

Swim Timetable

Enjoy a range of water based activities in our pools. Have fun with your children, relaxation or fitness swimming, or try one of our water workout classes.

Main Pool

Monday

6.30am-9.15am Early Morning Swim
8.30am-9.15am Aqua Fit - therapy (2/3 pool)
9.15am-10.00am 60+ Swim
10.00am-7.00pm Public Swim
7.00pm-8.00pm Aqua Fit - aerobics
8.00pm-10.00pm Public Swim

Tuesday

6.30am-9.00am Early Morning Swim
9.00am-10.00am Adult Master Class
10.00am-6.00pm Public Swim
6.00pm-9.00pm Club Swimming
9.00pm-10.00pm Water Polo

Wednesday

6.30am-9.15am Early Morning Swim
8.30am-9.15am Aqua Fit - therapy (2/3 pool)
9.15am-10.00am 60+ Swim
10.00am-10.00pm Public Swim

Thursday

6.30am-9.00am Early Morning Swim
9.00am-10.00am Adult Master Class
10.00am-10.00pm Public Swim

Friday

6.30am-10.00am Early Morning Swim
9.15am-10.00am Aqua Fit – aerobics (2/3 pool)
10.00am-6.00pm Public Swim
6.00pm-9.00pm Club Swimming
9.00pm-10.00pm Public Swim

Saturday

8.00am-12noon Public Swim
12noon-3.00pm Fun Splash
3.00pm-5.00pm Public Swim
5.00pm-6.00pm Session for those with a disability
6.00pm-8.00pm Private Hire

Sunday

8.00am-12noon Public Swim
12noon-3.00pm Fun Splash
3.00pm-4.30pm Public Swim
4.30pm-8.00pm Club Swimming

Teaching Pool

Monday

8.00am-10.00am Public Swim
10.00am-12noon School Lessons
11.00am-12noon Public Swim (1/3 of pool)
12noon-1.30pm Public Swim
1.30pm-3.30pm School Lessons
3.30pm-6.00pm Swim Academy
6.00pm-7.00pm Public Swim

Tuesday

8.00am-9.45am Public Swim
10.00am-12noon School Lessons
11.00am-12noon Public Swim (1/3 of pool)
12noon-1.30pm Public Swim
1.30pm-3.30pm School Lessons
3.30pm-6.00pm Swim Academy

Wednesday

8.00am-10.00am Public Swim
10.00am-12noon School Lessons
12noon-1.30pm Public Swim
1.30pm-3.30pm School Lessons
3.30pm-6.00pm Swim Academy
6.00pm-7.00pm Public Swim

Thursday

8.00am-10.00am Public Swim
10.00am-12noon School Lessons
12noon-1.30pm Public Swim
1.30pm-3.30pm School Lessons
3.30pm-6.00pm Swim Academy
6.00pm-9.00pm Public Swim

Friday

8.00am-10.00am Public Swim
10.00am-12noon School Lessons
12noon-1.30pm Public Swim
1.30pm-3.30pm School Lessons
3.30pm-6.00pm Swim Academy
6.00pm-9.00pm Club Swimming

Saturday

8.00am-12noon Swim Academy
12noon-3.00pm Fun Splash
3.00pm-5.00pm Public Swim
5.00pm-6.00pm Session for those with a disability
6.00pm-8.00pm Private Hire

Sunday

8.00am-12noon Public Swim
12noon-3.00pm Fun Splash
3.00pm-4.30pm Public Swim
4.30pm-8.00pm Club Swimming

- Please note that during Public Swim sessions there will be a minimum of one lane available.

**For further information, please contact Cranleigh Leisure Centre on
01483 274400**