### Tuesday

10.00am – 11.15am  
11.20am – 12.00noon  
12.00noon – 1.30pm  
1.30pm – 2.30pm  
6.30pm – 7.30pm  
7.30pm – 8.30pm

Parent and Toddler (under 5's)  
Mobility Session  
Public Swim  
Aquafit  
Aqua Bump  
Aquafit

### Wednesday

11.00am – 12.00noon  
12.00noon – 1.30pm  
2.30pm – 3.30pm

Disabled Session  
Public Swim  
Parent and Toddler (under 5's)

### Thursday

12.00noon – 1.30pm  
7.00pm – 8.00pm

Public Swim  
Aquafit

### Friday

10.30am – 12.00noon  
12.00noon – 1.30pm  
2.30pm – 3.30pm  
3.30pm – 6.00pm

Parent and Toddler (under 5's)  
Public Swim  
Duckling Lessons  
Public Swim

### Saturday

11.00am – 12.30pm  
12.30pm – 1.30pm  
1.30pm – 5.00pm  
5.00pm – 6.00pm

Fun Swim  
Pool Available for Hire  
Public Swim  
Lifesaving Club

### Sunday

8.30am – 12.30am  
1.00pm – 4.00pm  
4.00pm – 5.00pm  
5.00pm – 6.00pm  
6.00pm – 7.00pm

Public Swim  
Public Swim  
Pool Available for Hire  
Pool Available for Hire  
Aquafit

## LEARN TO SWIM

Children as young as 1 year can learn to swim at Bradford Swimming Pool, we cater for all ages and abilities in our Swim Academy taking your child from beginner to elite! Adult lessons are also available, please contact reception for more details.

Children under 8 must be supervised in the water and in the changing rooms by a parent or adult (18+). A maximum of 2 children under 8 is permitted per parent/ adult. This is the recommendation of the Health & Safety Executive

# WESTBURY

Swimming Pool

Church Street, Westbury  
enquiries@westburyswimmingpool – 01373 822891

## Monday

7.00am – 9.30am	Public Swim
9.30am – 10.30am	Remedial Relaxation Swim
10.30am – 11.30am	Aquafit
12noon – 1.20pm	Adults Only
2.30pm – 3.30pm	Ladies Only
6.00pm – 7.00pm	Public Swim
7.00pm – 8.00pm	Aqua Bump
8.00pm – 9.00pm	Aquafit
9.00pm – 10.00pm	Adults Only

## Tuesday

8.00am – 10.00am	Public Swim
10.00am – 11.00am	Aquafit
11.00am – 12noon	Parent & Toddler
12noon – 1.00pm	Adults Only
1.00pm – 3.00pm	Public Swim*
3.00pm – 4.00pm	Adults Only
4.00pm – 5.30pm	Public Swim

## Wednesday

7.00am – 9.30am	Public Swim
9.30am – 10.30am	Remedial Relaxation Swim
10.30am – 11.30am	Public Swim
11.30am – 12.30pm	Adults Only
2.30pm – 3.30pm	Mature Bathers
5.30pm – 7.00pm	Public Swim
9.00pm – 10.00pm	Ladies Only

## Thursday

7.30am – 9.30am	Public Swim
9.30am – 10.30am	Remedial Relaxation Swim
12noon – 1.00pm	Adults Only
1.00pm – 2.00pm	Aquafit
3.00pm – 4.00pm	Schools / £1 Swim**
6.00pm – 7.00pm	Public Swim
7.00pm – 8.00pm	Aqua Fit
9.00pm – 10.00pm	Adults Only

## Friday

7.30am – 9.45am	Public Swim
12.15am – 1.30pm	Adults Only
1.30pm – 2.30pm	Parent & Toddler
2.30pm – 3.30pm	Mature Bathers
6.00pm – 7.00pm	Public Swim
8.00pm – 9.00pm	Adults Only

## Saturday

1.00pm – 2.00pm	Adults Only
2.00pm – 4.00pm	Public Swim
4.00pm – 6.00pm	Pool Available for Birthdays Parties / Private Hire

## Sunday

8.30am – 10.00am	Adults only
10.00am – 11.00am	Parent & Child (under 8's)
11.00am – 1.00pm	Fun Swim
1.00pm – 3.00pm	Public Swim
3.00pm – 5.00pm	Fun Swim
5.00pm – 6.00pm	Pool available for Birthday Parties / Private Hire

### Please Note

Timetable is subject to change. Please note that there is a different timetable for April / May school holidays.

\* Staff Training sessions will run in this slot once a month instead of Public Swim. This usually occurs on the 3rd Tuesday of the month. Contact reception for dates.

\*\* Schools session running in this slot. Please contact reception for dates. £1 Swims will commence when schools are not in.

A Government initiative scheme will affect the timetable for two weeks in June. This initiative is to get children swimming 25m by the time they have finished primary school. The weeks affected by this scheme will be week beginning Monday 8th & Monday 15th June. This will affect our morning swims and the timetable for the following weeks will be as follows.

Monday	7.00 – 8.30am	Public Swim
Tuesday	8.00 – 10.00am	Public Swim - Cancelled
Wednesday	7.00 – 8.30am	Public Swim
Thursday	7.30 – 8.30am	Public Swim
Friday	7.30 – 8.30am	Public Swim

Primary School Gala will affect the timetable on Wednesday 20th May. The timetable will be as follows.

9.00am – 10.00am	Remedial Relaxation Swim
10.30am – 11.30am	Public Swim - Cancelled
11.30am – 12.30pm	Adults Only – Cancelled

Children under 8 must be supervised in the water and in the changing rooms by a parent or adult (18+). A maximum of 2 children under 8 is permitted per parent/ adult. This is the recommendation of the Health & Safety Executive

# MELKSHAM

Blue Pool

Market Place, Melksham  
T. 01225 703525 Textphone users add prefix 18001 to access TYPETALK  
F. 01225 703279  
enquiries@melkshambluepool.co.uk

## Monday

7.00am – 9.00am Early Morning Swim with Adult Lane  
Aquafit  
11.30am – 12.30pm Lunchtime Public Swim  
12.30pm – 1.30pm Mature Bathers  
2.30pm – 4.00pm Public Swim  
5.30pm – 6.30pm Public Swim  
9.00pm – 10.00pm Adult Only Lane Swim

## Tuesday

7.00am – 9.00am Early Morning Swim  
11.30am – 12.30pm Mature Bathers  
12.30pm – 1.45pm Adult Only  
1.45pm – 3.15pm Public Swim  
5.30pm – 7.00pm Public Swim  
7.00pm – 8.00pm Aquafit  
8.00pm – 10.00pm Adults Only

## Wednesday

7.00am – 9.00am Early Morning Swim with Adult Lane  
Hydrofit  
11.30am – 12.30pm IFI Swim  
12.30pm – 1.30pm Public Swim  
1.30pm – 3.00pm Ladies Only  
3.00pm – 4.00pm Public Swim  
5.30pm – 7.30pm Swim Gym  
7.30pm – 8.30pm Adults Only  
8.30pm – 10.00pm

## Thursday

7.00am – 9.00am Early Morning Swim  
12.30pm – 1.30pm Lunchtime Public Swim  
2.00pm – 3.00pm Mature Bathers  
3.00pm – 4.00pm Public Swim  
5.30pm – 7.00pm Public Swim  
7.00pm – 8.00pm Aquafit  
9.00pm – 10.00pm Sub Aqua Club

## Friday

7.00am – 9.00am Early Morning Swim with Adult Lane  
Aquafit  
12.00pm – 1.00pm Lunchtime Public Swim  
1.00pm – 2.00pm Mature Bathers  
2.00pm – 3.00pm Public Swim  
3.00pm – 4.00pm Swimming Lessons  
4.00pm – 6.30pm Public Swim with Adult Lane  
6.30pm – 7.30pm

## Saturday

10.00am – 12.00pm Swimming Lessons  
12.00pm – 2.00pm Public Swim  
2.00pm – 3.30pm Fun Swim  
3.30pm – 5.00pm Family Swim  
5.00pm onwards pool available for Private Hire

## Sunday

7.30am – 9.00am Adults Only with One Lane  
9.00am – 10.30am Parent & Child (under 8's)  
10.45am – 12.00pm Fun Swim  
12.00pm – 2.00pm Public Swim  
2.00pm – 3.30pm Family Swim  
3.30pm – 5.15pm Public Swim  
5.15pm – 6.00pm Adult Swimming Lessons

\* Family Swim - a session only for family groups, no individuals will be granted entry

## LEARN TO SWIM

We take children as young as 12months on our Swim Academy Programme, children will follow the ASA National Plan for teaching swimming which caters for all ages and abilities developing your child from beginner to elite. For further information or to book your child's place please contact reception.



Children under 8 must be supervised in the water and in the changing rooms by a parent or adult (18+). A maximum of 2 children under 8 is permitted per parent/ adult. This is the recommendation of the Health & Safety Executive

# TROWBRIDGE

Sports Centre

Frome Road, Trowbridge  
enquiries@trowbridgesportscentre.co.uk – 01225 764342

## Week 1 Commencing April 20th, May 4th/18th, June 8th/22nd and July 6th/20th

### Mondays

7.00am – 8.45am	Adult Lanes / Public Swim
10.00am – 11.00am	Aqua Fit / Ladies Only
12.05pm – 1.05pm	Lunchtime Swim
2.35pm – 3.25pm	Mature Bathers
3.30pm – 6.00pm	Swimming Lessons
6.00pm – 7.00pm	Aqua Fit / Diving Lessons
7.00pm – 8.00pm	Public Swim & Adult Lane Swim/ Development Swimming Lessons
8.00pm – 9.00pm	Adult Swim / Adult Swim Technique
9.00pm – 10.00pm	Staff Training / Adult Swim

### Tuesdays

7.00am – 8.45am	Adult Lanes / Public Swim
12.05pm – 1.30pm	Lunchtime Swim
3.30pm – 6.00pm	Swimming Lessons
6.00pm – 7.00pm	Adult Lane Swim / Swimming Lessons
7.00pm – 9.00pm	Trowbridge Swimming Club
9.15pm – 10.15pm	Scuba Diving

### Wednesdays

7.00am – 8.45am	Adult Lanes / Public Swim
11.00am – 12.00pm	Hydro Fit
12.05pm – 1.30pm	Lunchtime Swim
2.35pm – 3.25pm	Public Swim / Pre School Lessons
3.30pm – 6.00pm	Swimming Lessons / Diving Lessons
6.00pm – 7.00pm	Aqua Fit / Diving Lessons
7.00pm – 8.30pm	Force Five
8.35pm – 10.00pm	Public Swim / Adult Lane Swim

### Thursdays

12.05pm – 1.00pm	Lunchtime Swim
3.30pm – 6.00pm	Swimming Lessons
6.00pm – 7.00pm	Adult Lane Swim / Swimming Lessons
8.30pm – 10.00pm	Public Swim / Adult Lane Swim

### Fridays

7.00am – 8.45am	Adult Lanes / Public Swim
1.05pm – 2.15pm	Lunchtime Swim
3.30pm – 6.00pm	Swimming Lessons
6.05pm – 7.00pm	Public Diving / Fun Zone
7.00pm – 10.00pm	Trowbridge Swimming Club

### Saturdays

8.30am – 11.00am	Swimming Lessons
11.00am – 12.00pm	Family Fun Zone
12.00pm – 1.00pm	Adult Lane Swim
1.00pm – 2.00pm	Public Swim
2.00pm – 3.00pm	Public Diving / Fun Zone
3.00pm – 4.00pm	Adult Lane Swim
4.00pm – 6.00pm	Pool Available For Hire

### Sundays

8.30am – 10.00am	Public Swim / Adult Lane Swim
10.00am – 11.00am	Parent & Child Session / Fun Zone
11.00am – 12.00noon	Parent & Child Session / Fun Zone
12.00pm – 1.00pm	Pool Available For Hire
1.00pm – 2.00pm	Fun Swim
2.00pm – 3.00pm	Adult Lane Swim
3.00pm – 4.00pm	Public Swim
4.00pm – 6.30pm	Adult Lane Swim / Adult Lessons

Children under 8 must be supervised in the water and in the changing rooms by a parent or adult (18+). A maximum of 2 children under 8 is permitted per parent/ adult. This is the recommendation of the Health & Safety Executive

### Swimming Lessons

Learn to swim with our extensive swimming lesson programme. We cater for all ages and abilities. From beginners to the advance. All lessons follow the ASA national teaching plan with fully qualified teachers. For further information please contact reception 01225 764342.

Trowbridge Sports Centre is a dual use site with Clarendon College. Under this arrangement the pool timetable is subject to change between 8.45am – 5.30pm. If Clarendon College make any amendments to the Pool programme we will of course keep you informed at the earliest opportunity.

# TROWBRIDGE

Sports Centre

Frome Road, Trowbridge  
enquiries@trowbridgesportscentre.co.uk – 01225 764342

## Week 2 Commencing April 27th, May 11th, June 1st/15th/29th and July 13th

### Mondays

7.00am – 8.45am  
10.00am – 11.00am  
12.05pm – 1.00pm  
2.35pm – 3.25pm  
3.30pm – 6.00pm  
6.00pm – 7.00pm  
7.00pm – 8.00pm

Adult Lanes / Public Swim  
Aqua Fit / Ladies Only  
Lunchtime Swim  
Mature Bathers  
Swimming Lessons  
Aqua Fit / Diving Lessons  
Public Swim & Adult Lane  
Swim/ Development  
Swimming Lessons  
Adult Swim / Adult Swim  
Technique  
Staff Training / Adult  
Swim

8.00pm – 9.00pm

9.00pm – 10.00pm

### Tuesdays

7.00am – 8.45am  
12.05pm – 1.30pm  
3.30pm – 6.00pm  
6.00pm – 7.00pm

Adult Lanes / Public Swim  
Lunchtime Swim  
Swimming Lessons  
Adult Lane Swim /  
Swimming Lessons  
Trowbridge Swimming Club  
Scuba Diving

7.00pm – 9.00pm  
9.15pm – 10.15pm

### Wednesdays

7.00am – 8.45am  
11.00am – 12.00pm  
12.05pm – 1.30pm  
2.35pm – 3.25pm

Adult Lanes / Public Swim  
Hydro Fit  
Lunchtime Swim  
Public Swim / Pre School  
Lessons  
Swimming Lessons / Diving  
Lessons  
Aqua Fit / Diving Lessons  
Force Five  
Public Swim / Adult Lane  
Swim

3.30pm – 6.00pm

6.00pm – 7.00pm  
7.00pm – 8.30pm  
8.35pm – 10.00pm

### Thursdays

12.05pm – 1.00pm  
3.30pm – 6.00pm  
6.00pm – 7.00pm

Lunchtime Swim  
Swimming Lessons  
Adult Lane Swim /  
Swimming Lessons  
Public Swim / Adult Lane  
Swim

8.30pm – 10.00pm

### Fridays

7.00am – 8.45am  
12.05pm – 1.15pm  
3.30pm – 6.00pm  
6.05pm – 7.00pm  
7.00pm – 10.00pm

Adult Lanes / Public Swim  
Lunchtime Swim  
Swimming Lessons  
Public Diving / Fun Zone  
Trowbridge Swimming Club

### Saturdays

8.30am – 11.00am  
11.00am – 12.00pm  
12.00pm – 1.00pm  
1.00pm – 2.00pm  
2.00pm – 3.00pm  
3.00pm – 4.00pm  
4.00pm – 6.00pm

Swimming Lessons  
Family Fun Zone  
Adult Lane Swim  
Public Swim  
Public Diving / Fun Zone  
Adult Lane Swim  
Pool Available For Hire

### Sundays

8.30am – 10.00am  
10.00am – 11.00am  
11.00am – 12.00noon  
12.00pm – 1.00pm  
1.00pm – 2.00pm  
2.00pm – 3.00pm  
3.00pm – 4.00pm  
4.00pm – 6.30pm

Public Swim / Adult Lane  
Swim  
Parent & Child Session / Fun  
Zone  
Parent & Child Session / Fun  
Zone  
Pool Available For Hire  
Fun Swim  
Adult Lane Swim  
Public Swim  
Adult Lane Swim / Adult  
Lessons

Children under 8 must be supervised in the water and in the changing rooms by a parent or adult (18+). A maximum of 2 children under 8 is permitted per parent/ adult. This is the recommendation of the Health & Safety Executive



# WARMINSTER

Sports Centre

Woodcock Road, Warminster

enquiries@warminstersportscentre.co.uk – 01985 212946

**Programme changes will occur during January please read the notes at the bottom of the page.**

## Monday

7.00am – 9.00am	Early Birds (1 lane)
9.00am – 9.45am	Aqua Aerobics
12.10pm – 12.50pm	Lunchtime Dip (Adults Only)
3.15pm – 4.00pm	Mature Bathers
4.00pm – 6.30pm	Public Swim (half pool, along side swim lessons)
8.30pm – 9.30pm	Aqua Aerobics
9.30pm – 10.30pm	Adults Only

## Tuesday

12.10pm – 12.50pm	Relaxation Swim (Adults Only)
5.00pm – 6.00pm	Ladies Only (Adults Only)
6.00pm – 8.00pm	Public Swim
8.00pm – 10.00pm	Adults Only (Half Laned) (Staff Training*)

## Wednesday

7.00am – 9.30am	Early Birds (1 lane)
9.30am – 10.15am	Parent & Toddler
12.10pm – 1.20pm	Adult Lunchtime Dip/Staff Training
6.00pm – 7.00pm	Adult Lane Swim / Public Swim
7.00pm – 8.15pm	Public Swim
8.15pm – 9.00pm	Aqua Aerobics
9.00pm – 10.00pm	Adult Lane Swim

## Thursday

7.00am – 9.15am	Early Birds (1 lane)
11.40am – 1.20pm	Public Swim
5.30pm – 7.00pm	Public Swim

## Friday

7.00am – 9.15am	Early Birds Laned Swim
12.10pm – 12.50pm	Lunchtime Dip (Adults Only)
2.45pm – 3.30pm	Mature Bathers
5.30pm – 6.30pm	Public Swim
8.00pm – 9.00pm	Adult Lane Swim

## Saturday

11.30am – 1.00pm	Fun Swim
1.00pm – 2.00pm	Relaxation Swim (Adults Only)
2.00pm – 5.00pm	Public Swim
5.00pm – 9.00pm	Pool Available for Private Hire

## Sunday

8.00am – 10.00am	Early Birds
10.00am – 11.00am	Parent & Toddler
11.00am – 12noon	Adults Only (half pool laned)
12noon – 2.00pm	Fun Swim
2.00pm – 4.30pm	Public Swim

### Relaxation Swim

Please be aware that these sessions are aimed to be a gentle and stress – free session where vigorous swimming will not be permitted.

### Staff Training

**Tuesday:** Please note that on the 21st April 09, 19th May 09, 16th June 09, 21st July 09 the 8pm-10pm Adults swim will be 9.00pm - 10.00pm only.

**Wednesday:** Please note that on the 29th April 09, 27th May 09, 24th June 09, 29th July 09 the Adults Lunchtime Dip will be Cancelled.

### Please Note

Warminster Sports Centre is a dual use site with Kingdown School. Under this arrangement the pool timetable is subject to change, each term, between 8.30am – 5pm. This is due to them fulfilling the swimming section of the National Curriculum.



Children under 8 must be supervised in the water and in the changing rooms by a parent or adult (18+). A maximum of 2 children under 8 is permitted per parent/ adult. This is the recommendation of the Health & Safety Executive

### **Bradford Swimming Pool**

Station Approach, Bradford on Avon

[www.bradfordswimmingpool.co.uk/enquiries@bradfordswimmingpool.co.uk](http://www.bradfordswimmingpool.co.uk/enquiries@bradfordswimmingpool.co.uk)

**01225 862970**

### **Melksham Blue Pool**

Market Place, Melksham

[www.melkshambluepool.co.uk/enquiries@melkshambluepool.co.uk](http://www.melkshambluepool.co.uk/enquiries@melkshambluepool.co.uk)

**01225 703525** Supported by Typetalk, Fax 01225 703279

### **Trowbridge Sports Centre**

Frome Road, Trowbridge

[www.trowbridgesportscentre.co.uk/enquiries@trowbridgesportscentre.co.uk](http://www.trowbridgesportscentre.co.uk/enquiries@trowbridgesportscentre.co.uk)

**01225 764342**

### **Warminster Sports Centre**

Woodcock Road, Warminster

[www.warminstersportscentre.co.uk/enquiries@warminstersportscentre.co.uk](http://www.warminstersportscentre.co.uk/enquiries@warminstersportscentre.co.uk)

**01985 212946**

### **Westbury Swimming Pool**

Church Street, Westbury

[www.westburyswimmingpool.co.uk/enquiries@westburyswimmingpool](http://www.westburyswimmingpool.co.uk/enquiries@westburyswimmingpool)

**01373 822891**

**\*Free Swimming  
available for those  
aged 60 & over and  
16 & under from 1st  
April 2009.**

**Ask at reception  
for details.**

