

# Swim Timetable - Holiday

The centre will operate the following timetable during school holidays  
23<sup>rd</sup> July to 30<sup>th</sup> August 2009

Enjoy a range of water based activities in our pools. Have fun with your children, relaxation or fitness swimming, or try one of our water workout classes.

## Main Pool

### Monday

6.30am-9.15am Early Morning Swim  
8.30am-9.15am Aqua Fit - therapy (2/3 pool)  
9.15am-10.00am 60+ Swim  
10.00am-7.00pm Public Swim  
1.00pm-3.00pm Fun Splash  
7.00pm-8.00pm Aqua Fit - aerobics  
8.00pm-10.00pm Public Swim

### Tuesday

6.30am-9.00am Early Morning Swim  
9.00am-10.00am Adult Master Class  
10.00am-6.00pm Public Swim  
1.00pm-3.00pm Fun Splash  
6.00pm-9.00pm Club Swimming  
9.00pm-10.00pm Water Polo

### Wednesday

6.30am-9.15am Early Morning Swim  
8.30am-9.15am Aqua Fit - therapy (2/3 pool)  
9.15am-10.00am 60+ Swim  
10.00am-10.00pm Public Swim  
1.00pm-3.00pm Fun Splash

### Thursday

6.30am-9.00am Early Morning Swim  
9.00am-10.00am Adult Master Class  
10.00am-10.00pm Public Swim  
1.00pm-3.00pm Fun Splash

### Friday

6.30am-10.00am Early Morning Swim  
9.15am-10.00am Aqua Fit – aerobics (2/3 pool)  
10.00am-6.00pm Public Swim  
6.00pm-9.00pm Club Swimming  
1.00pm-3.00pm Fun Splash  
9.00pm-10.00pm Public Swim

### Saturday

8.00am-12noon Public Swim  
12noon-3.00pm Fun Splash  
3.00pm-5.00pm Public Swim  
5.00pm-6.00pm Session for those with a disability  
6.00pm-8.00pm Private Hire

### Sunday

8.00am-12noon Public Swim  
12noon-3.00pm Fun Splash  
3.00pm-4.30pm Public Swim  
4.30pm-8.00pm Club Swimming

## Teaching Pool

### Monday

8.00am-3.30pm Public Swim  
3.30pm-6.00pm Swim Academy  
6.00pm-7.00pm Public Swim

### Tuesday

8.00am-3.30pm Public Swim  
3.30pm-6.00pm Swim Academy  
6.00pm-7.00pm Public Swim

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### Saturday

8.00am-12noon Swim Academy  
12noon-3.00pm Fun Splash  
3.00pm-5.00pm Public Swim  
5.00pm-6.00pm Session for those with a disability  
6.00pm-8.00pm Private Hire

### Sunday

8.00am-12noon Public Swim  
12noon-3.00pm Fun Splash  
3.00pm-4.30pm Public Swim  
4.30pm-8.00pm Club Swimming

- Please note that during Public Swim sessions there will be a minimum of one lane available.

**For further information, please contact Cranleigh Leisure Centre on  
01483 274400**