

400 swim 22km cycle 5km run

Springfield Triathlon 7th May 2007

Race No	cat	Cat pos	First Name	Last Name	Club/Town	swim split	pos	bike split	pos	run split	pos	TOTAL
55	MO	1	Gordon	Croucher	Total Fitness Bath	00:05:26	1	00:34:27	2	00:20:08	3	01:00:01
182	M40	1	Joe	Beer		00:05:59	12	00:36:02	4	00:20:28	5	01:02:29
205	MO	2	Gavin	Lancaster	Total Fitness Bath	00:05:57	9	00:35:52	3	00:21:14	14	01:03:03
125	MO	3	Andy	Dutton	Bath Amphibians	00:05:40	4	00:37:30	5	00:20:38	7	01:03:48
189	MO	4	Michael	Milstead		00:06:19	32	00:38:19	7	00:20:34	6	01:05:12
141	MO	5	Laurence	Hewetson	Bath Amphibians	00:06:01	13	00:38:01	6	00:21:11	13	01:05:13
64	MO	6	Stuart	Dinwoodie	Total Fitness Bath	00:05:58	11	00:39:14	10	00:20:21	4	01:05:33
192	MO	7	Ross	Campbell	Kingswood Tri	00:05:49	5	00:39:22	11	00:20:59	12	01:06:10
49	M40	2	Jonathan	Ayres	Somerset RC Tri	00:06:15	27	00:40:18	16	00:21:23	16	01:07:56
175	MO	8	Jason	Walkley	RAF TRI	00:06:18	31	00:40:07	14	00:21:52	18	01:08:17
149	MO	9	Neil	Lewis	Chippenham Wheelers	00:06:06	16	00:41:19	21	00:20:52	11	01:08:17
211	M45	1	Martin	Pitts	Cirencester AC	00:07:10	69	00:38:45	8	00:22:23	23	01:08:18
151	MO	10	Warren	Pickles	BAD TRI	00:07:37	88	00:39:36	13	00:21:15	15	01:08:28
15	MO	11	Chris	Newman	Somer AC Tri	00:07:01	63	00:39:05	9	00:22:23	24	01:08:29
11	M50	1	Ian	Birch	Hillingdon Tri	00:06:52	59	00:41:07	20	00:21:30	17	01:09:29
163	MO	12	Duncan	Manning	BAD TRI	00:06:10	23	00:40:22	17	00:23:04	32	01:09:36
62	M50	2	Mike	Cox	Tri Team UK	00:07:12	71	00:39:23	12	00:23:28	40	01:10:03
104	M40	3	Andy	Brooks	Total Fitness Bath	00:07:34	86	00:42:11	24	00:20:41	8	01:10:26
77	M45	2	Gus	Strang	Corsham Running Club	00:06:02	14	00:41:06	19	00:23:48	43	01:10:56
196	MO	13	Richard	Gill		00:07:58	108	00:40:57	18	00:22:15	21	01:11:10
199	M45	3	Robin	Nash	BAD TRI	00:07:21	79	00:43:42	36	00:20:48	9	01:11:51
130	M40	4	Peter	Gilbert	Swindon Tri Club	00:06:22	36	00:42:32	27	00:22:59	31	01:11:53
110	M40	5	Mitch	Mitchell	Army Triathlon	00:06:25	37	00:42:51	32	00:22:44	28	01:12:00
35	M45	4	Terry	Dudley		00:06:38	50	00:41:36	22	00:23:58	48	01:12:12
6	MO	14	Garry	Slater	Thornbury RC	00:08:01	111	00:42:16	25	00:22:04	19	01:12:21
63	MO	15	Simon	Clarke	RAF LYNEHAM	00:07:05	65	00:44:49	46	00:20:50	10	01:12:44
39	M40	6	Ian	Moore	Corsham ASC	00:08:33	136	00:40:09	15	00:24:15	54	01:12:57
46	FO	1	Marilyn	Jones	Bath Amphibians	00:05:56	8	00:43:06	33	00:24:03	50	01:13:05
157	MO	16	Darren	Wyllie		00:07:27	83	00:44:10	42	00:22:09	20	01:13:46
97	MO	17	Tom	Frost		00:06:34	47	00:44:48	45	00:22:28	26	01:13:50
29	MO	18	Nick	Chadwick		00:05:49	6	00:44:56	47	00:23:10	35	01:13:55
73	M45	5	Fred	Wickham		00:07:37	87	00:42:38	30	00:23:41	42	01:13:56
150	M40	7	Ulf	Bladh	Hogweed Trotters	00:08:30	133	00:42:25	26	00:23:11	36	01:14:06
191	MO	19	Alex	Moyle		00:06:07	18	00:43:42	37	00:24:32	56	01:14:21
154	MO	20	Nigel	Evans	Avon Valley Runners	00:06:06	17	00:44:07	41	00:24:13	53	01:14:26

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Race No	cat	Cat pos	First Name	Last Name	Club/Town	swim split	pos	bike split	pos	run split	pos	TOTAL
221	M40	8	Jason	Aspinall	MAD - TRI	00:06:25	38	00:43:55	40	00:24:10	52	01:14:30
105	M50	3	Paul	Shanahan	AVS - TRI	00:08:47	145	00:42:49	31	00:23:06	34	01:14:42
168	M40	9	Mark	Hayward	Chippenham Harriers	00:06:28	41	00:42:33	28	00:25:42	80	01:14:43
13	M45	6	Ian	Rowland	Hogweed Trotters	00:07:23	82	00:41:59	23	00:25:23	71	01:14:45
122	MO	21	Chris	Hutton	Chippenham Harriers	00:07:21	80	#####		02:58:12	180	01:14:55
178	MO	22	Nick	Vaughan	BAD TRI	00:06:06	15	00:45:24	57	00:23:26	39	01:14:56
41	M40	10	Stuart	Hazell	AVS - TRI	00:06:37	48	00:43:18	35	00:25:07	64	01:15:02
209	MO	23	Matt	Evans	BAD TRI	00:08:31	134	00:43:45	38	00:22:49	29	01:15:05
83	MO	24	Marc	Reed	AVS - TRI	00:07:38	89	00:45:18	54	00:22:19	22	01:15:15
40	MO	25	John	Matthews	PAC - TRI	00:07:09	67	00:45:06	49	00:23:06	33	01:15:21
195	FO	2	Emma	Gill		00:07:50	97	00:44:32	43	00:23:14	37	01:15:36
187	MO	26	Jolyon	Goodwin	RAF TRI	00:06:39	51	00:44:39	44	00:24:31	55	01:15:49
155	M55	1	Grahame	Reed	Gillingham Wheelers	00:08:24	123	00:42:35	29	00:25:23	72	01:16:22
42	MO	27	Joel	Scott		00:07:18	78	00:45:15	53	00:23:50	44	01:16:23
25	MO	28	Richard	Bashford		00:08:27	128	00:45:14	52	00:22:43	27	01:16:24
94	MO	29	Billy	Dyer	MAD - TRI	00:08:27	126	00:49:23	94	00:18:38	2	01:16:28
224	M55	2	Roger	Day	Worcester Tri	00:08:45	143	00:45:18	55	00:22:28	25	01:16:31
22	MO	30	Russ	Power		00:06:40	52	00:46:27	70	00:23:31	41	01:16:38
96	MO	31	Andrew	Phillips	BOA Canoe Club	00:06:32	45	00:46:14	66	00:24:02	49	01:16:48
30	M40	11	Adam	Whittle	BAD TRI	00:06:19	33	00:45:27	59	00:25:12	66	01:16:58
190	MO	32	Mark	Blake		00:07:12	72	00:46:22	69	00:23:54	46	01:17:28
153	M40	12	Alex	Shipp	Bath Amphibians	00:06:26	40	00:43:16	34	00:27:57	104	01:17:39
223	FO	3	Marianne	Day	Worcester Tri	00:06:08	20	00:45:01	48	00:26:50	93	01:17:59
70	MO	33	Tom	Weeks	Swindon Tri Club	00:06:08	19	00:46:22	68	00:25:40	78	01:18:10
108	F45	1	Rose	Metalli	Team Kennet	00:06:21	35	00:46:17	67	00:25:41	79	01:18:19
184	MO	34	John	Theophilus	Bath Amphibians	00:06:42	54	00:47:42	76	00:23:55	47	01:18:19
172	M40	13	Andrew	Manders	Total Fitness Bath	00:06:38	49	00:46:08	65	00:25:35	75	01:18:21
82	MO	35	Mark	Fairhurst	RAF LYNEHAM	00:07:55	102	00:45:19	56	00:25:16	68	01:18:30
202	M40	14	Andrew	Parsons	AVS - TRI	00:08:00	110	00:58:29	153	00:12:01	1	01:18:30
18	M60	1	Bill	Shackcloth	Royles	00:07:14	75	00:45:44	61	00:25:45	81	01:18:43
109	M40	15	Nick	Johnson	Bath Amphibians	00:06:16	28	00:46:04	64	00:26:30	90	01:18:50
115	MO	36	Mark	Hughes		00:06:41	53	00:47:17	73	00:24:59	62	01:18:57
44	M45	7	Andy	Coombs		00:05:35	2	00:47:30	75	00:25:54	84	01:18:59
193	MO	37	Tim	Hardisty		00:07:44	92	#####		02:12:32	172	01:19:02
76	MO	38	Damion	Rice		00:06:45	56	00:47:55	80	00:24:46	58	01:19:26

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140	M40	16	Stuart	Dobson		00:06:32	46	00:45:42	60	00:27:15	97	01:19:29
69	M45	8	Kenny	Brown	Avon Valley Runners	00:06:51	57	00:49:47	98	00:22:53	30	01:19:31
5	FO	4	Selina	Davies	Thornbury RC	00:07:01	64	00:49:21	93	00:23:15	38	01:19:37
38	M40	17	Jim	Hughes		00:07:47	95	00:46:57	72	00:25:25	73	01:20:09
144	M40	18	Roger	Tweedale		00:07:05	66	00:47:59	81	00:25:16	69	01:20:20
36	MO	39	Robert	Field	Chippenham Harriers	00:07:14	76	00:48:22	84	00:24:48	59	01:20:24
34	FO	5	Sheila	Small		00:06:12	25	00:49:07	92	00:25:36	76	01:20:55
137	MO	40	Andy	Sturrock		00:07:46	93	00:47:43	77	00:25:34	74	01:21:03
135	M45	9	Laurie	Irwin	Avon Valley Runners	00:07:52	100	00:48:16	82	00:24:56	61	01:21:04
164	M40	19	Michael	Heley		00:07:52	101	00:45:50	62	00:27:24	101	01:21:06
92	M55	3	David	Wilcox		00:07:27	84	00:48:53	90	00:24:55	60	01:21:15
8	M40	20	Darren	Ventham		00:07:39	90	00:48:35	88	00:25:06	63	01:21:20
131	M50	4	David	Mitchell	BAD TRI	00:08:54	148	00:47:17	74	00:25:20	70	01:21:31
128	MO	41	Paul	Walsh	BAD TRI	00:06:10	21	00:47:53	79	00:27:46	103	01:21:49
212	MO	42	Gary	Grist		00:09:31	164	00:48:17	83	00:24:03	51	01:21:51
166	M60	2	Clive	Power		00:08:16	119	00:48:54	91	00:24:44	57	01:21:54
78	M40	21	Christopher	Taylor	PAC - TRI	00:06:18	30	00:48:42	89	00:26:54	94	01:21:54
180	M45	10	Paul	Wiseman		00:06:16	29	#####		03:03:40	181	01:22:00
183	MO	43	David	Moore		00:07:50	98	00:48:28	85	00:25:46	82	01:22:04
204	M40	22	Scott	Green		00:07:44	91	00:51:06	108	00:23:52	45	01:22:42
14	M45	11	Nigel	Shires		00:09:42	172	00:46:52	71	00:26:13	87	01:22:47
31	F40	1	Fran	O'Higgins	BAD TRI	00:06:42	55	#####		03:04:34	182	01:22:49
200	MO	44	Michael	Spurrier		00:08:24	124	00:47:45	78	00:27:12	96	01:23:21
33	MO	45	John	Kingwell		00:06:21	34	00:51:00	106	00:26:44	92	01:24:05
2	M55	4	Peter	Mainstone	AVS - TRI	00:08:28	129	00:50:56	105	00:25:48	83	01:25:12
210	F45	2	Sarah	Sims		00:08:44	141	00:51:21	112	00:25:08	65	01:25:13
147	FO	6	Raych	Carbery	Chippenham Wheelers	00:07:11	70	00:51:37	113	00:26:29	89	01:25:17
43	MO	46	Andy	Mumford		00:06:31	44	00:50:40	103	00:28:17	107	01:25:28
74	MO	47	Brian	Bowen		00:08:24	125	00:51:59	117	00:25:37	77	01:26:00
107	F40	2	Jane	Olday	BAD TRI	00:06:58	62	00:51:47	114	00:27:18	98	01:26:03
186	R	1	Tony	Borthwick		00:07:27	85	00:51:18	111	00:27:27	102	01:26:12
222	MO	48	Martin	Post		00:05:36	3	00:52:30	125	00:28:33	112	01:26:39
169	MO	49	James	Cross	BAD TRI	00:06:25	39	00:51:02	107	00:29:24	118	01:26:51
213	M45	12	Paul	Berry	BOASGMK	00:08:10	116	00:49:30	96	00:29:16	116	01:26:56
99	M40	23	James	Young	BAD TRI	00:06:56	61	00:51:52	115	00:28:26	110	01:27:14

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Race No	cat	Cat pos	First Name	Last Name	Club/Town	swim split	pos	bike split	pos	run split	pos	TOTAL
71	FO	7	Victoria	Pritchard	Wells Harriers	00:06:51	58	00:52:26	124	00:28:14	106	01:27:31
218	FO	8	Melania	Lowe	BAD TRI	00:06:14	26	00:54:40	139	00:26:38	91	01:27:32
61	MO	50	Scott	Garrett	Tritalk.co.uk	00:06:11	24	00:50:00	99	00:31:30	139	01:27:41
124	M45	13	Stephen	Shrimplin		00:10:44	185	00:51:53	116	00:25:12	67	01:27:49
133	MO	51	Graham	Moates	Swindon Tri Club	00:08:09	114	00:50:03	100	00:29:46	120	01:27:58
47	M40	24	Tim	Chandler	AVS - TRI	00:08:29	131	00:51:17	110	00:28:19	109	01:28:05
156	M40	25	Jonathan	Taylor	PAC - TRI	00:08:05	112	00:50:42	104	00:29:20	117	01:28:07
198	F40	3	Laila	Valentine		00:07:51	99	#####		02:42:54	179	01:28:14
197	M45	14	Iain	Valentine		00:07:12	73	00:49:32	97	00:31:52	141	01:28:36
12	M60	3	Trevor	Roberts	Thornbury RC	00:09:52	175	00:49:23	95	00:29:24	119	01:28:39
45	M45	15	Giles	Head		00:09:03	155	00:53:42	132	00:26:03	85	01:28:48
127	M55	5	Nigel	Parker		00:07:58	109	00:52:24	121	00:28:35	114	01:28:57
1	M55	6	Paul	Winteringham	BAD TRI	00:08:23	122	00:52:24	122	00:28:13	105	01:29:00
86	M45	16	Richard	Nasey		00:10:30	179	00:51:13	109	00:27:23	100	01:29:06
129	MO	52	Shane	Cooke		00:08:11	118	00:43:48	39	00:37:10	164	01:29:09
16	M40	26	Chris	Knight		00:08:53	147	#####		02:15:01	173	01:29:21
57	M45	17	Rob	Matthews		00:08:29	132	00:50:15	102	00:30:47	131	01:29:31
84	MO	53	Stuart	Clowes	Fitness Factory - Street	00:10:50	186	00:52:24	123	00:26:21	88	01:29:35
161	M55	7	Tony	Robinson	Avon Valley Runners	00:07:22	81	#####		03:19:05	184	01:29:54
87	M45	18	Tim	Cottrill		00:09:03	156	00:52:08	118	00:28:46	115	01:29:57
146	M40	27	Ian	Griffiths		00:08:27	127	#####		02:17:22	175	01:30:04
206	MO	54	Darren	Cottle		00:10:03	178	00:53:10	128	00:27:06	95	01:30:19
201	MO	55	Doug	O'Gorman	BAD TRI	00:05:54	7	00:45:26	58	00:39:01	167	01:30:21
215	M45	19	Michael	Sims		00:09:26	162	00:53:54	134	00:27:22	99	01:30:42
203	M45	20	Andrew	Sugden		00:08:09	115	00:52:43	127	00:29:54	123	01:30:46
51	MO	56	Andrew	Roberts		00:07:57	107	00:52:16	119	00:30:50	132	01:31:03
188	MO	57	Peter	Robinson		00:07:55	103	00:52:34	126	00:30:55	133	01:31:24
19	FO	9	Sarah	Catlow		00:07:14	74	#####		03:12:34	183	01:31:25
48	M45	21	Simon	Edwards		00:09:02	154	00:54:11	136	00:28:27	111	01:31:40
91	M45	22	Michael	Greenan		00:08:06	113	00:53:52	133	00:29:54	122	01:31:52
60	F45	3	Sarah	Catchpole		00:07:10	68	00:54:33	137	00:30:36	128	01:32:19
53	F40	4	Charlotte	Maddison	Headington RR	00:08:10	117	00:52:19	120	00:31:54	142	01:32:23
58	F55	1	Susie	Phillips	TRI UK	00:08:28	130	00:54:07	135	00:30:20	126	01:32:55
225	FO	10	Vickie	Black		00:08:32	135	00:53:27	130	00:31:20	137	01:33:19
139	MO	58	James	Blaxter		00:09:08	157	#####		02:22:12	178	01:33:28

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85	F50	1	Tessa	Alton	Somer AC Tri	00:09:47	173	#####		02:17:59	176	01:33:41
207	MO	59	Mark	Nelson	Swindon Tri Club	00:07:48	96	00:55:57	143	00:30:01	125	01:33:46
220	M40	28	Richard	Sutton		00:10:54	187	00:46:02	63	00:37:09	163	01:34:05
208	MO	60	Ian	Morgan		00:09:14	160	00:55:23	142	00:29:49	121	01:34:26
81	M40	29	Alan	Edgar		00:08:54	149	00:53:20	129	00:32:47	146	01:35:01
26	M55	8	Jeremy	Parsons		00:11:30	191	00:57:31	148	00:26:04	86	01:35:05
54	M45	23	Jonathan	Kirby		00:09:22	161	00:54:54	141	00:31:04	136	01:35:20
126	R	2	Rob	Armstrong	PAC - TRI	00:10:55	188	#####		01:47:45	171	01:35:21
134	F40	5	Deborah	Lowndes		00:09:40	169	#####		02:16:02	174	01:35:22
65	F50	2	Annie	Birch	Hillingdon Tri	00:09:50	174	00:50:13	101	00:35:39	159	01:35:42
170	FO	11	Emma	Leland		00:08:46	144	00:58:51	154	00:28:33	113	01:36:10
93	M45	24	Christopher	Edwards		00:09:12	159	00:56:53	146	00:30:29	127	01:36:34
101	M40	30	Keith	Marr		00:08:45	142	00:57:07	147	00:30:59	135	01:36:51
24	FO	12	Catherine	Harlow		00:08:35	137	00:58:24	152	00:29:55	124	01:36:54
20	F40	6	Karen	Dyer		00:09:01	153	00:57:36	149	00:30:42	129	01:37:19
145	FO	13	Kara	Maylor		00:07:56	106	00:58:54	155	00:30:44	130	01:37:34
37	F40	7	Suzanne	Thomson		00:09:41	170	00:56:33	145	00:31:27	138	01:37:41
174	FO	14	Lindsey	Baker	RAF TRI	00:07:47	94	00:57:58	150	00:33:07	147	01:38:52
160	MO	61	Mark	Allan		00:12:34	193	00:53:39	131	00:33:09	148	01:39:22
117	M50	5	Paul	Claridge		00:11:25	190	00:54:33	138	00:33:45	152	01:39:43
216	M40	31	Colin	Cunningham		00:10:00	177	00:55:59	144	00:34:20	154	01:40:19
219	FO	15	Catherine	Pratt		00:09:54	176	00:54:53	140	00:35:50	160	01:40:37
173	MO	62	Nicholas	Westaway		00:06:10	22	#####		02:18:16	177	01:40:46
112	M50	6	Ian	Smith	BAD TRI	00:08:20	120	00:58:02	151	00:35:05	157	01:41:27
123	F45	4	Juliet	Parker-Smith		00:10:32	180	00:59:27	156	00:31:56	143	01:41:55
116	M45	25	Andrew	Grosse		00:10:35	182	01:04:43	163	00:28:18	108	01:43:36
98	M45	26	Douglas	Burnett		00:08:52	146	01:01:27	158	00:33:19	149	01:43:38
68	FO	16	Margo	George	Marlborough Tri Club	00:09:35	168	01:03:37	160	00:31:38	140	01:44:50
66	FO	17	Julie	Jackson	Marlborough Tri Club	00:09:10	158	01:03:54	161	00:32:06	145	01:45:10
67	F40	8	Penny	Smith	Marlborough Tri Club	00:09:42	171	01:02:20	159	00:33:22	151	01:45:24
114	M45	27	Lucio	Polito		00:09:33	166	00:59:57	157	00:37:13	165	01:46:43
179	FO	18	Helene	Woodham	Swindon Tri Club	00:09:33	167	01:06:52	169	00:30:56	134	01:47:21
17	R	3	John	Pickering		00:10:55	189	01:04:53	164	00:31:56	144	01:47:44
118	F40	9	Angela	Hays		00:07:15	77	01:05:06	167	00:35:57	161	01:48:18
214	M45	28	Paul	Chard	Hogweed Trotters	00:09:01	152	00:34:03	1	01:05:31	170	01:48:35

400 swim 22km cycle 5km run

Springfield Triathlon 7th May 2007

Race No	cat	Cat pos	First Name	Last Name	Club/Town	swim split	pos	bike split	pos	run split	pos	TOTAL
27	FO	19	Helen	Gregson		00:08:55	150	01:05:31	168	00:34:36	156	01:49:02
142	FO	20	Alison	White		00:08:42	140	01:04:37	162	00:36:25	162	01:49:44
28	FO	21	Dee	Gregson		00:08:40	139	01:08:25	170	00:34:16	153	01:51:21
176	M45	29	Nicholas	Browne		00:14:06	194	01:04:55	165	00:33:19	150	01:52:20
72	F40	10	Clare	Brown		00:09:32	165	01:05:04	166	00:38:25	166	01:53:01
143	F45	5	Josephine	Jolliffe		00:10:38	183	01:08:32	171	00:34:32	155	01:53:42
7	M40	32	Richard	Cooke		00:08:38	138	01:12:09	174	00:35:16	158	01:56:03
132	F40	11	Jacqueline	Davies		00:09:30	163	01:11:16	173	00:43:15	168	02:04:01
171	FO	22	Olivia	Turnbull		00:10:34	181	01:28:36	175	00:44:15	169	02:23:25
111	FO		Niamh	O'Mahony		00:05:57	10	#####		00:00:00		#####
3	FO		Vickie	Plummer		00:06:28	42	00:45:12	50	#####		#####
89	FO		Hanna	Thorner		00:06:56	60	#####		00:00:00		#####
103	M40		Paul	Hill		#####		00:00:00		00:00:00		#####
102	FO		Miranda	Holley		00:11:58	192	#####		00:00:00		#####
113	MO		Ian	Merrington	MAD - TRI	00:07:56	104	00:48:31	86	#####		#####
152	M40		John	Stanley		00:08:55	151	#####		00:00:00		#####
121	M50		Alan	Grout	Avon Valley Runners	00:14:10	195	01:08:52	172	#####		#####
167	M50		Graham	Watts	Stubbington Green	00:08:20	121	#####		00:00:00		#####
4	M65		David	Heeley	Fitness Factory - Street	00:10:41	184	#####		00:00:00		#####