

Application

Please tick which course you are interested in:

- Lifeguard course 1
- Lifeguard course 2
- Lifeguard course 3
- 4 day 1st aid at work 1
- 4 day 1st aid at work 2
- 1 day appointed
- BLS / AED
- NRASTC

Name: _____

Address: _____

Post code: _____

Contact number: _____



Wolverhampton Swimming & Fitness Centre

Planetary road,
Wednesfield,
Wolverhampton,
WV13 3SW

Telephone 01902-384777

Fax 01902 384777

Email enquiries@wolverhampton
swimmingandfitnesscentre.co.uk

Website www.wolverhampton
swimmingandfitnesscentre.co.uk

DCLE23708

Training Courses

July – December 2009



Wolverhampton
Swimming &
Fitness Centre



DC LEISURE

Fitness Industry Association
Operator of the Year 2008 & 2009



Built and operated by DC Leisure Management Ltd in partnership with Wolverhampton City Council

RLSS Pool Lifeguard Courses

Do you consider your self to have a reasonable level of fitness?

Do you enjoy working with the public?

Would you like to hold a nationally recognised qualification?

Have you considered a career in leisure?

If you have answered yes to these 4 questions then you might be interested in doing our on site course.

27th July – 1st August

24th August – 29th August

26th October – 31st October

Cost £200 per candidate

HSE Approved 1st Aid At Work Courses

We run HSE approved 1st aid at work course, and 1 day appointed.

Four day first aid at work

Thursday 17th, Friday 18th, Monday 21st and Tuesday 22nd September
9am – 5pm.

Thursday 3rd ,Friday 4th , Thursday 10th and Friday 11th December
9am – 5pm

Cost £155 per candidate

One day appointed

Friday 20th November
9am - 5pm

Cost £60 per candidate



BLS – AED Courses

Basic life-support and automatic external defibrillator.

Friday 16th October
9.30am – 1.30pm

Cost £75 per candidate.

NRASTC

A 2-day rescue award for teachers, coaches, trainers and assessors.

Thursday 26th, and Friday 27th November
9am – 5pm

Cost £80 per candidate.

All courses have limited places and all prices and dates are correct at time of going to press and can be subject to change.