



Swimming Timetable

April 2009

Fleming Park Leisure Centre
023 8068 4800

DC LEISURE 
Fitness Industry Association
Operator of the Year 2008/9

EASTLEIGH
BOROUGH COUNCIL

Operated by DC Leisure Management Ltd on behalf of Eastleigh Borough Council

Pool programme

Our pool timetable is set out to ensure you can easily find the sessions you are looking for. Simply choose your session title, look for the times available and come along and swim. For all sessions, up to half the main pool may be used for an alternative activity. Please see notes opposite on school holiday changes.

Lanes

Monday	07.00-09.55	16+ Lanes
	12.30-13.25	
	16.00-17.55	
	18.00-18.55	16+ Lanes
Tuesday	07.00-09.55	16+ Lanes
	12.30-13.25	
	17.30-18.55	
Wednesday	07.00-09.55	16+ Lanes
	12.30-13.25	
	16.00-18.25	
Thursday	07.00-09.55	16+ Lanes
	12.30-13.25	
	16.00-17.25	
	17.30-18.45	16+ Lanes
16+ Lanes	20.30-22.30	
		16+ Lanes
Friday	07.00-09.55	16+ Lanes
	12.30-13.25	
	18.00-18.55	
Saturday	07.30-10.25	16+ Lanes
	12.30-13.25	
Sunday	07.30-09.25	16+ Lanes
	12.30-13.25	

Adults only (whole pool)

Wednesday 20.00-22.30
3 lanes and general swimming

Public fin lane

If you want to train with short fins, we have set aside a lane on Thursdays at 21.15-22.00 for this use.

General Use

	Main Pool	Teaching Pool
Monday	10.00-12.25	11.30-13.25
	13.30-15.55	15.00-15.55
Tuesday	10.00-12.25	12.30-15.55
	13.30-17.25	
	19.00-19.55	
Wednesday	10.00-12.25	11.30-12.25
	13.30-15.55	15.00-15.55
	18.30-19.55	18.30-19.55
Thursday	10.00-12.25	09.00-10.25
	13.30-15.55	14.30-15.30
	18.50-20.25	18.00-18.55
Friday	10.00-12.25	09.00-09.55
	13.30-18.55	15.00-15.55
Saturday	10.30-12.25	10.30-13.25
	15.00-17.55	15.00-16.55
Sunday	13.30-19.00	08.00-09.25
		12.30-15.55

Splashtime*

Saturday 13.30-14.55
Main pool and Teaching pool.

During school holidays:
Tuesdays and Thursdays 11.15-12.25 Main pool and Teaching pool

Family Splashtime**

Sunday 11.00-12.25
Main pool and Teaching pool.

- Please note 'Splashtime' is not part of the free swimming programme.
- Those attending the Family Splashtime must be part of a family group.

Family Swim

Sunday 09.30-10.55
Main pool and Teaching pool.

- Family swim is part of the free swimming programme, however all those attending the session must be part of a family group.

Drop in lessons (Learner pool)

Adult Beginner
Monday 09.00-09.45
Adult Better Beginner
Monday 09.45-10.30
(Term time only)

Party hire

Learner pool only
Saturday 17.00-18.00
18.00-19.00
19.00-20.00
Sunday 18.00-19.00

School holiday changes

Swimming lessons run throughout the school holidays, please see the junior holiday programme for changes to pool timetables during bank holidays, Christmas and additional learner pool times. Additional Splashtime will take place in the main and teaching pool during Tuesday and Thursday mornings 11.15-12.25



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Prices

Adult	£3.65
Junior	£1.60
Family (up to 5 people, max 2 adults)	£7.90
Under 5's	Free
kinetika members	Free

Session descriptions

16+ Lanes – The old Adult lanes session. Those holding a 16 and under free swimming membership may swim in this session providing they have reached their 16th birthday. Unfortunately we are unable to accommodate those under 16 in this session.

Lanes – A session for lane swimmers of all ages.

General use – A session for all ages and abilities to come and swim.

Splashtime* – A fun session with floats and toys available in both pools. This session is not included within the free swimming initiative and normal pool prices will apply. **Please note that the pool will be cleared at the start and end of each session.**

Family Swim – This will be included within the free swimming initiative. All those attending must be part of a family group i.e. all adults must have a child with them to attend and vice versa. Please note that the floats will not be available in this session.

Family Splashtime** – A fun session with floats and toys available in both pools. All those attending must be part of a family group i.e. all adults must have a child with them to attend and vice versa. This session is not included within the free swimming initiative and normal pool prices will apply. **Please note that the pool will be cleared at the start and end of each session.**

Please note that any swimmers who do not swim as stipulated in the session title will be asked to leave and no refunds will be issued.

Pool information

Swimming tickets are available for a range of individuals and families, with discounts available for Passport to Leisure swimmers. In addition kinetika swim memberships are available on an annual or direct debit payment basis. Please see a Membership Advisor for more information.

Please note:

- Children under 8 years of age **MUST** be supervised by a parent or adult (18 years or over) throughout their use of the pool facilities
- Maximum ratio of 3 children to 1 adult and those supervising must accompany the children in the water
- Last entry is half an hour before the end of the session
- Pushchairs, buggies, car seats etc are not allowed on the poolside
- No refunds/exchanges available on unused weekly/monthly/annual swim tickets



***Free Swimming available for those aged 60 & over and 16 & under from 1st April 2009.**

Ask at reception for details.

Our pool timetable has been developed to accommodate the diverse range of users at Fleming Park Leisure Centre. We are anticipating increased usage following the introduction of free swimming, but have aimed to produce a timetable which is reflective of the needs of all our users.

This is a trial programme and we would welcome opinions on all aspects of the programme, facilities and your experience for future holiday and term time programmes.

A feedback form will be available in the pool corridor where full details of the band system will also be available. Please take a moment fill this in so we can continue to develop the timetable.

A comprehensive bands system has been developed and provides all users with the opportunity to swim in both pools. This system will be in place throughout the holidays and weekends. For more information, please pick up a leaflet from reception or see the board in the swimming pool corridor.

Learn to swim with us!

Whether you are looking for swimming lessons for your baby or yourself we have a range of opportunities available. Our lessons run for 50 weeks and we are able to offer a direct debit payment option on all lessons except pre-school lessons. For more information on swimming lessons, please contact the Course Office on 02380 684809.

