

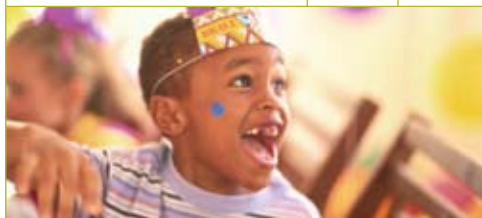
# Fleming Park Leisure Centre

02380 684800

[www.flemingparkleisurecentre.co.uk](http://www.flemingparkleisurecentre.co.uk)

From January 2009 the following prices will come into effect

| Activity and Facility Charges  | Non member | kinetika member | Activity and Facility Charges  | Non member | kinetika member               |
|--|------------|-----------------|--|------------|-------------------------------|
| <b>kinetika gym prices</b>   |            |                 | <b>Swimming pool</b>   |            |                               |
| Casual user induction  | £26.50     | n/a             | Adult  | £3.65      | Free                          |
| Junior induction   | £11.70     | n/a             | Junior   | £1.60      | Free                          |
| Gym session  | £6.90      | n/a             | Under 5's  | Free       | Free                          |
| GP referral gym  | £2.50      | n/a             | Family   | £7.90      | Free                          |
| GP graduate gym  | £3.00      | n/a             | (up to 5, max 2 adults)  |            |                               |
| Health suite   | £6.50      | Free            | Bonus swim   | £1.90      | Free                          |
| Gym & Health suite   | £9.75      | Free            | (swim as second activity)  |            |                               |
| Gym Programmes   | £15.00     | n/a             | Adult Passport to Leisure  | £1.90      | n/a                           |
| Fitness user card renewal  | £3.00      | n/a             | Adult drop in lessons  | £4.15      | £3.90                         |
| Personal training  | £37.50     | £33.00          | Parents swim   | £2.40      | Free                          |
| Indoor cycling   | £6.90      | Free            | (while children are in lessons)  |            |                               |
| Body stat  | £8.90      | £5.95           | Adult weekly ticket  | £8.90      | n/a                           |
| Teen workout   | £2.80      | Free            | (Monday - Friday 07.00-17.00, 5 swims only and expires weekly)   |            |                               |
|  |            |                 | Junior weekly ticket   | £3.00      | n/a                           |
|  |            |                 | (Monday - Friday 07.00-17.00, 5 swims only and expires weekly)   |            |                               |
| <b>Tanning sessions</b>  |            |                 | Adult Passport to Leisure weekly ticket (Monday - Friday 07.00-17.00, 5 swims only and expires weekly) | £4.60      | n/a                           |
| Tanning cab - 3 mins   | £3.00      | £2.85           | Monthly adult swimming ticket  | £34.50     |                               |
| Tanning cab - 6 mins   | £6.00      | £5.70           | Monthly junior swimming ticket   | £11.50     |                               |
| Tanning cab - 9 mins   | £9.00      | £8.55           | Annual adult swimming ticket   | £245.00    |                               |
|  |            |                 |  |            |                               |
| <b>Group exercise activities</b>   |            |                 | <b>Childrens activities</b>  |            |                               |
| Fitness mornings - Tuesday   | £4.55      | Free            | Crèche (per 30 minute session)   | £1.00      | £1.00                         |
| Fitness mornings - Thursday  | £4.40      | Free            | Tumble zone  | £2.50      | Free                          |
| 5-0 activity mornings  | £3.40      | Free            | Tumble zone additional child   | £0.70      | £0.70                         |
| 5-0 additional kinetika gym  | £1.00      | Free            | Special needs activity hour  | £2.15      | Free                          |
| Aerobics peak  | £5.00      | Free            | Special needs activity hour extra child  | £0.60      | £0.60                         |
| Aerobics off peak  | £4.40      | Free            | Birthday parties cost from   | £7.75      | Free place for birthday child |
| Aerobics full time student off peak  | £3.05      | n/a             |  |            |                               |
| Aerobics Passport to Leisure off peak  | £3.05      | n/a             |  |            |                               |
| Aerobics block ticket  | £44.75     | n/a             |  |            |                               |
| Aquacise peak  | £4.60      | n/a             |  |            |                               |
| Body Training Systems (Body Jam, Body Combat, Body Pump, Body Attack, Body Balance) peak     | £5.25      | Free            |  |            |                               |
| Body Training Systems (Body Jam, Body Combat, Body Pump, Body Attack, Body Balance) off peak | £4.75      | Free            |  |            |                               |
| Speedo deepwater aqua  | £2.90      | Free            |  |            |                               |
| Boxercise  | £5.55      | Free            |  |            |                               |



Discounts are available during the day time for PPL holders. Please see reception for more information.

The centre reserves the right to change prices. Contact reception for details.

| Activity and Facility Charges                                   | Peak   | Off Peak | Activity and Facility Charges   | Non member | kinetika member |
|---|--------|----------|---|------------|-----------------|
| <b>Activity bookings</b>  |        |          | <b>Golf</b>   |            |                 |
| Badminton (55 minutes)  |        |          | <b>Pro rata season tickets are available for golf until 31st March 2009</b> |            |                 |
| Adult   | £9.50  | £5.95    | 7 day ticket adult per month  | £34.00     | n/a             |
| Junior  | £9.50  | £2.30    | 7 day ticket junior per month   | £6.00      | n/a             |
| Squash (40 minutes)   |        |          | 5 day ticket adult per month  | £22.00     | n/a             |
| Adult   | £6.05  | £4.25    | 5 day leisure pass per month  | £17.00     | n/a             |
| Junior  | £6.05  | £1.70    | Half set of clubs 9 holes   | £4.50      | n/a             |
| 5 a side Soccer, Basketball, Volleyball (Main hall, 55 minutes) |        |          | Half set of clubs 18 holes  | £5.50      | n/a             |
| Adult   | £47.50 | £47.50   | Trolley hire 9 holes  | £2.50      | n/a             |
| Junior  | £47.50 | £19.00   | Trolley hire 18 holes   | £3.50      | n/a             |
| 5 a side (New hall, 55 minutes)                                 |        |          | 9 holes weekday adult   | £8.90      | n/a             |
| Adult   | £47.50 | £36.10   | 9 holes weekday junior  | £3.75      | n/a             |
| Junior  | £47.50 | £18.50   | 9 holes weekday parent & child  | £11.00     | n/a             |
| ATP full pitch (hockey & soccer, 55 minutes)                    |        |          | 9 holes weekend/<br>bank holidays adult                                     | £10.45     | n/a             |
| Adult   | £63.50 | £31.00   | 9 holes weekend/<br>bank holidays junior                                    | £5.20      | n/a             |
| Junior  | £39.20 | £19.20   | 9 holes weekend/<br>bank holidays parent & child                            | £13.05     | n/a             |
| ATP half pitch (hockey & soccer, 55 minutes)                    |        |          | 18 holes weekday adult  | £14.65     | n/a             |
| Adult   | £34.00 | £22.30   | 18 holes weekday junior   | £5.20      | n/a             |
| Junior  | £24.25 | £10.00   | 18 holes weekend/<br>bank holidays adult                                    | £16.70     | n/a             |
| AWP 5 a side (55 minutes)                                       |        |          | 18 holes weekend/<br>bank holidays junior                                   | £7.80      | n/a             |
| Adult   | £32.50 | £21.00   | Golf society package A (min 8 ppl)  | £16.00     | n/a             |
| Junior  | £17.60 | £9.70    | Golf society package B (min 12 ppl)   | £19.00     | n/a             |
| Indoor Tennis (55 minutes)                                      |        |          | Golf society package C (min 12 ppl)   | £24.00     | n/a             |
| Adult   | £19.15 | £13.25   |   |            |                 |
| Junior  | £19.15 | £9.00    |   |            |                 |
| Table tennis (55 minutes)                                       |        |          |   |            |                 |
| Adult   | £2.50  | £2.50    |   |            |                 |
| Junior  | £1.05  | £1.05    |   |            |                 |
| Outdoor tennis (55 minutes)                                     |        |          |   |            |                 |
| Adult   | £6.00  | £4.40    |   |            |                 |
| Junior  | £3.10  | £1.70    |   |            |                 |
| Outdoor netball (55 minutes)                                    |        |          |   |            |                 |
| Adult   | £12.85 | £5.30    |   |            |                 |
| Junior  | £3.60  | £2.10    |   |            |                 |
| <b>Booking cards</b>  |        |          |   |            |                 |
| Individual 16+  | £16.50 |          |   |            |                 |
| Joint   | £21.75 |          |   |            |                 |
| Junior  | £11.10 |          |   |            |                 |
| Hire charges (deposit £10.00)                                   | £1.85  | £1.85    |   |            |                 |

