

FREE SWIMMING
from 1st April 2009*
(Details on page 8)



Swimming Timetable

Summer 2009

Bradford Swimming Pool
01225 862970

Melksham Blue Pool
01225 703525

Trowbridge Sports Centre
01225 764342

Warminster Sports Centre
01985 212946

Westbury Swimming Pool
01373 822891

DC LEISURE 
Fitness Industry Association
Operator of the Year 2008/9

Wiltshire Council
 Where everybody matters

DC Leisure Management Ltd working in partnership with Wiltshire Council

Main Pool

Monday

10.00am – 12.00pm	Ladies Recreation
10.00am – 1.30pm	Public Swim
1.30pm – 2.00pm	Hydrofitness
3.30pm – 5.00pm	Public Swim
5.00pm – 6.30pm	Adults Only
9.00pm – 10.00pm	Adults Only

Tuesday

7.00am – 9.00am	Adults Only
10.30am – 11.30am	Mature Bathers
12.00noon – 1.30pm	Public Swim
2.00pm – 3.00pm	Ladies Only
3.00pm – 4.00pm	Public Swim
6.50pm – 7.15pm	Hydromax
7.15pm – 8.15pm	Public Swim
8.15pm – 9.30pm	Adults Only

Wednesday

7.00am – 9.00am	Adults Only
12.00noon – 1.30pm	Public Swim
2.30pm – 3.30pm	Mature Bathers
3.30pm – 5.00pm	Public Swim
5.00pm – 6.30pm	Adults Only

Thursday

7.00am – 9.00am	Adults Only
12.00noon – 1.30pm	Public Swim
2.30pm – 3.30pm	Ladies Only
6.00pm – 6.30pm	Hydromax
6.30pm – 8.00pm	Public Swim
8.00pm – 9.00pm	Adults Only
9.00pm – 10.00pm	BOA Water Polo Club

Friday

7.00am – 9.00am	Adults Only
9.00am – 10.00am	Mature Bathers
11.30am – 12noon	Hydrofitness
12.00noon – 1.30pm	Public Swim
2.30pm – 3.30pm	Ladies Only
3.30pm – 5.00pm	Public Swim
5.00pm – 6.00pm	Adults Only

Saturday

11.00am – 12.30pm	Fun Swim
12.30pm – 1.30pm	Adults Only
1.30pm – 5.00pm	Public Swim
5.00pm – 6.30pm	Lifesaving Club
6.45pm – 7.45pm	Pool Available for Hire

Sunday

8.30am – 11.30am	Public Swim
11.30am – 12.30pm	Adults Only
1.00pm – 3.00pm	Public Swim
3.00pm – 4.00pm	Adults Only

Fun Swims:

Height restrictions apply for the use of the Inflatable.

Small Pool

Monday

10.00am – 11.00am	Parent and Toddler (under 5's)
11.00am – 11.30am	Ladies Recreation Aquafit
11.30am – 12.00noon	Hydrotherapy
12.00noon – 1.30pm	Public Swim

Tuesday

10.00am – 11.15am	Parent and Toddler (under 5's)
11.20am – 12.00noon	Mobility Session
12.00noon – 1.30pm	Public Swim
1.30pm – 2.30pm	Aquafit
6.30pm – 7.30pm	Aqua Bump
7.30pm – 8.30pm	Aquafit

Wednesday

11.00am – 12.00noon	Disabled Session
12.00noon – 1.30pm	Public Swim
2.30pm – 3.30pm	Parent and Toddler (under 5's)

Thursday

12.00noon – 1.30pm	Public Swim
7.00pm – 8.00pm	Aquafit

Friday

10.30am – 12.00noon	Parent and Toddler (under 5's)
12.00noon – 1.30pm	Public Swim
2.30pm – 3.30pm	Duckling Lessons
3.30pm – 6.00pm	Public Swim

Saturday

11.00am – 12.30pm	Fun Swim
12.30pm – 1.30pm	Pool Available for Hire
1.30pm – 5.00pm	Public Swim
5.00pm – 6.00pm	Lifesaving Club

Sunday

8.30am – 12.30am	Public Swim
1.00pm – 4.00pm	Public Swim
4.00pm – 5.00pm	Pool Available for Hire
5.00pm – 6.00pm	Pool Available for Hire
6.00pm – 7.00pm	Aquafit

LEARN TO SWIM

Children as young as 1 year can learn to swim at Bradford Swimming Pool, we cater for all ages and abilities in our Swim Academy taking your child from beginner to elite! Adult lessons are also available, please contact reception for more details.

Children under 8 must be supervised in the water and in the changing rooms by a parent or adult (18+). A maximum of 2 children under 8 is permitted per parent/ adult. This is the recommendation of the Health & Safety Executive

WESTBURY

Swimming Pool

Church Street, Westbury
enquiries@westburyswimmingpool – 01373 822891

Monday

7.00am – 9.30am	Public Swim
9.30am – 10.30am	Remedial Relaxation Swim
10.30am – 11.30am	Aquafit
12noon – 1.20pm	Adults Only
2.30pm – 3.30pm	Ladies Only
6.00pm – 7.00pm	Public Swim
7.00pm – 8.00pm	Aqua Bump
8.00pm – 9.00pm	Aquafit
9.00pm – 10.00pm	Adults Only

Tuesday

8.00am – 10.00am	Public Swim
10.00am – 11.00am	Aquafit
11.00am – 12noon	Parent & Toddler
12noon – 1.00pm	Adults Only
1.00pm – 3.00pm	Public Swim*
3.00pm – 4.00pm	Adults Only
4.00pm – 5.30pm	Public Swim

Wednesday

7.00am – 9.30am	Public Swim
9.30am – 10.30am	Remedial Relaxation Swim
10.30am – 11.30am	Public Swim
11.30am – 12.30pm	Adults Only
2.30pm – 3.30pm	Mature Bathers
5.30pm – 7.00pm	Public Swim
9.00pm – 10.00pm	Ladies Only

Thursday

7.30am – 9.30am	Public Swim
9.30am – 10.30am	Remedial Relaxation Swim
12noon – 1.00pm	Adults Only
1.00pm – 2.00pm	Aquafit
3.00pm – 4.00pm	Schools / £1 Swim**
6.00pm – 7.00pm	Public Swim
7.00pm – 8.00pm	Aqua Fit
9.00pm – 10.00pm	Adults Only

Friday

7.30am – 9.45am	Public Swim
12.15am – 1.30pm	Adults Only
1.30pm – 2.30pm	Parent & Toddler
2.30pm – 3.30pm	Mature Bathers
6.00pm – 7.00pm	Public Swim
8.00pm – 9.00pm	Adults Only

Saturday

1.00pm – 2.00pm	Adults Only
2.00pm – 4.00pm	Public Swim
4.00pm – 6.00pm	Pool Available for Birthdays Parties / Private Hire

Sunday

8.30am – 10.00am	Adults only
10.00am – 12noon	Parent & Child (under 8's)
12noon – 1.00pm	Adults Only
1.00pm – 3.00pm	Public Swim
3.00pm – 5.00pm	Fun Swim
5.00pm – 6.00pm	Pool available for Birthday Parties / Private Hire

Please Note

Timetable is subject to change. Please note that there is a different timetable for April / May school holidays.

* Staff Training sessions will run in this slot once a month instead of Public Swim. This usually occurs on the 3rd Tuesday of the month. Contact reception for dates.

** Schools session running in this slot. Please contact reception for dates. £1 Swims will commence when schools are not in.

A Government initiative scheme will affect the timetable for two weeks in June. This initiative is to get children swimming 25m by the time they have finished primary school. The weeks affected by this scheme will be week beginning Monday 8th & Monday 15th June. This will affect our morning swims and the timetable for the following weeks will be as follows.

Monday	7.00 – 8.30am	Public Swim
Tuesday	8.00 – 10.00am	Public Swim - Cancelled
Wednesday	7.00 – 8.30am	Public Swim
Thursday	7.30 – 8.30am	Public Swim
Friday	7.30 – 8.30am	Public Swim

Primary School Gala will affect the timetable on Wednesday 20th May. The timetable will be as follows.

9.00am – 10.00am	Remedial Relaxation Swim
10.30am – 11.30am	Public Swim - Cancelled
11.30am – 12.30pm	Adults Only – Cancelled

Children under 8 must be supervised in the water and in the changing rooms by a parent or adult (18+). A maximum of 2 children under 8 is permitted per parent/ adult. This is the recommendation of the Health & Safety Executive

MELKSHAM

Blue Pool

Market Place, Melksham
T. 01225 703525 Textphone users add prefix 18001 to access TYPETALK
F. 01225 703279
enquiries@melkshambluepool.co.uk

Monday

7.00am – 9.00am Early Morning Swim with Adult Lane
11.30am – 12.30pm Aquafit
12.30pm – 1.30pm Lunchtime Public Swimming
2.30pm – 4.00pm Mature Bathers
5.30pm – 7.00pm Public Swimming
9.00pm – 10.00pm Adults Only Lane Swimming

Tuesday

7.00am – 9.00am Early Morning Swim with Adult Lane
11.30am – 12.30pm Mature Bathers
12.30pm – 1.45pm Adults Only
1.45pm – 3.15pm Public Swim
5.30pm – 7.30pm Public Swim
7.00pm – 8.00pm Aquafit
8.00pm – 10.00pm Adults Only

Wednesday

7.00am – 9.00am Early Morning Swim with Adult Lane
11.30am – 12.30pm Hydrofit
12.30pm – 1.30pm IFI Swim (Swim for the Disabled)
1.30pm – 3.00pm Public Swim
3.00pm – 4.00pm Ladies Only
5.30pm – 7.30pm Public Swim
7.30pm – 8.30pm Swim Gym
8.30pm – 10.00pm Adults Only

Thursday

7.00am – 9.00am Early Morning Swim with Adult Lane
12.30pm – 1.30pm Lunchtime Public Swim
2.00pm – 3.00pm Mature Bathers
3.00pm – 4.00pm Public Swim
5.30pm – 7.00pm Public Swim
7.00pm – 8.00pm Aquafit
9.00pm – 10.00pm Sub Aqua Club

Friday

7.00am – 9.00am Early Morning Swim with Adult Lane
12noon – 1.00pm Aquafit
1.00pm – 2.00pm Lunchtime Public Swim
2.00pm – 3.00pm Mature Bathers
3.00pm – 4.00pm Public Swim
6.30pm – 7.30pm Public Swimming

Saturday

12noon – 2.00pm Public Swim
2.00pm – 3.30pm Crocodile Inflatable Fun Swim
3.30pm – 5.00pm Family Swim*
5.00pm – Onwards Pool Available for Hire

Sunday

7.30am – 9.00am Adults Only with One Lane
9.00am – 10.30am Parent & Child (under 8's)
10.45am – 12noon Crocodile Inflatable Fun Swim
12noon – 2.00pm Public Swim
2.00pm – 3.30pm Family Swim*
3.30pm – 5.15pm Public Swim

* Family Swim - a session only for family groups, no individuals will be granted entry

LEARN TO SWIM

We take children as young as 12months on our Swim Academy Programme, children will follow the ASA National Plan for teaching swimming which caters for all ages and abilities developing your child from beginner to elite. For further information or to book your child's place please contact reception.



Children under 8 must be supervised in the water and in the changing rooms by a parent or adult (18+). A maximum of 2 children under 8 is permitted per parent/ adult. This is the recommendation of the Health & Safety Executive

TROWBRIDGE

Sports Centre

Frome Road, Trowbridge
enquiries@trowbridgesportscentre.co.uk – 01225 764342

Week 1 Commencing April 20th, May 4th/18th, June 8th/22nd and July 6th/20th

Mondays

7.00am – 8.45am	Adult Lanes / Public Swim
10.00am – 11.00am	Aqua Fit / Ladies Only
12.05pm – 1.05pm	Public Lunch Time Swim
2.35pm – 3.25pm	Mature Bathers
3.30pm – 6.00pm	Swimming Lessons
6.00pm – 7.00pm	Aqua Fit / Diving Lessons
7.00pm – 8.00pm	Adult Lane Swimming/ Development Swimming Lessons
8.00pm – 9.00pm	Adult Swim / Adult Swim Technique Lessons
9.00pm – 10.00pm	Staff Training / Adult Swimming

Tuesdays

7.00am – 8.45am	Adult Lanes / Public Swim
12.05pm – 1.30pm	Public Lunchtime Swim
3.30pm – 6.00pm	Swimming Lessons
6.00pm – 7.00pm	Adult Lane Swimming / Swimming Lessons
7.00pm – 9.00pm	Trowbridge Swimming Club
9.15pm – 10.15pm	Scuba Diving

Wednesdays

7.00am – 8.45am	Adult Lanes / Public Swim
11.00am – 12.00pm	Hydro Fit
12.05pm – 1.30pm	Public Lunch Time Swim
2.35pm – 3.25pm	Adult Swim / Pre School Lessons
3.30pm – 6.00pm	Swimming Lessons / Diving Lessons
6.00pm – 7.00pm	Aqua Fit / Diving Lessons
7.00pm – 8.30pm	Force Five
8.35pm – 10.00pm	Adult Swim / Adult Lane Swim

Thursdays

12.05pm – 1.00pm	Public Lunch Time Swim
3.30pm – 6.00pm	Swimming Lessons
6.00pm – 7.00pm	Adult Lane Swimming / Swimming Lessons
8.30pm – 10.00pm	Adult Swim / Adult Lane Swim

Fridays

7.00am – 8.45am	Adult Lanes / Public Swim
1.05pm – 2.15pm	Public Lunch Time Swim
3.30pm – 6.00pm	Swimming Lessons
6.05pm – 7.00pm	Public Diving / Fun Zone
7.00pm – 10.00pm	Trowbridge Swimming Club

Saturdays

8.30am – 11.00am	Swimming Lessons
11.00am – 12.00pm	Family Fun Zone
12.00pm – 1.00pm	Adult Swim / Adult Lane Swim
1.00pm – 2.00pm	Public Swim
2.00pm – 3.00pm	Public Diving / Fun Zone
3.00pm – 4.00pm	Adult Lane Swimming
4.00pm – 6.00pm	Pool Available For Hire

Sundays

8.30am – 10.00am	Public Swim / Adult Lane Swimming
10.00am – 11.00am	Parent and Child Swim
11.00am – 12.00pm	Parent and Child Swim
12.00pm – 1.00pm	Pool Available For Hire
1.00pm – 2.00pm	Fun Swim
2.00pm – 3.00pm	Adult Swim / Adult Lane Swim
3.00pm – 4.00pm	Public Swim
4.00pm – 6.30pm	Adult Swim / Adult Lessons

Children under 8 must be supervised in the water and in the changing rooms by a parent or adult (18+). A maximum of 2 children under 8 is permitted per parent/ adult. This is the recommendation of the Health & Safety Executive

Swimming Lessons

Learn to swim with our extensive swimming lesson programme. We cater for all ages and abilities. From beginners to the advance. All lessons follow the ASA national teaching plan with fully qualified teachers. For further information please contact reception 01225 764342.

Trowbridge Sports Centre is a dual use site with Clarendon College. Under this arrangement the pool timetable is subject to change between 8.45am – 5.30pm. If Clarendon College make any amendments to the Pool programme we will of course keep you informed at the earliest opportunity.

Week 2 Commencing April 27th, May 11th, June 1st/15th/29th and July 13th

Mondays

7.00am – 8.45am	Adult Lanes / Public Swim
10.00am – 11.00am	Aqua Fit / Ladies Only
12.05pm – 1.00pm	Public Lunch Time Swim
2.35pm – 3.25pm	Mature Bathers
3.30pm – 6.00pm	Swimming Lessons
6.00pm – 7.00pm	Aqua Fit / Diving Lessons
7.00pm – 8.00pm	Public Lane Swimming/ Development Swimming Lessons
8.00pm – 9.00pm	Adult Swim / Adult Swim Technique Lessons
9.00pm – 10.00pm	Staff Training / Adult Swimming

Tuesdays

7.00am – 8.45am	Adult Lanes / Public Swim
12.05pm – 1.30pm	Public Lunchtime Swim
3.30pm – 6.00pm	Swimming Lessons
6.00pm – 7.00pm	Adult Lane Swimming / Swimming Lessons
7.00pm – 9.00pm	Trowbridge Swimming Club
9.15pm – 10.15pm	Scuba Diving

Wednesdays

7.00am – 8.45am	Adult Lanes / Public Swim
11.00am – 12.00pm	Hydro Fit
12.05pm – 1.30pm	Adult Lunchtime Swim
2.35pm – 3.25pm	Adult Swim / Pre School Lessons
3.30pm – 6.00pm	Swimming Lessons / Diving Lessons
6.00pm – 7.00pm	Aqua Fit / Diving Lessons
7.00pm – 8.30pm	Force Five
8.35pm – 10.00pm	Adult Swim / Adult Lane Swim

Thursdays

12.05pm – 1.00pm	Public Lunch Time Swim
3.30pm – 6.00pm	Swimming Lessons
6.00pm – 7.00pm	Adult Lane Swimming / Swimming Lessons
8.30pm – 10.00pm	Adult Swim / Adult Lane Swim

Fridays

7.00am – 8.45am	Adult Lanes / Public Swim
12.05pm – 1.15pm	Public Lunch Time Swim
3.30pm – 6.00pm	Swimming Lessons
6.05pm – 7.00pm	Public Diving / Fun Zone
7.00pm – 10.00pm	Trowbridge Swimming Club

Saturdays

8.30am – 11.00am	Swimming Lessons
11.00am – 12.00pm	Family Fun Zone
12.00pm – 1.00pm	Adult Swim / Adult Lane Swim
1.00pm – 2.00pm	Public Swim
2.00pm – 3.00pm	Public Diving / Fun Zone
3.00pm – 4.00pm	Adult Lane Swimming
4.00pm – 6.00pm	Pool Available For Hire

Sundays

8.30am – 10.00am	Public Swim / Adult Lane Swimming
10.00am – 11.00am	Parent and Child Swim
11.00am – 12.00pm	Parent and Child Swim
12.00pm – 1.00pm	Pool Available For Hire
1.00pm – 2.00pm	Fun Swim
2.00pm – 3.00pm	Adult Swim / Adult Lane Swim
3.00pm – 4.00pm	Public Swim
4.00pm – 6.30pm	Adult Swim / Adult Lessons

Children under 8 must be supervised in the water and in the changing rooms by a parent or adult (18+). A maximum of 2 children under 8 is permitted per parent/ adult. This is the recommendation of the Health & Safety Executive



WARMINSTER

Sports Centre

Woodcock Road, Warminster

enquiries@warminstersportscentre.co.uk – 01985 212946

Programme changes will occur during January please read the notes at the bottom of the page.

Monday

7.00am – 9.00am	Early Birds (1 lane)
9.00am – 9.45am	Aqua Aerobics
12.10pm – 12.50pm	Lunchtime Dip (Adults Only)
3.15pm – 4.00pm	Mature Bathers
4.00pm – 5.30pm	Public Swim (half pool, along side swim lessons)
5.30pm – 6.30pm	Adults Only (half pool, along side swim lessons)
8.30pm – 9.30pm	Aqua Aerobics
9.30pm – 10.30pm	Adults Only

Tuesday

12.10pm – 12.50pm	Relaxation Swim (Adults Only)
5.00pm – 6.00pm	Ladies Only (Adults Only)
6.00pm – 8.00pm	Public Swim
8.00pm – 10.00pm	Adults Only / Staff Training*

Wednesday

7.00am – 9.30am	Early Birds (1 lane)
9.30am – 10.15am	Parent & Toddler
12.10pm – 1.20pm	Adult Lunchtime Dip/Staff Training
6.00pm – 7.00pm	Adult Laned Swim / Public Swimming
7.00pm – 8.15pm	Public Swimming
8.15pm – 9.00pm	Aqua Aerobics
9.00pm – 10.00pm	Laned Swimming (Adults Only)

Relaxation Swim

Please be aware that these sessions are aimed to be a gentle and stress – free session where vigorous swimming will not be permitted.

Staff Training

Tuesday: Please note that on the 21st April 09, 19th May 09, 16th June 09, 21st July 09 the 8pm-10pm Adults swim will be 9.00pm - 10.00pm only.

Wednesday: Please note that on the 29th April 09, 27th May 09, 24th June 09, 29th July 09 the Adults Lunchtime Dip will be Cancelled.

Please Note

Warminster Sports Centre is a dual use site with Kingdown School. Under this arrangement the pool timetable is subject to change, each term, between 8.30am – 5pm. This is due to them fulfilling the swimming section of the National Curriculum.

Thursday

7.00am – 9.15am	Early Birds (1 lane)
11.40am – 1.20pm	Public Swimming
5.30pm – 7.00pm	Public Swimming

Friday

7.00am – 9.15am	Early Birds Laned Swim
12.10pm – 12.50pm	Lunchtime Dip (Adults Only)
2.45pm – 3.30pm	Mature Bathers
5.30pm – 6.30pm	Public Swimming
8.00pm – 9.00pm	Laned Swimming (Adults Only)

Saturday

11.30am – 1.00pm	Fun Swim
1.00pm – 2.00pm	Relaxation Swim (Adults Only)
2.00pm – 4.00pm	Public Swim
4.00pm – 5.00pm	Adults Only
5.00pm – 9.00pm	Pool Available for Private Hire

Sunday

8.00am – 10.30am	- Adults Only (Relaxation Swim)
10.30am – 11.30am	- Parent and Toddler
11.30am – 1.00pm	- Funswim
1.15pm – 3.30pm	- Public Swim (£1.10 entry)
3.30pm – 4.30pm	- Adults Only Laned swim



Children under 8 must be supervised in the water and in the changing rooms by a parent or adult (18+). A maximum of 2 children under 8 is permitted per parent/ adult. This is the recommendation of the Health & Safety Executive

Bradford Swimming Pool

Station Approach, Bradford on Avon

www.bradfordswimmingpool.co.uk/enquiries@bradfordswimmingpool.co.uk

01225 862970

Melksham Blue Pool

Market Place, Melksham

www.melkshambluepool.co.uk/enquiries@melkshambluepool.co.uk

01225 703525 Supported by Typetalk, Fax 01225 703279

Trowbridge Sports Centre

Frome Road, Trowbridge

www.trowbridgesportscentre.co.uk/enquiries@trowbridgesportscentre.co.uk

01225 764342

Warminster Sports Centre

Woodcock Road, Warminster

www.warminstersportscentre.co.uk/enquiries@warminstersportscentre.co.uk

01985 212946

Westbury Swimming Pool

Church Street, Westbury

www.westburyswimmingpool.co.uk/enquiries@westburyswimmingpool

01373 822891

***Free Swimming
available for those
aged 60 & over and
16 & under from 1st
April 2009.**

**Ask at reception
for details.**

