



**Starts
1st April.
Pre-register
from 16th
March**

Free Swimming for those aged 60 and over

Your questions answered on how to
access and enjoy swimming for free

Deben Pool
01394 384763
Felixstowe Leisure Centre
01394 670411
Leiston Leisure Centre
01728 830364



DC LEISURE

Fitness Industry Association
Operator of the Year 2008/9



This centre is operated by Suffolk Coastal Leisure Community Association Ltd

FREE SWIMMING - your questions answered

1. What age is Free Swimming available for?
Those aged 60 years and over.
2. When can I start swimming for free?
From the 1st April 2009, but you can sign up and register from the 16th March 2009. Ask at reception for an application form. Free swimming will be available until March 2011.
3. Where can I swim?
You can swim for free at the Centres listed overleaf. For more details please visit www.suffolkcoastal.gov.uk
4. How do I sign up and register to start swimming for free?
You will be required to complete an application form to register.
Those 60 and over will be required to show proof of age i.e. Driving Licence, Pension Book or Passport. Proof must be shown before your first free swim.
5. Will I need to show proof of age on every visit?
All those registering will receive a membership card to allow access to the pool. You will need to show this on every visit otherwise the full rate may be charged.

6. Is my free swimming available in every session?

FREE SESSIONS

- All public/general swimming sessions.
- Lane swimming sessions (maybe subject to age restrictions i.e. Adult only)
- Family and Fun sessions. NB. Some sessions may remain as a paying session if equipment is used e.g. an inflatable.
- Ladies only sessions (May be subject to age restrictions).

REMAINING AS PAYING SESSIONS

- Aqua Classes
- Swimming Lessons
- Swimming Club Sessions

7. How many times can I swim for free per week?
You are able to swim as often as you would like in the sessions highlighted as free in point

6. (Subject to restrictions)

8. What happens if I lose my free swimming card?
There will be a nominal charge to replace lost or stolen cards.
9. I swim already as part of my Swimming Membership but I qualify for free swimming – what do I do now?
If you qualify for free swimming and pay in advance for your membership you will receive a refund for the period remaining on your membership. If you pay monthly by Direct Debit you will need to stop this payment - please refer to your membership terms and conditions.

10. I swim as part of my All-Inclusive Health and Fitness membership but I qualify for free swimming – what do I do now?
The payment for the All-Inclusive Health and Fitness Membership is primarily for the use of the Gym with the added benefit of free swimming. This will continue unchanged and you will still be able to swim for free as part of your membership benefits.

This scheme is in partnership with Suffolk Coastal District Council

For any queries or for the latest swimming timetable contact reception.