



FitKidz Programme

Summer 2009

Clifton Hill Sports Centre
Wonford Sports Centre
Pyramids Swimming & Leisure Centre
Northbrook Pool

DC LEISURE
Fitness Industry Association
Operator of the Year 2008/9



Exeter City Council

Operated by DC Leisure Management in partnership with Exeter City Council

Pyramids Swimming & Leisure Centre

Splash Sessions

Tues, Wed, Thurs 10.00 -12.00

Floats Sessions

Tues, Wed, Thurs 14.00 - 16.00

£1.75 per child with a leisure card

£2.15 per child non-leisure card

Swimming Crash Courses also available

Monday – Fridays

09.00 – 10.00

Cost: £22 .00



Northbrook Swimming Pool

Splash Junior Float Sessions

Mondays - Fridays 10.00 - 12.00

£1.45 per child with a leisure card

£1.85 per child non-leisure card

Public swimming

Daily 14.00 - 15.30

Children's Parties

Fun children's parties with the Monkey

Run inflatable for 8-12 year olds.

Toys and floats for 3 years upwards.

Wonford Sports Centre

Welcome to Wonford Sports Centre Summer FitKidZ programme!



Activities to include:

Outdoor activities, Football Frenzy, Badminton, Visit to local park, Bouncy Castle, Team games, Kidz Combat, Table Tennis.

Please provide your child with snacks and soft drinks.
Suncream and a hat are also recommended for the summer months.

Mondays – Fridays 09.00 – 12.00

£3.70 per child (non-member)

£3.30 per child (leisure card holders)*

£2.60 per child (family Kinetika members)*

*Proof of membership must be shown.



FitKidz Sportz Camp

at Clifton Hill Sports Centre Summer 2009

Monday 27th July to Friday 28th August 2009

Activity Day	10.00 - 16.00	£13.00
Extended Activity Day	08.00 - 18.00	£15.00
Away Day	08.00 - 18.00	£18.50
Full Week	08.00 - 18.00	£75.00
Full 5 Weeks	08.00 - 18.00	£350.00

Activities to include:

Swimming, Rounders, Short Tennis, Volleyball, Football Skills, Badminton, Mega Bouncy Castle, Crazy Circuits, Rookie Lifeguard, Yoga, Fun Fitness Aerobics, Nature Trail, Basketball, Arts 'n' Crafts, Sumo Suits, Junior Fight Fit, Dance & Sing Work Shop, Tag Rugby.

Away Days to include:

Creaty, Paignton Zoo, Cinema,
Haldon Forest Nature Trail.

Book early to avoid disappointment.
All payments must be made at the time of
booking. Activities can be subject to change.

For more details please call reception on:

01392 253353

