

# Fleming Park Leisure Centre Function Facilities



Meetings, Conferences & Celebrations

# Welcome

## to the Park Suite and Function facilities at Fleming Park Leisure Centre

Fleming Park is set in 28 hectares of beautiful parkland which provides each of our Park Suite rooms with stunning views and natural daylight. Our rooms can cater for a range of events, so whether you are looking for a party or celebration, a meeting room or wedding reception, Fleming Park is the perfect venue.

With a central Eastleigh location, Fleming Park has excellent motorway links with both M3 and M27. The area is also served by 2 mainline train stations (Eastleigh and Southampton Airport Parkway) and an international airport. On reaching the Centre there is ample free car parking and there are two hotels within easy walking distance.

The Park Suite and Function facilities are located within the main leisure complex and provide your group with a unique opportunity to mix business with pleasure.

Whatever the requirements for your day, large or small; be assured of a flexible venue supported by a committed and professional team.

Details of all our rooms, packages and facilities can be found in the pages following and we are always happy to tailor our packages to suit individual requirements.

For more information, please contact a member of the Bookings Team on 02380 684806 or email [enquiries@flemingparkleisurecentre.co.uk](mailto:enquiries@flemingparkleisurecentre.co.uk)



# Park Suite 1

The picturesque views from this room provide the perfect location for your meeting or celebration. The room seats up to 60 people and benefits from a breakout room using Park Suite 2 and a private bar. The Park Suite rooms have their own separate entrance and toilet facilities, ensuring a private atmosphere to your event.

## Facilities

- Bar
- Natural light
- Multimedia presentation facilities
- Air conditioning
- TV, OHP & Flipchart
- Lift access

# Park Suite 2

Park Suite 2 is a perfect venue for the smaller meeting or event seating up to 20 people. It can be used as a self contained meeting room with its own entrance, or as an addition to Park Suite 1. The room is installed with an in situ projector and TV screen and is fully air conditioned.

## Facilities

- Natural light
- Multimedia presentation facilities
- Air conditioning
- TV, OHP & Flipchart
- Lift access



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# Park Suite 3

Park Suite 3 is our new meeting room and seats 30. It is suitable for meetings and training and is located in a quiet area of the building. It receives natural daylight and has delightful views of the park.

## Facilities

- Natural light
- TV, OHP & Flipchart
- Ground floor entrance

# Function Room

The Function Room seats up to 40 within the main leisure complex and is ideal for small/medium size groups for meetings or celebrations. The room is provided with access to the main bar and has views over the swimming pool. A breakout room is provided using the Garden Room.

## Facilities

- Bar
- Multimedia presentation facilities
- Air conditioning
- TV, OHP & Flipchart
- Lift access

# Garden Room

The Garden Room seats up to 30 and can be used for meetings and training as well as a breakout room with the Function room.

## Facilities

- Natural light
- TV, OHP & Flipchart
- Lift access



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# Conference Packages

Our Day Delegate packages can be adapted to suit your individual requirements. All packages are available for a minimum of 10 people.

All the packages include the following:

- Room hire
- Tea, coffee and bacon bap or danish pastry on arrival
- Tea, coffee and biscuits mid morning
- A light working lunch with orange juice and tea/coffee
- Tea, coffee and biscuits mid afternoon
- Flipchart
- Multi media presentation facilities
- Bottled Pennine spring water on the tables

## Day Delegate Package 1

As above with the following lunch:  
Assorted filled Mediterranean breads  
Hand cooked sea salt crisps  
Fresh fruit basket  
£14.00 per person

## Day Delegate Package 2

As above with the following lunch:  
Assorted filled Mediterranean breads  
Hand cooked sea salt crisps  
Vegetable crudité's with Mexican salsa  
and low fat garlic mayonnaise dips  
Low fat yoghurts  
Fresh fruit basket  
£17.00 per person

The lunch menu for Day Delegate Package 2 is available separately and is charged at £6.50 per person.

A number of other business facilities are also available, please enquire with our team for current prices:

- Photocopying (black and white only)
- Fax
- Signage

There are opportunities to use the extensive leisure facilities alongside your delegate package. Contact one of our team to discuss these in more detail.



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# Finger Buffet menus for all occasions

## Celebration buffet 1

£6.50

Baked Mediterranean filled breads  
Sausage rolls  
Selection of tortillas and crisps  
Vegetable crudité's with Mexican salsa and low fat garlic mayonnaise dips

## Celebration buffet 3

£9.95

Baked Mediterranean filled breads  
Provencale mushroom, tomato and red pepper quiche  
Royal Thai dim sum with a hoi sin dipping sauce  
Petit crolines with salmon, mushroom & ham and cheese  
Vegetable crudité's with Mexican salsa and low fat garlic mayonnaise dips  
Exotic fruit kebabs

**All buffets are prepared using low fat mayonnaise and light sunflower spreads**

## Healthy option finger buffet 1

£6.50

Baked Mediterranean filled breads  
Petit crolines with salmon, mushroom & ham and cheese  
Pitta bread and vegetable crudité's with Mexican salsa and low fat garlic mayonnaise  
Chilli nacho corn chips

## Celebration buffet 2

£7.95

Baked Mediterranean filled breads  
Provencale mushroom, tomato and red pepper quiche  
Petit crolines with salmon, mushroom & ham and cheese  
Southern fried potato wedges  
Vegetable crudité's with Mexican salsa and low fat garlic mayonnaise dips

## World celebration buffet

£11.50

Baked Mediterranean filled breads  
Provencale mushroom, tomato and red pepper quiche  
Royal Thai dim sum with a hoi sin dipping sauce  
Petit crolines with salmon, mushroom & ham and cheese  
Nachos with fresh tomato salsa  
Pitta bread and vegetable crudité's with Mexican salsa and low fat garlic mayonnaise dips  
Cocktail chicken saté  
Coconut king prawns  
Exotic fruit kebabs

## Healthy option finger buffet 2

£9.50

Baked Mediterranean filled breads  
Chicken saté  
Provencale mushroom, tomato and red pepper quiche  
Pitta bread and vegetable crudité's with Mexican salsa and low fat garlic mayonnaise dips  
Exotic fruit kebabs

# Fork Buffet

## Fork Buffet 1

£11.50 per head

Assorted cold meats  
Coronation chicken  
Provencale mushroom, tomato and red pepper quiche  
Reduced fat coleslaw  
Beetroot and onion salad  
Selection of fresh green salads and potatoes  
Baked Mediterranean breads

## Fork Buffet 2

£14.50 per head

Selection of roast beef and farmhouse ham  
Japanese torpedo prawns  
Provencale mushroom, tomato and red pepper quiche  
Reduced fat coleslaw  
Beetroot and onion salad  
Tomato and onion salad  
Selection of fresh green salads and potatoes  
Baked Mediterranean breads  
Chicken drumsticks

## Desserts

£3.95 per head

All menus above can be served with a dessert from the following selection:  
Baked chocolate tart  
Banoffee meringue roulade  
Baileys cheesecake  
Fresh exotic fruit salad

For hot fork buffets and celebration meals, please ask our team.

# Fleming Park Leisure Centre Corporate Membership

Welcome to kinetika, the membership for all the family.  
The kinetika membership has been designed as an all inclusive membership to ensure that members make the most of the facilities and their training.

## **kinetika Membership entitles you to use of:**

- Extensive kinetika gym including CV, weights and Spin Studio
- Health suite including sauna and steam room
- All group exercise classes, including Circuits, Aerobics, Yoga, Body Jam, Body Pump, Body Combat, Body Balance and Body Attack
- All Swimming pool use
- Fitness mornings
- Discounts on beauty treatments at H2O beauty salon and physiotherapy clinic

In addition, all our members will receive the kinetika journey, 5 personal sessions with the gym team enabling them to obtain the most from their exercise sessions, to gain the benefits of regular exercise.

A minimum of 5 people are required for a corporate membership and a start up fee of £25.00 is applicable on all memberships.

- Your corporate membership can be extended to partners of employees and families.
- Discounted corporate prices available on request.

For more information just give us a ring on 023 8068 4800  
or email [judyjohnson@dcleisure.co.uk](mailto:judyjohnson@dcleisure.co.uk).





## Fleming Park Leisure Centre

Bookings Team 02380 684806

General enquiries: 023 8068 4800

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